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## Original Communications.

### HOME AND FOREIGN CLIMATE IN CONSUMPTION.\*

*Prepared for reading at 15th Annual Meeting of Ontario Medical Association, June, 1895. By EDWARD PLAYTER, M.D., Ottawa.*

There are three principal points to which I propose to draw attention in this brief paper,—namely: the empirical and uncertain nature of a change to a different climate as a remedy for consumption; (2) acclimatization; and (3) the easy dispensability of the remedy.

(1) That change of climate in the treatment of consumptives, in the present state of our want of knowledge of the influences and effects upon the human

\* (Mostly Extracts from Original Manuscript of a Work on Consumption, now in Printers' hands for Publication.)

functions of the many and various atmospheric conditions which go to make up climate, is a very uncertain and empirical remedy, I shall not here enter into a discussion to prove, but simply quote the following few words from two recent authorities. H. S. Davis, jun., A.M., M.D., of Chicago, in a recent work on Consumption, remarks: "Often a choice of climate is no easy matter. The selection is frequently made easier by watching the effect, in a given patient, of different kinds of weather." Frank S. Parsons, M.D., editor of the *Times and Register*, in a recent paper, "A Practical Theory and Treatment of Consumption," says: "The only way to test a given location for a phthisical person to reside in is for such person to test the various locations;"—that is, personally, by a brief sojourn in each.

(2) Acclimatization is a physiological process, the possible injurious effects of which upon the already deranged con-