

THESE OLD PEOPLE OWE THEIR HEALTH To the Wonderful Powers Of "Fruit-a-tives"

Mr. N. Joubert of Grand Ligne, P. Q., says: "For more than 10 years, I suffered with Constipation and Piles. I tried many remedies, but none did me good. After taking four boxes of 'Fruit-a-tives' I am well. I am now over 80 years of age."

SHIPPING

ALMANAC FOR ST. JOHN, FEB. 11. A.M. High Tide..... 2.51 Low Tide..... 9.14 Sun Rises..... 7.36 Sun Sets..... 5.41 The time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday. Sch Blunosa, 106, McNamara, New York. C. M. Kerrison, coal.

CANADIAN PORTS.

Halifax, Feb 10-Ard, str Manchester Commerce.

BRITISH PORTS.

Glasgow, Feb 10-Ard, str Carlinburgh, Philadelphia; Preforian, Boston.

FOREIGN PORTS.

New York, Feb 10-Ard, schs Village Belle, Portland; Emily J. White, St. John.

IMPORTS THROUGH ST. JOHN.

Imports on the steamer Athena, which is due here tomorrow, for local merchants are as follows:

- A. W. Adams, 4 coils wire rope; T. McAvity & Sons, Ltd., 1,220 cast iron soil pipes, 10,000 fire bricks, 4 cases lead bands; H. L. Williams, 40 cases whiskey, 2 cases edit; J. C. Doherty, 2 bags whiskey; Conant & Sheehan, 35 cases whiskey; Hopewell Export Co., 50 coils cordage; J. J. Bradley, 180 cases and 20 bbls. whisky; John O'Regan, 100 cases whiskey; M. & H. Gallagher, 30 pkgs. mds; Foster & Co., 90 cases and 12 casks whiskey; Canada Potato Fertilizer Co., 1,200 bags fertilizer; P. M. O'Neill, 30 cases whiskey; 1 case hardware; N. C. McQuinn, 4 cases whiskey and 1 case advertising matter; Canadian Fairbanks-Morse Co., 1 box dressed leather mds; P. M. O'Neill, 220 pkgs. mds; Baird & Peters, 100 bags sugar; H. S. Daley, 100 bags sugar; C. P. R., 4 pkgs. mds; P. B. E., 20 cases mds; M. & Co., 40 cases mds; H. E. Ellis, 3 pkgs. mds; Canadian Fairbanks Co., 4 cases canvas belting; W. E. Hayward & Co., 100 cases and 30 bbls. whiskey; National Drug & Chemical Co., Ltd., 40 pkgs. mds; John Moravia, 14 pkgs. and 1 bag mds; P. A. Dykeman, 12 pkgs. mds; Frank Fales, 12 bbls. mds; R. Sullivan, 100 pkgs. mds; W. S. McEckin, 3 pkgs. mds; Canadian Export Co., 9 pkgs. mds; C. P. R., 2,960 pkgs. mds; order, 50 pkgs. whiskey; J. J. Bradley, 40 pkgs. whiskey; Vassal & Co., 5 pkgs. mds; United States Express, 7 bundles barley; H. D. Allan, 2 pkgs. mds; Amund Bros., 7 pkgs. mds; Brock & Paterson, Ltd., 1 pkg. mds; D.

Little Beauty Chats By BLANCHE BEACON

Concerning Greaseless Cold Creams

If you are a user of the "greaseless cold cream" it is important that you should know what it can and cannot do, then you will know just what to expect and there will be no heart-burning.



IT IS EASIER TO SAVE THE HAIR YOU HAVE Than To Grow New

DRUNKENNESS CAN BE CURED

WOMEN STILL MAY SMOKE

YEAR IN RENO BEFORE DIVORCE POSSIBLE

AROOSTOOK POTATOES.

THE FIRST GRAY HAIR SIGN OF AGE

Easy Way to Preserve Natural Color of the Hair and Make it Grow

A harmless remedy, made from common garden sage, quickly restores gray hair to natural color. The care of the hair, to prevent it from losing its color and lustre, is just as important as the care for teeth to keep them from discoloring.

J. T. HAWKE'S ELOQUENT ADDRESS TO WOMEN OF CANADIAN CLUB

John T. Hawke, proprietor and editor of the Moncton Transcript, spoke before the members of the Women's Canadian Club last evening in Keith's Assembly Rooms. His subject was Romance of Canadian History and his address was given in such a manner as to hold the closest attention of his hearers throughout.

ROYAL Baking Powder Absolutely Pure

Royal Baking Powder is indispensable to finest cookery and to the comfort and convenience of modern housekeeping. Royal Baking Powder makes hot breads, cakes and pastry wholesome. Perfectly leavens without fermentation.

Daily Hints For the Cook

GUSTARD-PIE

APPLE BATTER PUDDING

FRUIT WAFFERS

Home Dyeing

DY-O-LA

WE ARE IN DANGER OF HOBBLE SKIRT AGAIN

THE DOCTOR'S QUESTION

Much Sickness Due to Bowel Disorders

Head Stuffed? Got a Cold? Try Paper's!

One Dose Paper's Cold Compound Gives Relief - Cure in Few Hours

Some Kitchen Arithmetic

1/2 cup of sugar, a little salt and nutmeg. Mix eggs, sugar and then add the hot milk slowly. Bake in a moderate oven till brown. Serve with cream and sugar or liquid sauce.

In nourishment, 1 cup of Lowney's Cocoa equals 22 cups of Coffee

In drinking one cup of Lowney's Cocoa you get more nourishment than that contained in 22 cups of coffee.

Lowney's Cocoa is a food-drink. Tea and coffee are simply flavored hot water. And Lowney's does one good. You can't always say that about tea or coffee.

Lowney's is absolutely pure. It is made in our Montreal factory which is as clean and trim as the tidiest kitchen you ever entered.

Lowney's deliciously full flavor shows you how cocoa ought to taste.

Sold by grocers. In tins-10c to 50c sizes.

LOWNEY'S COCOA

Lowney's shows you how Cocoa ought to taste.

The Walter M. Lowney Co., of Canada, Limited, Montreal

Spoons Like Good Things in Them

Ask the children about it. Think it over yourself, for you are a grown-up child.

Sure it's true—that's why the dish ran away with the spoon that time.



Post Tavern Special

delights most everybody—it is such a good, pure, wholesome blend of the delicate food flavours of wheat, rice and corn.

It's difficult to find a food more nourishing and palatable.

Suppose you have this rich, creamy hot porridge in mind for

Tomorrow's Breakfast

Sold by Grocers everywhere—Packages 10 and 15c.

Made by Canadian Postum and Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

PLAYGROUNDS FOR NORTH END OF CITY

School Board Grants Use of Two - Penny Savings Bank System Successful

Permission to use the play grounds of Bentley street and Alexandra schools as public playgrounds under the direction of the Playgrounds Association was granted by the Board of School Trustees at their monthly meeting last evening.

George E. Day introduced a resolution for the employment of an architect to draw plans for a new school building on the Bentley street lot but withdrew it when it was pointed out that the board could not undertake the work this year under their agreement with the city commissioners.

In the matter of contributing to the cost of boulevarding Douglas avenue it was decided to act with the majority of other property owners in the avenue.

A letter from the Playgrounds Association asking permission to use the recently purchased lot in Bentley street was referred to the building committee.

H. D. Gould's communication recommending changes for the purpose of beautifying the lawn in front of the High School was laid over for a year.

The attention of the board was drawn to the fact that a boiler in the Winter street school was leaking.

Miss Chesley, who has been ill in the hospital, was reinstated on the staff and put in charge of grade IV., Dufferin school.

The sexton officer reported forty-nine irregular pupils and ten truants.

The secretary reported average daily attendance of 8,411, being 89.28 of the enrollment.

COLLISION IN HARBOR

The Furness steamer Knutsford, Captain Williams, collided with the Lindholm in the east side dock last evening. The Knutsford was being towed by the tug Neptune and Alice B. When near the dock, the hawser to the Neptune broke and the Knutsford swung against the Lindholm, breaking her gargoyle and other work damaging her. The steamer also collided with the tug Courtesy and the schooner Isalah K. Stetson.

One rub with Old Dutch Cleanser

is worth four rubs any other way Saves time in Chasing Dirt

Many uses and full directions on Lorse Sifter - Can 10c

WE HAVE FURNISHED THOUSANDS HAPPY HOMES

WHY NOT YOURS?

Our prices are low, our stock large and well selected.

Our Furniture gives you best possible satisfaction in style, quality and workmanship.

Drop in and see, we are always pleased to show goods.

J. MARCUS, - 30 Dock St.