

**Household Hints.**

**BOSTON BERRY CAKE.**—(Eaten hot with butter, for breakfast or tea; black-cap raspberries, huckleberries or blackberries may be used for it.) One cupful of butter, one cupful of milk, one cupful of sugar, one cupful of molasses, three eggs, three teaspoonsful of baking powder, three pinches of berries, and flour to make it as stiff as pound cake. With huckleberries use spices.

**KOUMISS.**—Take one quart of new milk, two teaspoonsful sugar and one teaspoonful good yeast. Stir all together and pour it into the bottle; put the cork in loosely, and set it in a place warm enough to raise bread. When it works, put it where it will keep cool. It should be made fresh every day, and is not fit to drink when it becomes thick. It is very useful in cases of indigestion from almost any cause.

**EXTRA GOOD BREAD PUDDING.** Use crusts of bread, and dry pieces of brown bread and cake, and enough milk to allow the pieces to swim. When the bread is well soaked, grate nutmeg over it, or put on slices of lemon or some dried fruit, then pour over the whole a rich custard, being careful not to disturb the bread much. Bake it slowly, then spread the beaten whites of two eggs over the top, and let it brown slightly before serving.

**CHICKEN RISsoles.**—Talk cold baked chicken left from dinner; free the meat from the bones, and chop fine. Rub a little dried into fine crumbs, and to this add any heated liquor of chicken, or hot water, and moisten the bread thoroughly. To a pint bowlful of crumbs and meat—the proportion may be as necessity makes it—allow one teaspoonful of salt, one of pepper, one of sifted sage, and one heaping teaspoonful of butter. Make into little cakes, dust with flour and fry to a light brown.

**BANANAS AS FOOD.**—It has been found that the banana supplies in a cheap and convenient form the nutriment needed for the support of a healthy existence. It has in a larger degree than almost any other natural product the elements needed to make good the waste of tissue, and furnish the body with the fuel that it needs. It is said that among working people it is found that a meal made largely of bananas is more sustaining than could be obtained by the expenditure of the same amount of money for other kinds of food.

**KEEPING BUTTER.**—A simple mode of keeping butter in warm weather is to invert a large crock of earthenware, or a flower pot, if need be (varying with the size of the vessel containing the butter), over the dish or tin in which the butter is held. The porousness of the earthenware will keep the butter cool, and all the more so if the pot be wrapped in a wet cloth with a little water in the dish with the butter. Not the porosity of the earthen ware, but the rapid evaporation, causes the butter to become hard.

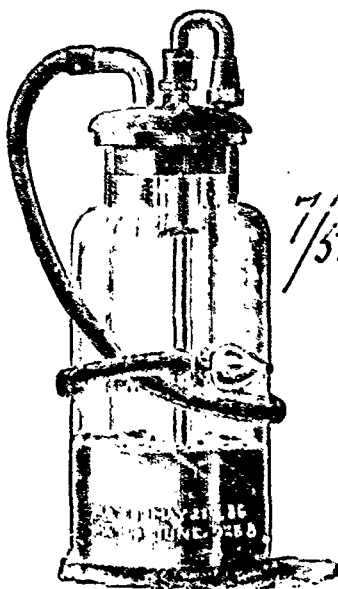
**BAKED APPLE PUDDING.**—Fill a three-quart earthen dish, with pared and quartered apples; sprinkle on these one cup of sugar, a little cinnamon, fresh butter the size of a small egg and one half cup of water; cover and bake thirty minutes. Roll piece of chopped paste into a strip about two inches wide that will reach around the edge of the pudding dish; roll the remainder to cover the dish. Take the pudding dish from the oven, slip the strip of paste between the apples and the dish and put on the top crust; return to the oven and bake one hour. Serve with creamy sauce.

**AN APPLE DESSERT.**—A dessert made with apples, baked, but to be served cold, is made in this way: To a pint of stewed, tart apples, pressed through a fine colander, add two large spoonsful of butter while hot; then stir in the beaten yolks of four eggs, and nearly two cups of sugar; lastly add one quart of milk and one spoonful of vanilla flavour. Bake half an hour in a quick oven, then beat the four whites of eggs to a stiff froth, with four spoonsful of powdered sugar; drop, in large patches, around on the top of the pudding, brown delicately in a quick oven. Serve with sugar and cream.

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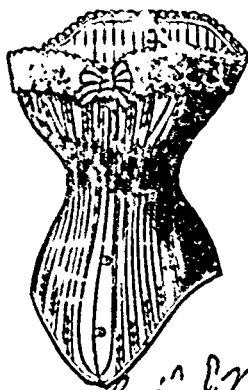
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