



B90C

Benger's Food is specially prepared to build up the weakened digestive system, and to promote a high state of bodily nutrition while doing so.

It is the only food enabling rest and regulated exercise to be given to the digestive functions.

Benger's is not a predigested food nor does it contain dried milk. It is made with fresh milk, and forms a dainty and delicious cream, with a delicate biscuit flavour. Patients never tire of

Benger's Food

but on the contrary continue to enjoy it.

Every householder should possess a copy of "BENGER'S FOOD, AND HOW TO USE IT—FOR INFANTS, INVALIDS, AND THE AGED." Post Free from:—

BENGER'S FOOD, LTD., Otter Works, MANCHESTER, ENGLAND.

Benger's Food is sold in tins by Druggists, etc., everywhere.



SYMINGTON'S SOUPS

are just ideal where nourishment and warmth and ease of preparation are valued.

Contents of one packet make a quart of rich, nourishing soup, a plateful of which, with bread, offers a delicious, sustaining meal. There are eleven varieties—each distinctive, each delightful.

Mulligatawny, Scotch Broth, White Vegetable, Lentil, Pea, Tomato, Ox Tail, Green Pea, Celery, Onion, Mock Turtle.

Agents:

F. E. ROBSON & CO.
26, Front St. E.
Toronto

Cup Ready

'CAMP' COFFEE

Is always 'uniform' in quality.

It 'ranks' high in popular favour.

You 'fall in' love with it at once.

It's the 'right turn' and the 'quick march' to health and happiness.

R. Paterson & Sons, Ltd.
Coffee Specialists,
Glasgow.

