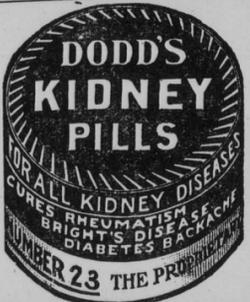


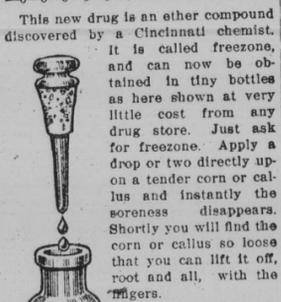
The Waste of War is terrible, but the waste of food in times of peace is colossal. Rich and poor alike eat tons of food that has little food value...

Made in Canada.

Don't Be Penny Wise. No housewife should let the increased price of sugar keep her from preserving all the fruit and berries that she can get.

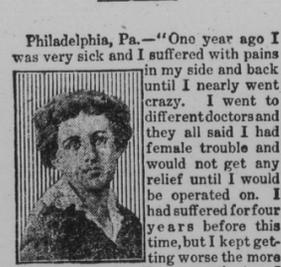


PAIN? NOT A BIT! LIFT YOUR CORNS OR CALLUSES OFF. No humbug! Apply few drops then just lift them away with fingers.



This new drug is an ether compound discovered by a Cincinnati chemist. It is called freezeone, and can now be obtained in tiny bottles as here shown at very little cost from any drug store.

AN OPERATION AVERTED. Philadelphia, Pa.—"One year ago I was very sick and I suffered with pains in my side and back until I nearly went crazy."



Oh, to be in Blighty. Now that summer's there! But I can't get back to Blighty. For the U-boats won't play fair.

VISITED BY A LION.

Only the Good Temper of the Animal Averted Serious Consequences.

There is plenty of danger in training wild animals; nevertheless, in many cases those who work among the carnivores owe their lives to the good temper of their charges.

In the beginning of the sixties, writes Mr. Hagenbeck, I was bringing from Cologne to Hamburg a large collection of animals. Among them was a four-year-old lion.

The train rumbled on through the night and the unsuspecting keeper dozed peacefully. Suddenly he felt a great weight upon his chest, and woke with a start.

Fortunately, no trouble broke out between the lion and the other animals. Had anything of that sort occurred, the man would never have lived to tell the tale.

Druid was a trainer of long experience, and he knew that this lion was good-tempered. So he decided at once that the best thing to do was somehow or other to tie the animal up.

SUMMER HEAT HARD ON BABY

No season of the year is so dangerous to the life of little ones as is the summer. The excessive heat throws the little stomach out of order so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill.

Buy by weight. Disregard the measure. Insist upon correct weight. Patronize a responsible merchant.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit.

ISAAC E. MANN, Aug. 31st, 1908. Metapedia, P. Q.

IN BLIGHTY.

Oh, to be in Blighty. Now that summer's there! But I can't get back to Blighty. For the U-boats won't play fair.

Oh, to be in Blighty! I'm broken, blind, and sore. My heart sure aches for Blighty. And I'm tired of blood and war.

Oh, to be in Blighty. Now that summer's there! But I can't get back to Blighty. For the U-boats won't play fair.

A French electrician's wireless receiver is small enough to be carried in a pocket, yet will pick up messages when connected with almost any metal surface.

RICHES.

You can be rich in friends, And rich in kindly graces, And draw great dividends In smiles on many faces.

You need not wisdom great Nor feats of glory; Kindness will better state Your splendid story.

The long-remembered dead Lived not in splendor, Their records can be read In memories tender.

WHEN YOUR COLOR FADES

When a girl—or a woman—finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after slight exertion, or under the least excitement, it means that she is suffering from anaemia—thin, watery blood.

The remedy for this condition is to build up the blood, and for this purpose there is no medicine can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy.

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

RUSSIAN ROYALTY IN PRISON

How the Deposed Czar and His Family Spend Their Time.

The former czar of all the Russias is not a man of resource, says the London Mail, and he is feeling horribly bored with nothing to do but to water his flowers and talk to the wife of his bosom on the telephone—in the presence of a guard.

The other girls, with the czarevitch, try to keep up their spirits with tennis and lessons and music. Tatiana, the second girl, has quite a lovely voice and is as musical as her brother.

Those who have come in contact with the czarevitch feel very sorry for the poor little chap for the change in his life. He was patriotic above all things, and it was a passion with him to stay with his father at headquarters.

He was found one day tearing up the photographs of all his German relatives. When he came to that of the Grand Duke of Hesse he sent for his youngest sister, who is his chief pal.

Wanted to Be There. "I like to have vacation," said Tony. "We can't get along very well without you," said the boss.

Advertisement for Whole Wheat and Malted Barley, Grape-Nuts, and Grape-Nuts Food. Includes an image of a Grape-Nuts product box.

YOUNG WOMEN WANTED

Good opportunity offered young women, desiring permanent work in Toronto, to learn waitresses' work in the largest established restaurant in Canada.

CHILDS COMPANY, 158 YONGE ST., TORONTO.

A Poser. "Say, mamma, do big fishes eat little fishes like these sardines?" "Certainly, my child!" "But how do they open the tins?"

Minard's Liniment Cures Glands, Etc. One way to prepare rice is to put it in a cotton bag and drop the same into a kettle of boiling water.

MONEY ORDERS. The safe way to send money by mail is by Dominion Express Money Order.

Run a spade down around the roots of cosmos plants to check rampant growth and to force them into flower.

Minard's Liniment Cures Diphtheria. MISCELLANEOUS. CANCER, TUMORS, LUMPS, ETC.

Advertisement for a book on DOG DISEASES, And How to Feed Mailed free to any address by the Author H. CLAY GLOVER CO., Inc.

Advertisement for Cuticura Soap. Shall It Be Hair or No Hair? It Is Up to You And Cuticura. Includes an image of a woman's face.

Dr. Beck, The Well Known Eye Specialist and Doctor Judkins, The Medical Author, Publish Astonishing Report on Wonderful Remedy To Strengthen Eyesight.



A Free Prescription You Can Have Filled and Use at Home.

New York.—Dr. Beck, a New York state eye specialist, and Dr. Judkins, a Massachusetts physician, were asked to make a thorough test of the popular eye remedy, Bon Opto.

Victims of eye strain and other eye weaknesses and those who wear glasses will be glad to know that according to Dr. Beck and Dr. Judkins, there is real hope and help for them.

Cavalry Wireless Equipment.

There are several forms of wireless equipment used in warfare, and under favorable conditions a range of from 150 to 200 miles is possible with one of them.

Next to its unique flavour, the great economy of Salada Tea has been the reason for its enormous sale.

Saving the Glove. When one or both fasteners of a glove have pulled out, darn the hole and sew an ordinary dress snap near the old fastening and the glove is useful again.

Sore Eyes. Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy.

Propellers made of pressed steel, lacquered to give them perfectly smooth surfaces, are the last word in airplane construction.

Like A Boy at 50 Bubbling Over With Vitality--Taking Iron Did It. Doctor says Nuxated Iron is greatest of all strength builders.

NEW YORK, N. Y.—Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance.

NOTE: Nuxated Iron, recommended above by Dr. E. Sauer, is not a patent medicine nor secret remedy, but one which is well known to druggists, and whose ingredients are widely prescribed by the best physicians everywhere.

Dr. Beck, The Well Known Eye Specialist and Doctor Judkins, The Medical Author, Publish Astonishing Report on Wonderful Remedy To Strengthen Eyesight.

caused by overworked, tired eyes which induced fierce headaches. I have worn glasses for several years, both for distance and close work and without them I could not read my own name on an envelope or the typewriting on the machine before me.

NOTE—Another prominent physician to whom the above article was submitted, said: "The Bon Opto prescription is truly a wonderful eye remedy. It constitutes an extraordinary and widely prescribed remedy for eye troubles."

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Advertisement for ROYAL YEAST, MAKES PERFECT BREAD.

A telescope with two parallel barrels to enable two persons to see the same object at the same time has been built by a Swiss optician.

Advertisement for OTTO HIGEL PIANO ACTION. When buying your Piano insist on having an OTTO HIGEL PIANO ACTION.

YOU CAN'T CUT OUT A Bog Spavin or Thoroughpin but you can clean them off promptly with

Advertisement for ABSORBINE. and you work the horse same time. Does not blister or remove the hair.

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