

man toils on heart-sick and pining for the home she left behind her. The husband reproaches his broken-hearted partner, and both blame the Colony for the failure of the individual.

Having myself suffered from the disadvantage of acquiring all my knowledge of Canadian housekeeping by personal experience, and having heard other females similarly situated lament the want of some simple useful book to give them an insight into the customs and occupations incidental to a Canadian settler's life, I have taken upon me to endeavor to supply this want, and have with much labour collected such useful matter as I thought best calculated to afford the instruction required. 2

As even the materials differ, and the method of preparing food varies greatly between the colony and the Mother-country, I have given in this little book the most approved recipes for cooking certain dishes, the usual mode of manufacturing maple-sugar, soap, candles, bread and other articles of household expenditure ; in short, whatever subject is in any way connected with the management of a Canadian settler's house, either as regards economy or profit, I have introduced into the work for the benefit of the future settler's wife and family.

As this little work has been written for all classes, and more particularly for the wives and daughters of the small farmers, and a part of it is also addressed to the wives of the labourer and mechanics, I aimed at no beauty of style. It was not written with the intention of amusing, but simply of instructing and advising.