

4th. *Nervine tonic pills*.—The formula I use is as follows:—

R Quinæ Sulph, gr. iss.
 Strychnia nit., gr. $\frac{1}{30}$.
 Ol. Resinæ Capsici, gr. $\frac{1}{2}$.
 Zinci oxidi, gr. ii.
 Acid Arsenious, gr. $\frac{1}{30}$.
 Ferri Redact, gr. iss.

Sig.—One 3 times a day one hour after meals ; where iron is not judged advisable, I have a pill similar to the above with iron omitted.

The hypodermic tablets (Wyeth's), the non-alcoholic tinctures (Wyeth's), and the nervine pills known as Dr. Edwards Nervine Pill, No. 1 or No. 2, according as you wish to use iron or not, can be ordered from Davis & Lawrence, Montreal.

If for the first few days you wish to use a liquid beef preparation, I advise by preference for a hot beef tea, that made from the Mosquena Beef Jelly ; if you use a cold preparation, use Wyeth's Beef Juice with ice.

Always give a good calomel purge at the outset, and get rid of all poisonous ptomaines that may be in the bowels.

After you have taken your patient through the treatment, instruct him that alcohol in any form of beverage, from cider up, to him is poison and poison only. He can never touch a drop. The odor of alcohol will become so repugnant that he will not be able to endure it without turning sick, yet at any time after one single drink of whiskey will as I say "reverse the current," and the old appetite be quickly aroused. The permanency of the treatment depends on the character of the man.

That inward craving, which formerly dominated his life, and compelled him to drink, his will in the matter having no control, is subdued, and will remain subdued *just as long as he may wish*.

My full paper gives 34 cases treated showing the appetite subdued in every case, and where lapsing took place as it did in a percentage of cases, but where that happened, in every case the man or woman admitted he or she was *entirely* to blame.

Any doctor can administer this treatment, and I hope it will become general, and the reproach will be removed from our profession which now stands when we see Gold Cure Institutes saying by their presence: "We can render medical help where the old profession is absolutely helpless."