

victim of the violation of the laws of his own being, and suffered and died in consequence. It does not take a man with a rope around his neck, or a portion of poison in his stomach, to be a suicide. Many a man commits suicide by eating and drinking, and many a man drivels away his life in infinitesimal ways. Punishment for *violated* physical laws is just as certain as that the sun shines, and no man or woman can violate the laws of their own being, or any part of it, that there is not registered in time a penalty." Read what the Rev. John Todd, D.D., says: to whose efforts during about thirty years, we are so much indebted for the work of elevating the character and education of young men. He says: "In this life a heavier curse can scarcely hang upon a young man than that of possessing a polluted imagination. The leprosy fills the whole soul, time only increases it, and even the power of the Gospel can seldom do more than restrain without subduing it." The most to be dreaded are the mental diseases. The mind must manifest itself in connection with the body. The brain depends upon the common and natural forces of matter for its health and activity; and mental disease is the result of a series of disturbances or a want of supplies, a loss of vital force, and an unnatural and disturbed state of the organic functions. If this simple conception of diseases could be clearly understood and appreciated it would do away with much of the mystery and error respecting medicine. The mind is very dependant upon physical conditions; it is expressed to us through its material organs, the nervous system—the brain, and is only expressed normally when that portion of the nervous system through which it is expressed is in a condition of integrity capable of performing its functions in a proper manner. There is probably no higher authority on mental disorders than Dr. Henry Maudsley of England. These are his own words, or nearly so. He says the secret vice of youth and young men not only gives rise to a *particular* and *disagreeable* form of insanity, which is characterised by *intense self-feeling* and *conceit*, *extreme perversion* of feeling, and corresponding