

'MESSENGER' PATTERNS

FOR THE BUSY MOTHER.



NO. 1097—GIRL'S APRON.

This very pretty apron adds much to the appearance of a child who wears plain frocks for school and every day in the house. It is large enough to protect the clothing and has considerable style, too. Being without sleeves, it is easily ironed. It is made of checked nainsook, with shoulder ruffles and neckband of Hamburg embroidery. The sash buttons under the sides of the front and may be removed. The pattern, No. 1097, is made in 4, 6, 8, and 10 year sizes, and 2 1-2 yards of 30-inch wide material will be required for an eight year size.

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Pattern.	Size.
No.
No.
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HOUSEHOLD.

Nursery Requirements.

The nursery ought to be the prettiest and most cheerful room in the house, with ample receptacles for toys, some attractive pictures and a pleasant outlook from the windows. A small aquarium is an object that gives great enjoyment and it is easily managed. I prefer a tightly drawn, well tacked-down tapestry carpet upon the floor, if it can be taken up and steam-cleaned semi-annually and properly cared for between whiles; for children are always tripping over rugs and hurting themselves. For the reason that sharp angles furnish dangerous points to fall against, tables and chairs should have rounded edges. The first considerations are health, safety and comfort; after that, prettiness. Clear space for running about is most essential, for there are many fall and winter days when out-door exercise is an impossibility; and on these days it is well to put on the little one's bonnet and coat, open the windows for half an hour and invite him to a brisk game that requires plenty of running and jumping. Provide a low table and chair, where he can sit at ease with his toys, imagining himself lord of a little realm. This conceit is one that children delight in, and it is a very harmless delusion—not altogether without opportunities for wholesome lessons in the way of hospitality and kindness to others.—'Woman's Home Companion.'

Selected Recipes.

PARSNIPS, OLD STYLE.—Boil in salted water, until tender, but not too soft; drain and let cool, then cut in rather thick slices and fry them a nice brown in a cupful of boiling molasses. These are good.

PARSNIPS A LA CREME.—Peel and cut in two six medium sized parsnips and slice them lengthwise. Cook two sliced sweet potatoes with them. When tender add hot water enough to the water in which these are boiled to

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make about a cupful. Stir in a large table-spoonful butter mixed smooth with a table-spoonful flour and yolk of an egg. Season to taste with salt and pepper. Let boil a minute and serve.

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