

THURSDAY, MARCH 4, 1909.

BOYS and GIRLS

A WORD TO GIRLS.

It is not the hat, but the head in it, that is of consequence. Never mind now plain your dress may be, but remember that when garments attract attention to themselves that should be given to the wearer, it is no compliment to be admired for your clothes, for, if really pleasant, no one will notice what you wear. Some plain girls think to make up for want of beauty by smart dress. This is a great mistake. "Ugliness bedizenized advertises its deformity."

HIS MOTHER'S STAR.

One cold, bleak, winter afternoon in the little town of Berlin, Canada, there was a little boy selling papers. He was very poor, as you could see by his clothes, and after a few fruitless efforts to sell his last paper, he started for home. It was a cheerless home to which he went and to make matters worse, his father was a drunkard, and spent all the money he earned for whiskey. His mother was dead, and his only consolation he had was to look through a little hole in his room, from where he could see a little star which he thought his mother had put there for him.

One day while out selling papers he was run over by a wagon and taken to the hospital. He thought it very nice to lie on nice white linen bedclothes and he also thought that the nurse was his mother come from heaven to make him well again. The nurse liked little Joe so well that she told some friends about him, and they, as soon as he had recovered, obtained work for him in one of the factories in the town. Everybody who saw him liked him, and it was not long before the man for whom he was working told him he could live at his house, and have his bed beside a window from where he could see his mother's star.

One day his father came to him and asked him for some money. Joe knew that he would spend it for whiskey, and so did not give him any. His father then stole from him all the money he had saved up from his earnings, and spent it; but he was arrested soon after and brought up for trial. Joe, however, would not appear in court against his father, and this so touched the father's heart that he stopped drinking and went to work. From that time on they lived happily together. Joe now goes to school, and is a very smart boy, but the mother's star still shines down on them.

TOM'S BRAVERY.

"Yes, Tom's been here. Can't you tell he's been here? See the mud on the floor, all the way from one door to the other. Just look at the books his school books—he has only five and they are in five different places. I never saw such a careless, selfish boy."

"There is room for improvement, and his change for the better is so slight it needs a magnifying glass to discover it."

"There is a change, Nellie. He usually puts his books on the shelf near the window, but to-day he wanted to go to see the football game, and he was late getting home from school. He just threw his books towards the lounge and never waited to see where they landed. But Tom is a brave little fellow and he will do anything for one of us if he only thinks."

"It is just as bad to be thoughtless as downright selfish," said Nellie as she put the finishing touches to the dainty room.

The next day, Nellie and all the family were busy making the house gay with flowers, for father, who had been in California for his health,

was expected home. He had been gone nearly a year, but the time had seemed like years instead of months. Everyone was trying to do something to add to the happy welcome home.

"Tom," said Nellie, "there are some beautiful ferns down the river, just below our dining room. Dad likes ferns as well as flowers." "I'll bring back all I can carry." "I'll bring back all I can carry." Away he ran—whooping like a wild Indian and then calling a bird, but making as much noise as possible.

"What keeps father?" said Nellie about two hours after Tom had gone for the ferns. "I thought he would be here long ago."

"I wonder what detains him?" said the mother. "What was the matter with the train; you were so late?"

"We had great reasons to thank God we are all safe. The train was late, true; but had it not been for a young boy we would have had a most serious wreck. You remember there is a down-grade just the other side of the river."

"In some way this boy—I don't know who he is, as I did not see him—discovered the damage done by the water. He must have realized that as soon as the cars touched the east end, down would go the train, for the weight of the first cars would carry the others over the bridge and down the chasm."

"The car had started on the down-grade, when the boy appeared in the middle of the track waving green branches and his coat. He never moved to save himself, only kept jumping up and down like a crazy chap. The engineer told me about it as we drove down by the lower bridge and up this street."

"They had all they could do to stop the train. The engineer said he thought at one time the train would run over the boy. As it was he was so near the engineer dragged him up into his cab and asked what was the matter. The poor fellow was so excited he could only point to the other end and say, 'Water—wash foundation.' The men went ahead and found it was a most dangerous washout. Had it not been for the boy, they would not have made any examination here, for this place was considered safe."

"What became of the boy?" asked Nellie, with a queer little look in her eyes.

"When the men started to examine the bridge he just fainted. A doctor on the train took charge of him. The engineer said the boy gasped out: 'Father—safe,' and just fell back in the arms of one of the passengers. We in the last coaches were not permitted to go forward, so we did not see the boy."

"There is a carriage just coming here," said Nellie. "And Tom is getting out! Why?—and away she ran to meet him."

Yes, it is Tom, somewhat pale but trying to appear as if he had done nothing. Tom had saved the train, a large number of passengers—and he had saved father.

Ireland Fighting Against the Slums.

The city of Belfast, Ireland, is now discussing a plan for acquiring and destroying more than 400 houses in the Shankhill road slum district. It is true that the situation is not so bad as in Dublin, which has the unenviable record of possessing some of the worst slums in the three kingdoms, and Belfast has done much in the past to redeem itself from the reproach of slumdom. The great improvement carried out about twenty-five years ago by which the splendid thoroughfare known as Royal Avenue was created, was one of the most important undertakings of its kind ever tackled in Ireland, but the new one promises to surpass even that.

The immediate spur which has stirred the corporation into activity is a report by Dr. Baillie, the medical officer of health, who declares plainly that he can not undertake to keep the city free from epidemic disease so long as areas like that now to be dealt with are allowed to exist.

"This district," he says, "owing to the closeness, narrowness and bad arrangement of the streets and the houses and the want of light, air and ventilation, is dangerous to the health of the inhabitants and the evils connected with the houses and courts, and the sanitary defects can not be remedied other than by an improvement scheme for a rearrangement and reconstruction of the streets and houses."

The character and condition of the houses may be imagined when it is stated that the corporation expects to buy the whole 400 of them for \$25,000, an average of \$62.50 a house. It is estimated that they afford shelter to nearly 3000 persons.

ACUTE INDIGESTION

Cured through the timely use of Dr. Williams' Pink Pills.

There is no medicine can equal Dr. Williams' Pink Pills for stomach troubles. These Pills are not an artificial appetizer nor a stimulant. They act in nature's own way by making rich, red blood. This new blood gives vigor to all the organs. When it flows through the tiny veins in the stomach it stimulates them and creates that craving which people call "appetite." Then when the appetite is satisfied with food the blood gives the stomach strength to digest it. The nourishment is absorbed by the blood, and carried to every organ in the body. That is how they give health and strength to weak, worn-out people.

Mr. H. Thomas Curry, Port Maitland, N.S., says: "About three years ago I was attacked with what the doctors termed acute indigestion. The first indication was a bad taste in my mouth in the morning, and a sallow complexion. Later as these symptoms developed my tongue was heavily coated, especially in the morning, and I felt particularly dull. My appetite began to dwindle, and even a light meal left me with a sense of having eaten too much. As I grew worse I ate barely enough to sustain my body, but still experienced the most acute pains. A wretched languor came over me which I could not throw off. It seemed as if I were always tired, with but little strength and frequent violent headaches. The remedies given me by my doctor, as well as many others failed to restore me, or even to relieve me. I was in this unhappy state for almost a year when I read in a newspaper one day of the cure in a case similar to mine through the use of Dr. Williams' Pink Pills. This decided me to give these Pills a trial. It was not long before I felt some relief from the distress after meals, and as I continued the use of the Pills all languor and drowsiness and headaches left me, and I began to enjoy increased energy and new strength. To-day I am a well man, enjoying the best of health, with never a twinge of the old trouble, and I attribute my cure entirely to the fair use of Dr. Williams' Pink Pills."

These Pills are sold by all medicine dealers or you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

News From France.

The Doumergue Bills—The Parliamentary Commission of Education has finished its study of the two bills of M. Doumergue for the repression of parents aggrieved by the abuse of neutrality in the schools. I append a translation of the text as finally adopted. That of the first bill is as follows:

Single Article.—On a complaint made to the Justice of the Peace, and after a first warning from the Inspector of Primary Schools, the penalties provided by Articles 479 and following of the Penal Code shall be inflicted on the guardian or person responsible for, a child entered as a scholar in a public school who shall have prevented this child from receiving the obligatory instruction laid down by the Law of March 28, 1889, and by the decrees and regulations following thereon, or from using in class the books duly set forth in the departmental list.

To the same penalties will be liable any person who, by incitement or threats to the children, or the persons responsible for them, shall have provoked any such infraction of the law as set forth in the preceding paragraph.

MAGIC BAKING POWDER advertisement with images of product tins and text: THE FAVORITE IN CANADIAN HOMES FOR MANY YEARS. TRY IT. REFUSE ALL SUBSTITUTES. Sold Everywhere in the Dominion by the Best Dealers. E. W. GILLETT COMPANY LIMITED TORONTO, ONT. MADE IN CANADA.

If a speech, placard, or document, publicly distributed in any place where worship is exercised, contains a direct provocation to any such contravention, as aforesaid, Article 35 of the Law of December 5, 1905, shall be applicable.

Article 183 of the Penal Code may always be applied. The Responsibility of the State.—The second measure interposing the responsibility of the State in front of the teacher is as follows:

Article 1.—On any complaint made to him by the father, guardian, or person responsible for the child, inscribed as a scholar of a school, college, or lycée, against any member of the teaching staff of public schools, on account of acts performed in the exercise of his duties, the Rector in a case affecting a secondary school teacher, and the Academy Inspector in a case affecting a primary school teacher, shall inform the teacher of the complaint and proceed to an inquiry into the charges alleged against him. He must, within two months, by a reasoned report, inform the complainant, and the teacher concerned of the result of the inquiry and of the action that shall have been decided upon.

Article 2.—The civil responsibility of the State is substituted for that of the members of the public teaching body for the acts performed by them to the prejudice of the scholars during school hours and the time devoted to complementary school work when such work is directed or supervised by the teachers.

Members of the public teaching body can only be prosecuted by an aggrieved person in cases where the injury is the result of an act classified as a crime or misdemeanor by the Penal Law, and has been committed by them.

Any action within the responsibility of the State must be taken against the Prefect of the Department, who there represents the State, and, according to the case, before the Civil Court or the Justice of the Peace of the locality where the offence has been committed, and within a year reckoned from the day on which the offence shall have been committed.

Nevertheless, the State shall always be able to enter an action against the members of the public teaching body, in cases where judgment has been pronounced against them, in order to indemnify itself for the fine named in the sentence, without prejudice to any disciplinary action which it may be able to take on this account in their regard.

A Thought for Lent.

SELF CONQUEST.

"We, at this time of the year, Do wound the bark, the skin of our fruit trees, Lest being overproud with sap and blood, With too much riches, it confounds itself."

The wonderful universality of Shakespeare's wisdom is once more illustrated in his knowledge of the fruit growers' art here displayed. Especially when he points out that underlying principle of nature,—the need of restraint, correction and pruning, in all successful growth.

The Catholic Church, the gardener of souls, makes use in the spiritual order of the same principle of restrictive discipline at this springtime of the year, when in Lent it calls upon its obedient children to do violence to their lower natures, to take the pruning knife to the passions, to cut off inordinate tendencies, so that by such correction and restraint they may secure the more luxuriant growth of the higher powers of their spiritual beings.

St. Joseph's Home Fund

The actual date of Father Holland's birthday has passed and we had hoped that a goodly sum would have been realized to present to him on Sept. 19th; but so many have been out of the city during the summer that our appeal failed to reach them and consequently nothing like the necessary amount came in. However, every day is a birthday—somebody's—so if each one contributed, his number of years either in dollars or cents, quite a comfortable sum in a little while would be realized. We thank those who answered our appeal and trust that those who have not already done so will send in their mite to help a worthy cause—To pay off the debt on the St. Joseph's Home for Working Boys. A cent will be as welcome as a dollar and will be acknowledged in issue following receipt.

FILL OUT THIS COUPON.

FOR ST. JOSEPH'S HOME FUND. Name Address Amount

MANY DON'T KNOW HEART AFFECTED.

More People Than are Aware of It Have Heart Disease.

"If examinations were made of everyone, people would be surprised at the number of persons walking about suffering from heart disease."

"This startling statement was made by a doctor at a recent inquest. 'I should not like to say that heart disease is as common as this would imply,' said the expert, 'but I am sure that the number of persons going about with weak hearts must be very large.'"

"Hundreds of people go about their daily work on the verge of death, and yet do not know it. It is only when the shock comes that kills them that the unsuspected weakness of the heart is made apparent."

"But undoubtedly heart weakness, not disease, is more prevalent nowadays. I should think that the stress of living, the wear and rush of modern business life, have a lot to do with heart trouble."

"There is no doubt but that this is correct, and we would strongly advise any one suffering in any way from heart trouble to try a course of MILBURN'S HEART AND NERVE PILLS."

Price 50 cts. per box or 3 boxes for \$1.25, at all dealers or will be mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

The Bowels Will Act Healthily.—In most ailments the first care of the medical man is to see that the bowels are open and fully performing their functions. Paralee's Vegetable Pills are so compounded that certain ingredients in them act on the bowels solely and they are the very best medicine available to produce healthy action of the bowels. Indeed, there is no other specific so serviceable in keeping the digestive organs in healthful action.

That Nagging Pain in the Back is caused by just one thing—weak, strained, irritated kidneys. And there is just one way to stop it. GIN PILLS strengthen and heal the kidneys—neutralize the urine—stop those scalding passages—and quickly relieve the pain in the back and limbs. GIN PILLS are also the recognized cure for Rheumatism and Sciatica. 50c. a box; 6 for \$2.50. At all dealers or sent on receipt of price. DEPT. T.W., NATIONAL DRUG & CHEM. CO. LIMITED TORONTO

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