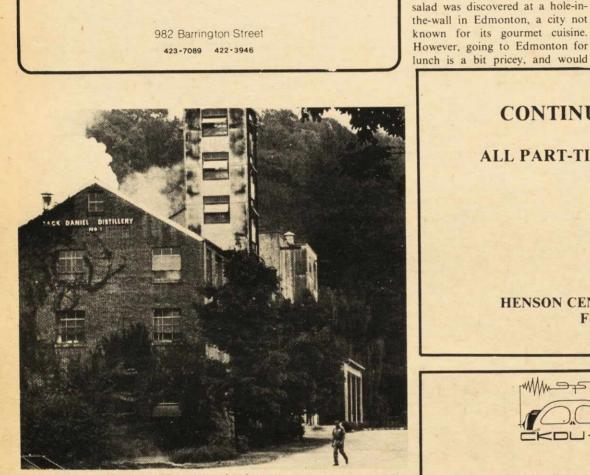
bring out food's good qualities or at least make you forget the bad.

Other establishments seem to believe that salt is going out of style. WRONG!! If the Old Spaghetti Factory would forget the bacon bits, and La Cave would 'deep-six" the anchovies (shudder), they would both have salads worthy of the name 'Caesar', and not 'Sifto'.

Luckily, I did find a few places with pretty good Caesars. Pepé's Upstairs doesn't forget the garlic and uses a very flavorful parmesan, although the dressing is a bit thin for my tastes. Live jazz in the evenings certainly gives you your money's worth. Gabriel's also serves a good Caesar, as does Applause.

The aspect that makes Caesareating so appealing is moneythey're cheap. Prices ranged from \$1.65 (Christopher's) to \$3.25 (La Cave), with most around \$2.95. Although none of the restaurants mentioned served the 'perfect' Cae-sar, most were okay. I have heard that Les Deux Amies serves the best Caesar salad in the city, but if you can afford Les Deux Amies, you may as well fly to Edmonton for lunch.



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probably ruin any chances of get-

So, I took it upon myself to find the best Caesar salad in Halifax.

I hope it isn't a reflection on

Halifax, but some restaurants

offered disappointingly bland

salads-Le Bistro and Chris-

topher's, for example. (Although

Christopher's is by far the least

expensive in town.) I believe a great

Caesar should be somewhere

between civility and breath that

would neutralize Listerine at ten

feet-so please don't hold back the

garlic. Luckily, both restaurants

have good House wines, which

ting student aid.

The quest for

the perfect

Caesar salad

By STEPHEN HURST

he 'chicest' of salads, the

Caesar, was supposedly in-

vented by an unknown chef

in, of all places, Tijuana. The idea

caught on, and soon variations on

the theme were found around the

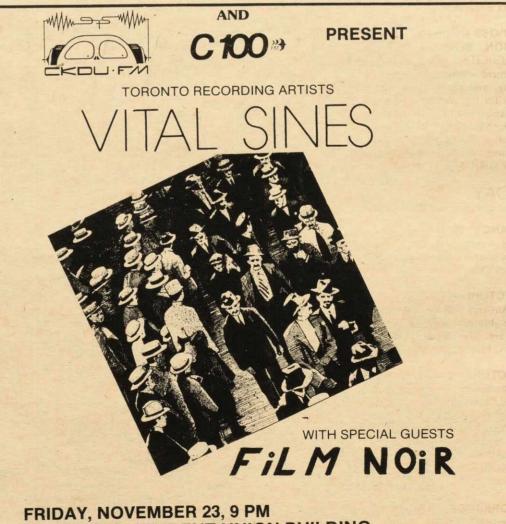
world. Strangely enough, my

favourite version of the Caesar

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