

hold him guiltless that shall take his name in vain.

3. Remember to keep holy the Sabbath day.

4. Honor thy Father and thy Mother.

5. Thou shalt not kill.

6. Thou shalt not commit adultery.

7. Thou shalt not steal.

8. Thou shalt not bear false witness against thy neighbour.

9. Thou shalt not covet thy neighbour's wife.

10. Thou shalt not covet thy neighbour's goods. *Exod. ch. 20th.*

The seven Commandments of the Church.

1. **T**o keep holy all festivals of obligation.

2. To hear mass, on Sundays and Holydays.

3. To confess our sins, at least once a year.

4. Worthily to receive the holy Eucharist about Easter.

5. To fast Lent, Ember days and Vigils commanded.