

IL 12, 1919

**BLE TMS**

le things that ordin-  
on feel nervous. You  
You lose flesh—all run

tion that is "tuborn,  
dition which does not  
e you going down hill

**LEMENTS**

ness, despondency, poor  
disposition, diminished  
on fear of impending  
y to sleep, unrefreshing  
on face, palpitation of  
s, lumbar, dyspepsia,  
Dr. Ward gives you  
in the treatment of all  
above symptoms, and  
something is wrong  
ed expert attention.

numberless people who  
nervous, weak, languid  
bition or endurance to  
Life to them appears  
not and variable. They  
have pains and aches  
in indigestion, belching  
wakeful and restless  
is and the brain tires

**ING MAN**

perimenting ways long  
No delays—no waiting  
I make a fee  
0.00 or \$25.00 it means

**DR. HERRICK**

ading and Mest  
ful Specialist  
Sq. Buffalo, N. Y.

**RANGE**

T from the  
satisfaction you  
e a McClary  
**NOW!**  
est there is.

**OMPANY**

ERS  
phone No. 1112  
tric Ranges,

of the delinquents \$200

bike riders who thought  
time by cutting corners  
ch in fines.

**FLU'S**

**i-Laxine**  
COLATED

**LS**

ands of Leading  
T AND CURE  
**GRIPPE**

**OS**

**TS**

Look for this  
Wrapper

**PON**  
egister or Dealer with  
**OMI-LAXINE** Cho-  
mes C. D. S. Kidney

Garner & Co., St.  
A. N. Waugh, Port

Keep Anti-Flu  
of Druggists

ndicate Ltd.,  
TORONTO

**DON'T KEEP MONEY**

lying around the house. If it is not convenient to go and deposit it in the nearest branch of the Union Bank of Canada, send it in by registered mail. This is called "Banking by Mail" and thousands of savings accounts are operated in just this way. Payments and withdrawals can be made by cheque.

**UNION BANK OF CANADA**

ST. CATHARINES BRANCH  
FENWICK BRANCH  
SMITHVILLE BRANCH

R. H. KILLALY, Manager  
F. E. PAGE, Manager  
H. G. PARROT, Manager

**SALE NOTES**

Save yourself the time worry and inconvenience of collecting your sale notes by having this Bank do it for you. We will look after all payments when due and credit the amount paid to your account.

**THE DOMINION BANK**

Drafts on China sold at favourable rates.  
Temporary premises, 34 St. Paul Street.

**THE STERLING BANK**  
OF CANADA

**Save Because**

To spend carelessly is to sacrifice the big things for the little.

**THE CANADIAN BANK**  
OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager  
Thorold Branch—S. H. Falkner, Manager  
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

**Security Loan & Savings Company**  
26 JAMES STREET, ST. CATHARINES

CAPITAL AUTHORIZED.....\$1,000,000.00  
CAPITAL SUBSCRIBED AND PAID..... 523,200.00  
RESERVE..... 145,000.00  
ASSETS OVER..... 1,100,000.00

Pays 3% Per Cent. on Deposit 4 and 4% Per Cent on Debentures

Trustees and Joint Deposits Received.  
No Notice of Withdrawal Required

Money to loan on real estate on easy terms of repayment  
Office open until 4 p.m. except Saturday, when it closes at 1 p.m.

**The Royal Bank of Canada**  
HEAD OFFICE, MONTREAL

NEW YORK  
68 William St.

BARCELONA  
Plaza De Cataluna 6

With our chain of 500 Branches throughout Canada, Newfoundland, the West Indies, Central and South America, we offer a complete banking service to exporters, importers, manufacturers and others wishing to extend their business in these countries. Trade enquiries are solicited. Consult our Local Manager or write direct to our Foreign Department, Montreal, Canada.

**SAVINGS DEPARTMENT**

Capital Paid Up and Reserves.....\$ 30,000,000  
Total Assets Over..... 420,000,000

St. Catharines Branch St. Paul and Queen Streets  
Branches at Welland, Bridgburg, Thorold, Niagara Falls

**LATE SPORT NEWS**

**FULTZ LEAGUE NOW HAS EIGHT CLUBS IN LINE**

Syracuse-Hamilton Franchise Awarded to Reading, Pa., and Season Will Open on Tuesday, April 30th.

Buffalo at Jersey City.  
Toronto at Newark.  
Rochester at Baltimore.  
Binghamton at Reading.

Newark, N. J. April 12.—The International baseball league completed its eight-club playing circuit here today by awarding the Syracuse-Hamilton franchise to Reading, Pa.

Mayor Edward H. Filbert of Reading and a syndicate of business men secured the franchise by purchase, but President Fultz did not name the purchase price.

The Newark franchise was awarded to Pat Donovan, former manager of the Syracuse, Buffalo and Providence teams. It was stated authoritatively that Donovan had obtained strong support from both local and non-resident capitalists. No names were mentioned, but Donovan said he would manage the team himself and the officials of the club would be announced after a meeting to be held here next week.

Old Federal League Park

The local club has leased the Old Federal League grounds at Harrison and will play the opening game of the season there against the Toronto team on Tuesday, April 30th. On the same day the other six clubs will begin the season as follows: Buffalo at Jersey City, Rochester at Baltimore and Binghamton at Reading.

The season's playing schedule, after some necessary changes had been made to suit the Reading Club, was adopted and will be published on April 21st.

St. Catharines soldiers who reached Halifax by the S. S. Megantic are Pte. A. Bush, W. W. England, C. W. Smith and Gnr. H. A. McIntyre.

**BASEBALL GOSSIP**

A wire from John McGraw yesterday said that outfielder Bill Holden was going to Baltimore with the Giants and that he would leave there on Saturday for Toronto. Holden did not play last year being in the U. S. army, but is in good shape this spring and Manager Gibson expects a lot from him.

Presid. McCaffery left for New York last night to attend a meeting of the International League.

Governor Berkman of Rhode Island has signed the bill legalizing Sunday baseball. It became operative at once.

Ed. Rousche, outfielder of the Cincinnati National, has given out a statement declaring he would remain on his farm unless he gets what he asks.

Hamilton Spectator: Shaughnessy has signed an outfielder named Hay, who is over six feet tall and hits 'em a mile. With six feet of Hay in the outfield, there is going to be many a lost ball. Hay's name is Timothy and the directors are going to reject the first roster who pulls the time-worn joke about his mother being a grass widow.

President B. F. Moulton of the Providence club went to the Eastern League meeting at Springfield, Mass., yesterday prepared to buy a release of that club as a certain group of men wished the Greys to enter the International League. The directors made it known that no such proposition would be considered, and if the present controllers in the Rhode Island franchise did not wish to go on, others interested in the merger would take over the affairs. Moulton decided to allow things to go on as last season. The directors formed an eight-club circuit: Worcester, Providence, Bridgeport, N. H., Haven, Hartford, Springfield, Waterbury and Pittsfield. It was voted to open the season May 14, and close Labor Day. Pittsfield, the newcomer to the circuit, was granted the franchise last season by the New London team.

**ANAEMIC PALENESS QUICKLY CHANGED TO ROSY CHEEKS**

Chlorosis or anaemia is simply thinness of blood.

If confined too much indoors, anaemia develops, because the lungs are insufficiently supplied with oxygen, and the blood is consequently ill-nourished and half-starved.

But there is a cure!

Dr. Hamilton has solved the problem in his famous pills of Mandrake and Butternut; as a blood enricher their equal is not known.

All the functions upon which life depends are helped by Dr. Hamilton's Pills.

Richness and purity are instilled with wonderful promptness into the vital fluid.

Healthy color supplants the pallid, ashen face.

Better appetite, strong digestion and dreamless sleep, are sure to follow, because of the increased blood supply furnished by Dr. Hamilton's Pills.

Think it over.

Will it pay you to look and feel half-dead, to lack color and spirit, when all can be changed by Dr. Hamilton's Pills?

Your case is a curable now than later on.

Dr. Hamilton personally guarantees his pills of Mandrake and Butternut.

Their merit is unquestioned.

Thousands of anaemics they have cured and kept well.

They will do just the same for you. Try Dr. Hamilton's Pills, 25c per box.

**HARVEY THORPE WINNER**

Rock Island, Ill., April 12.—Harvey Thorpe, of Kansas City, gave Bobby Waugh a good facing here last night in ten rounds.

**SOCCER.**

The Hamilton War Veterans team will play the Buffalo City League champions at the 74th A. A. indoor games at the Bison city tonight.

**DR. ROLLER INJURED IN WRESTLING BOUT**

Milwaukee, Wis., April 12.—The wrestling match between Wladick Zbyszko and Dr. Roller ended twenty-five minutes of fast wrestling here last night, when Zbyszko, getting a headlock on Roller, lifted him high in the air and dropped him; Roller falling on his head and severely injuring himself. The referee refused to let the bout continue.

**THE POSSIBILITIES OF IRRIGATION**



Wheat on one of the Veterans' Farms, near Tilley, Alberta.

**W**HAT surprises a person most when travelling through the irrigated areas of Southern Alberta is the wonderful variety of crops that can be successfully grown there, their abundant yields, and their excellent quality. Wheat, oats, barley and flax, the standard crops of the Canadian West grow there and give as heavy yields as anywhere else on the continent. Alfalfa thrives and does nowhere else in Canada, and is literally making fortunes for its growers. By the application of water the crops of clover and the many varieties of nutritious tame grasses are multiplied manifold. In the gardens vegetables of all kinds, including those that are associated with hotter climates, such as tomatoes, melons, squashes, grow in the open so well as to indicate great possibilities in this direction.

Wheat, of course, is the dominant crop there as it is in those areas of Western Canada where irrigation is not practised. Oats, barley and flax are also grown extensively. The yields of all these grains compare very favorably with those in any other part of the west. Crops of wheat this season that have been properly irrigated are averaging thirty-five bushels to the acre. Some crops will thrash as high as forty bushels for more to the acre. The yields of other grains are equally as good. Grain growing under irrigation brings ample returns to the farmer, especially when it is considered that uniform results may be looked for every year.

But, yielding such good returns as the growing of grain does, other crops that may be grown under irrigation are possibly still more profitable, and it seems reasonable to suppose that in years to come the growing of grain in districts where water is available will be to some extent superseded to enable larger areas to be put into other crops. Land that will produce up to seven hundred bushels of potatoes, of a quality that brings the best prices, on which peas, of the most desirable kinds, yielding forty to sixty bushels to the acre are being grown, where sugar beets of high sugar content thrive, where pumpkins of enormous size

and excellent flavor, cantaloupes, watermelons, tomatoes, cucumbers, peppers, to say nothing of giant cauliflower and cabbages, early and late, and all varieties, carrots, turnips, beets, all kinds of beans and many other vegetables flourish, and which produce the most delicious strawberries, raspberries, gooseberries and other small fruits—this land will, no doubt, be used to grow more of these things in the future, especially when labor conditions are such as to enable a more intensive system of farming to be followed.

Then there are the fodder crops, of which alfalfa is the chief. Contrary to a widespread belief, it is not grain, not fruit growing, not truck gardening, but to the growth of fodder crops that the greater portion of the irrigable lands in the United States are devoted. The large yields of alfalfa that are being obtained in Southern Alberta under irrigation assure this crop of an important place in the production of the farmer who is able to utilize the water from the mountain streams on his land. Not only are the yields of alfalfa large, but this crop also enriches the soil to such an extent that any other crop grows on the land after it has been

plowed up gives considerably larger yields. It makes possible the development to the highest degree of the live stock industry. Horses, cattle, sheep and pigs all like it. Combined with oats, barley, the clovers and grasses which grow abundantly in Southern Alberta, alfalfa enables the irrigation-farmer to give his stock the best balanced food possible. He is thus able to get the most milk from his cows, the most wool from his sheep, and to have his cattle, pigs and lambs ready for market in the earliest possible time. No wonder there is prosperity wherever alfalfa grows.

The advantage to the farmer of a great diversity of crops cannot be too greatly emphasized. He is able to make his plans for the future with greater certitude. He can devote his chief attention to crops that remunerate him best. He is not greatly influenced by the fluctuations of the markets, and when any of his products are down others are likely to be up. It thus makes for greater stabilization of his efforts, and assures him of a regular and steady income year after year.

J. C.

Incorporated 1855  
**PRODUCTION**

Increased effort and efficiency in labor, more economy and less waste in living building up capital by harder work and greater savings, will enrich you and your country. The men and women at home must produce more to cover war's waste.

It is easier to make money than to save it. A Savings Account at the Bank of Toronto will help save what your increased effort provides.

**THE BANK OF TORONTO**  
F. C. FIELD, Manager, St. Catharines

Assets \$100,000,000

**Banking Service**

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

**THE CANADIAN BANK OF COMMERCE**

ST. CATHARINES BRANCH  
THOROLD BRANCH  
NIAGARA-ON-THE-LAKE BRANCH

R. G. W. CONOLLY, Manager  
S. H. FALKNER, Manager  
F. W. WILSON, Manager

**Wright's White Clover Bread, Pat.**  
(WRAPPED)

A great many people are asking for a wrapped loaf, recognizing the Sanitary value of Bread wrapped in the bakery. We would like to wrap all our bread in the bakery, but the High Cost makes it prohibited, however, we are specializing on our White Clover, it makes an ideal loaf for a small family. No waste, pure, sweet and clean. 7c the loaf.

On Saturday we make a delicious Fruit Loaf 15c each. They are having a large sale. Try one.

**WRIGHT'S SANITARY BAKERY**  
Factory 55 Geneva Street - Telephone 574

**WILL AFFILIATE WITH O. T. A.**

Ottawa, April 12.—The Ottawa and District Football Association decided to affiliate with the Ontario Football Association at its meeting in the Y. M. C. A. last night.

**ATHLETICS TO PLAY PENN.**

Philadelphia, April 12.—The Athletics will today start a three-game series with the University of Pennsylvania nine to prepare for the inter-city series with the Phillies Wednesday.

A number of the principals and teachers of the local schools will attend the convention of the Ontario Educational Association which will be held at Convocation Hall, Toronto, commencing Easter Monday.

**For Sale**

Abbott seven passenger touring, splendid shape. . . . \$350.00  
1913 Cadillac seven passenger, a fine touring car.  
1912 Cadillac five passenger, all good tires, nearly new, good paint, electric starter, electric lights, new battery.  
McLaughlin Touring, all good tires, electric lights with generator and storage battery. Would make a fine delivery truck.  
Light Delivery, all good tires. . . . \$350.00  
Reo Touring five passenger, all good tires, one new, not quite up to date but a splendid car. Only . . . \$350.00  
Two Overland cars, thoroughly overhauled, ready for paint shop. Your choice of any color if purchased this week.

**GILMORE GARAGE**  
250 St. Paul Street

**DR. ARTHUR B. COBB**  
Dentistry.

When it is absolutely necessary to extract a tooth—when there is no way of saving it by crowning it—then, and only then, do we advise that the tooth be removed.

Good Dentistry is based upon the principle of conserving the work of nature and our efforts are always along these lines.

When extraction is needed we perform this operation painlessly—not only in promise but ODONTUNDER—The most effective and safest local anesthetic known to Dentistry is used by us.

It is a formula of our own invention and thousands of our patients have testified to its absolute power to prevent pain.

With the same sincere efforts that we make to save your teeth do we likewise endeavor to save you all unnecessary expenses.

Consultation and examinations are granted entirely without charge, and we invite you to avail yourself of these attentions.

OFFICES  
368-378 Main St. cor. of Eagle  
Open until 8—No Sunday work.  
Phone: Seneca 405

ADVERTISE IN THE JOURNAL