

HOUSEHOLD.

Advice to a Stutterer.

'The quickest and best way to cure oneself of stuttering,' writes a recent correspondent of the New York 'Sun,' 'is not to begin to talk until one can say what he wishes to say. Wait. This I know, not from practical experience, but from being associated more or less with those who have stuttered. A young man I knew practically cured himself in a few months by this method of procedure. When he came in to report on some errand, if he could not talk without stuttering, he would stand before the one he was trying to talk to and wait until he could. Sometimes he would stand for five minutes without saying a word, and then he would say what he wished to say without stuttering. At first there was some hesitation between words but in a short time this was overcome, and one would not think to hear him talk that he was ever a stutterer. Never mind what folks think. If you find you are going to stutter, wait until you can say without stuttering what you have a desire or it is necessary for you to speak out.'

Mustard Poultices.

It requires knack to prepare these so they will not take the flesh from one's very bones, when applied. Mix two parts of flaxseed meal with one of mustard; make both into a thick paste by the addition of hot water, and spread the paste smoothly to a depth of a quarter of an inch upon a piece of soft linen, cover the plaster with a thin strip of muslin, and apply this side to the skin wherever requisite. To make a plaster successfully, the ingredients should be very smoothly mixed, so that lumps may not distress the patient, and it should be applied warm, so that chill may be avoided.

For the New Year's Day Dinner.

Roast Turkey.—In selecting a turkey a point to be remembered is that a young turkey will have smooth, black legs, and a white skin. Fill the breast of the turkey with stuffing and truss the fowl firmly. Brush all over with melted butter, sprinkle with salt and pepper, and dredge on a thick coating of flour. This will keep in the juices and flavor, and will also give a crisp brown crust. Bake in a moderate oven and allow fifteen minutes to the pound for a young turkey; for an old one more time will be required. Baste frequently with hot water and butter.

Cranberry Sauce.—A quart of cranberries, two cups of water, two cups of sugar. Pick over and wash the berries in cold water. Put them on in a saucepan with the water and stew till tender, then add the sugar and cook for three minutes. Pour into a bowl, and, when cold, turn out and serve.

Mashed Potatoes.—Peel and cook in boiling salted water till tender. Drain and mash. Add one tablespoon of butter and sufficient milk to moisten them, and beat with a large spoon till light and white. Beat for five minutes or more.

Creamed Cauliflower.—Wash and cut in pieces and cook in boiling salted water about twenty minutes, or until tender. Drain in a colander. Make a Bechamel sauce from one cup milk, two level table-spoonfuls butter, the same amount of flour, quarter teaspoon salt, and one-eighth teaspoon white pepper. Heat the butter, add flour, salt, and pepper, cook one minute, and add the milk gradually, stirring till smooth and thick. Pour this sauce over the cauliflower.

Scalloped Tomatoes.—One can tomatoes, two tablespoonfuls butter, two cups bread crumbs, one teaspoon salt, quarter teaspoon paprika. Butter a shallow pudding-dish, put in a layer of crumbs, then pour in the tomatoes and cover with a thick layer of crumbs, and put the butter in bits over the top. Bake in a hot oven fifteen minutes.—'Westminster.'

Our Book Corner.

'Pilkington of Uganda'—by C. F. Harford Battersby, M.A., M.D., Principal of Livingstone College—is the thrilling life story of a young Englishman who gave his life for Africa after seven years' work among the natives of Uganda.

George Pilkington was a gifted graduate of Cambridge University, and would have made his mark in any sphere. His adventures in Africa, the difficulties with his bicycle, and the history of the Uganda Church, go to make up a mission study of unusual interest. The two books, 'Mackay of Uganda' and 'Pilkington of Uganda' together give the history of that wonderful work in Africa which has made the whole Christian world familiar with the name of Uganda. (Revell Co., Toronto. Price \$1.50.)

First Rate.

Some good friends in Danville, Que., came to the conclusion that as no party or great corporation backed the 'Witness,' those who appreciate sincerity and independence in a newspaper, should do what they could to promote the interests of the 'Witness' by extending its circulation.

To this end these friends of their own accord worked up a bulletin and had it printed by their local printer, and then displayed it in conspicuous places about Danville. The bulletin reads as follows:

THE 'WITNESS.'

THE 'WITNESS' has the latest and most accurate war news.

THE 'WITNESS' is never sensational yet always bright and newsy.

THE 'WITNESS' never hears the crack of party whip, for it has no masters.

THE 'WITNESS' is no counterfeit, it rings true and clear every time.

THE 'WITNESS' is the best paper for the office.

THE 'WITNESS' IS THE BEST PAPER for the shop.

THE 'WITNESS' IS THE BEST PAPER for the farm.

THE 'WITNESS' IS THE BEST PAPER for the father and the boys.

THE 'WITNESS' IS THE BEST PAPER for mother and the girls.

THE 'WITNESS' IS THE BEST PAPER for the home.

Subscriptions received by

JAS. RIDDLE,
MRS. M. E. MCWILLIAMS,
DR. J. A. PORTER,
GEO. O. GOODHUE.

Danville, Nov. 28, 1899.

As a result of this enterprise in behalf of the 'Witness,' quite a number of new subscriptions have been sent in for both the Daily and Weekly editions.

Another splendid 'Witness' campaign has been started by friends in Pictou County, N.S., whose first list of new subscribers amounted to fifty names. Others could do the same for the 'Witness' if they would.

What Our Friends are Saying

Ninga, Man., Nov. 5, 1899.

Dear Sir,—Enclosed find \$1.00 for the 'Weekly Witness.' Have been taking your paper for three years, sending it to the old country after perusal, and they think there's nothing like it; don't know how you print it for the money.

Yours,

F. C. ALLARD.

Welble, Dak. U.S.

Dear Sir,—We all think there is no paper like the 'Witness,' none so true and reliable.

Sincerely yours,

W. J. McSPARROW.

Orillia, Ont.

Dear Sir,—I still find your editorials superior to those of any other paper read by me. Your war articles have been unusually good. They are so clear and correct in presenting the various situations of the combatants. The writer never loses his head, but is cool and judicious in his state-

ments and strictures. As belonging to a family of soldiers, who have fought for their country for upwards of 150 years, and as an amateur student of strategy, I have great pleasure in bearing testimony to the excellence of your war articles. May our Heavenly Father soon end the awful and unnatural strife.

Yours truly,

JOHN GRAY.

Cape Cove, Gaspé, Que., Dec. 11, 1899.

Dear Sir,—I value the 'Witness' highly and have always been glad to express my opinion about it. So far as I know, it is, I think the most useful paper published in Canada; the leaders, and notes of war situation always remarkably well done.

I am, dear sirs,

Yours faithfully,

(Rev.) WILLIAM GORE Lyster.

Canaan, N.S., Nov. 27, 1899.

Dear Sir,—Enclosed please find \$1.00 subscription to 'Weekly Witness' for one year. The 'Witness' is the ideal paper for me and our family.

Yours very truly,

CLYDE McDONNELL.

Papineauville, Que., Nov. 10, 1899.

Dear Sir,—Enclosed please find \$1.00 for my subscription for your admirable paper for the ensuing year. I always speak well of the 'Witness.' It is not only good in the sense of morality, but good in ability. There is a dignity and candor about its editorials which commends itself to my judgment. If one will carefully read your paper, he will certainly be a well-informed man.

Yours truly,

J. B. BROWN.

West Flamboro, Ont. Dec. 18, 1899.

Dear Sir,—Enclosed you will find \$1.00 for my renewal for 'Weekly Witness.' It is a comfort to have a paper like the 'Witness' which gives one the truth of the matter.

ELIJAH LEWIS.

Campbellton, N.B., Nov. 30, 1899.

Dear Sir,—Enclosed you will find \$1.00 for the renewal of my paper. I am sorry I cannot recommend your paper to my neighbors, as I have not any neighbor nearer than three miles, and am too old to canvass for it, being in my eightieth year. But I enjoy reading your paper and prefer it to any other, and have done so since I came to this country forty years ago.

Yours truly,

WM. BRAMHAM.

West River, Lot 47, Kingboro, P.E.I. Nov. 23, 1899.

Dear Sir,—Find enclosed the sum of -1.30 for 'Weekly Witness' and 'Northern Messenger.' The 'Messenger' is for my daughter. We are both old subscribers and cannot enjoy life without the reading of your excellent papers.

Yours with great respect,

JOHN E. MACDONALD.

NORTHERN MESSENGER

(A Twelve Page Illustrated Weekly).

One yearly subscription, 30c.

Three or more copies, separately addressed, 25c. each.

Ten or more to an individual address, 20c. each.

Ten or more separately addressed, 25c. per copy.

When addressed to Montreal City, Great Britain and Postal Union countries, 5c postage must be added for each copy; United States and Canada, free of postage. Special arrangements will be made for delivering packages of 10 or more in Montreal. Subscribers residing in the United States can remit by Post Office Money Order on Rouse's Point, N.Y. or Express Money Order payable in Montreal.

Sample package supplied free on application.

JOHN DOUGALL & SON,

Publishers, Montreal.

THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John Redpath Dougall, of Montreal.

All business communications should be addressed John Dougall & Son, and all letters to the editor should be addressed Editor of the 'Northern Messenger.'