

a pleasanter sound than the blare of the trumpet. Praise your housekeeper for her successful dishes, and regard leniently her failures. Never accept the invitation of a man to take "pot luck" with him. He degrades the name of dinner, and, also, insults you. Nature is a great physician. Don't be afraid to trust her; she looks carefully after the interest of her patients' stomachs. Let an invalid have whatever he calls for to eat; it is not he who craves it, but Nature, and she will not permit him to eat to excess. A few spoonfuls of soup, possessing body, taken on an empty stomach, gives it tone and prepares it to receive acceptably more substantial fare. In the progress of civilization the frying-pan disappeared with the advent of the grid iron; which in turn has been superseded by the wire broiler. A drop or two of lemon-juice and a dash of cayenne on an oyster may be tolerated, but it is best eaten directly from the shell flavored with its own juice. A dyspeptic has no right to dine among civilized beings. He should take a sea voyage or go into the wilderness and live for a while, like John the Baptist, on locusts and wild honey. The Arab in the desert dividing his last handful of dried dates and his few remaining drops of water with a wandering brother represents the highest type of hospitality.—*Barry Grey, in the Caterer.*

PRESERVATION OF RAW MEAT.—M. le Comte d'Adhémar submitted to the Académie des Sciences a method which he has discovered of preserving raw meat when exposed to the air. The process consists of destroying, by means of a certain gas, all germs of putrefaction which are met with in the deeper parts of the tissues. The meat retains all its nutritious qualities, and its taste and colour unchanged. By this method meat can be preserved, and remains good one or two months; if it become slightly dry that is merely due to the evaporation of its moisture.—*San. Rec.*

At a recent meeting of the Paris Biological Society, M. Neumann stated that the favus of fowls is identical with the favus of human beings. He inoculated a young dog with fowl favus and another with the favus of the human sub-

ject; the affections of the two animals presented the same clinical features. Both were quickly cured without treatment as generally happens in this affection with animals. The same experiment was repeated on two rabbits with the same results.

HYGIENE IN HUNGARIAN SCHOOLS.—At the educational conference recently held in Buda Pesth, under the presidency of M. Trefort, the Minister of Public Education, the following regulations were established. Every middle class school is to have a medical officer, who will receive an annual salary 200 florins in schools where a complete course of instruction is given, and 100 florins in other schools. He must examine every pupil at the commencement of each scholastic year, and keep a constant watch over their health, and must give special attention to the prevention or eradication of infectious diseases. He will also give advice during gymnastic exercises. He will also keep a watch over the instruction in general; and if he observe any deleterious influence, with regard either to the whole school or to individual pupils, he will bring the same under the notice of the director of the school. In the complete schools he will give instruction in hygiene for two hours each week to those pupils who may desire to receive it, the subject being treated in a simple and popular manner.

THE Stathalterei of Austria has issued a decree calling upon the heads of families to inform the police authorities of any case of contagious illness occurring in their households. These illnesses include cholera, typhus, typhoid fever, small-pox, scarlet fever, diphtheria, dysentery, measles, whooping cough, chicken-pox, erysipelas, and puerperal fever. The following incident will show how strictly the above regulation is enforced. A man whose two children had been attacked with small-pox, and who omitted to notify their illness to the police authorities, was condemned to ten days imprisonment, during one of which he was deprived of food and another was passed in a dark cell. A medical man who had seen the children before the eruption appeared, was accused of negli-