Practical Talks and Plain Precepts for Farmers.

Edited for the Farmer readers of the MONITOR by an Anna polis Valley Agriculturist

If a country woman is not absorbed (and thank goodness few are) in aping city styles, discussing the latest scandal, devising plans for a novel afternoon tea, elaborate reception or swell dinner, there are a hundred ways and means often et her own devising.

SIMPLICITY THE KEY NOTE

wait three mies for a gampse of toe seems to indicate that led raw country seenery wonders at the lassi-tude of her rural kinswoman who never, only under a stress of circumstandard conditions about one quarter as much as mixed the serious damage of their wireless appearance.

Live Stock Commissioner.

Another Educational Show.

DRAFT HORSE MEN IN LINE.

She met him in the darkened hall; Said he, "T've brought some roses." Her answer seemed irrevelant; It was, "How cold your nose is!"

DOWN IN DIXIE. Amid the Singing Pines Away from Frost and Cold.

Just now a number of our readers are planing where they will go for the winter and no doubt the majority of them will do as they have done in the Woman's Leisure on the Farm.

(By A. Sydney.)

With all the recent labour-saving inventions and revolutions in the domestic realm it does seem a wonder even to the housekeeper herself, that her time should be so closely occupied with household cares and duties. Every day brings its inevited asks; there is no such thir as disposing of a days work indvance, and to many busy or fourdened mothers no such thing as an entire day's rest or relaxation. There are tasks, the charge and responsibility of which no one can relieve her. Her hand must ever be at the wheel to insure safe conduct through the innumerable shoals and

we advise our readers who are expecting to make a Southern tup to
write to Mr. John T. Patrick, Pinebluff, N. C., and he will send them,
free of charge, printed matter that
will be of much interest.

meth that is exhausting and depleting.

Roots Ior Swine.

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Swine part from the part they are a pread and responsibility of which no one was a contribute to the part of t

tus and even to larger vessels whos misfortunes might entail the loss o

tude of her rural kinswoman who never, only under a stress of circumstances, walks a straight mile. To walk simply for the enjoyment of walking never enters her mind; she considers she does enough tramping between kitchen and wood-pile, cellar and dining-room, regardless that a leisurely tranquil walk, in the fresh air along a green country road with horizon bounded only by wood and hill and bending sky is as different from the indoor plodding exercise as the fresh fragrant blossoms of her garden are from the limp and artificial ones that strew her kitchen walls.

And too often when the little intervals for relaxation come, when she might refresh herself by stretching out in a quiet, shaded room with closed eyes or with light enough to con a simple story, she is more likely to bestow herself on a comfortless creaking rocker and tax her brain and nerves over a silly doily or a useless bit of tatting.

Live Stock Commissioner. up and are willing to defray the cost of their equipment the Marconi Com-pany would certainly undertake the

SUGGESTION TO MERCHANTS.

Another Educational Now.

BRAFT HORSE MEN IN LINE.

Braft Indexore, there are a hundred ways and means, often of her own deviaing, the sense of years Camandian prosess in 1933 than he did in 1992 will attractive and full cions and the past year. The important of high class stablions almost ceased and the finitely be better employed in the finitely bette

Inhale Catarrhozone five minutes four times daily and it permanently cures Chronic Catarrh, Deafness, Asthma and Hay Fever.

Inhale Catarrhozone ten minutes every hour and it cures Pneumonia, Consumption, Lung Trouble and prevents all contagious diseases. Complete outfit \$1.00; trial size 25c. Drug rists, or N. C. Polson & Co., Kingston Ont.

She met him in the darkened hall, Said he, "Type hyporeht some press".

Sound Investment at Home in a Rich Mining Property.

The Eastern National Copper Company, Limited, than Sufficient to Pay the Expense of Mining and whose Gold and Copper Deposits are at Cheticamp, Milling, Leaving the Other Contents to the Good. Cape Breton, is capitalized at \$500,000. The Board of Directors of eight includes some of the Best Known become members of this company, confident that the property it has acquired is one of the most valuable in Canada, and situated in one of the most promising mining districts in America.

The mining areas purchased by the Eastern National pected and have undergone expert examination by trustworthy engineers during the past eighteen months. to testify as to the worth of the property that many have already been satisfied to subscribe for stock, be- and so demonstrated their confidence in the worth of lieving that they were joining in an enterprise giving the Copper Deposit now being opened and other Depromise of large returns and that their shares would posits which it is proposed to develop at an early date. assuredly advance in value as the development operations proceeded.

The Company is now Blocking Out a Body of Copper Ore estimated to contain 160,000 TONS, 'he average result of the tests so far made to determine the Value of the Ore is ELEVEN DOLLARS PER TON, and when the work now under way is completed it is calculated that there will be ORE IN SIGHT to the Value of \$1,600,000.

The Development Operations are Proceeding with Pay Ore on All Sides of a Two Hundred Foot Slope which is being driven through the Main Deposit.

Other Beds of Copper are known to Underlie and Overlie the Bed Now Being Developed, and it is confidently Expected that This Mining Property will prove specting the foregoing proposition may be obtained of Vast Value when a Few Months' More Work has from Alfred Bennett & Co, or from the

Gold is Associated with the Copper Contents of

The Operations now being conducted by the Eastern and Most Reputable Business men of Halifax, who have after the proposition had been most carefully investi National Copper Company, Limited, were begun only gated and large expenditure of money had been justified by the results of such investigation. The Company considers the opportunity for investment one of the most attractive before the public. Stock which is now being sold at a low figure will certainly advance Copper Company, Limited, have been thoroughly pros- as progress is made on the Deposits. Several liberal offers to purchase this property were received and declined before the present Company acquired it. The It has been on the evidence of mining men competent former owners are shareholders in the Eastern Nationals having accepted stock in payment for their interests

> The sum of \$10,000 is to be expended in the present operations, in order to further establish the extent of the Copper Beds, and place a large quantity of Ore in Sight. Part of this amount is being raised by the sale of a block of stock at 30 per cent. of par, Fully Paid Up. Additional stock will not be offered at present. That already marketed is held by the purchasers for higher prices.

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St. Mark's Church, Belleisle.

Let Sunday in month. 10.30 a. m. (The Holy ST. MARY S CHURCH, DELLEMENTS.
1st Sunday in month, 10.39 a. rr. (The Holy
Communion is administered at this service.)
All other Sundays at 3 p. m.
Sunday School: 1st Sunday in month at
a. m. All other Sundays at 1.45 p. m.

Young's Cove. 1st Sunday in the month at 2.30 p. m. Baptist Church.—Rev. E. E. Daley, pastor Bible Class and Sabbath-school at 10 a, m. preaching service at 11 a, m. and 7.00 p, m Prayer-meeting on Wednesday and Frida; evenings of every week.

GORDON MEMORIAL CHURCH (Presbyterlan).— Rev. H. S. Davison, Pastor. Public worship every Sabbath at 11 a. m. and 7.60 p.m. Sab-bath-School and Pastor's Bible class at 10 a. m. Congregational Prayer Meeting on Wednes-day at 7.30 p. m. Y.P. S. C. E. Prayer Meet-ing on Friday at 7.30 p. m. All seats free, Ushers to welcome strangers.

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SALVATION ARMY.—S. M. Munroe, Captain. Public meeting every Sabbath at 7,00 a. m. and 11.00 a. m.; at 230 p. m. and 7.30 p. m. Week services Monday, Tuesday, Thursday, Friday and Saturday evenings at 7 30 p. m. Soldiers meetings on Wednesday evenings at 8.00 p. m. Said he, "Twe brought some roses."

Her answer seemed irrevelant;
It was, "How cold your nose is!"

—Minard's Liniment cures garget in cows.

There is a strike of the employees on the trolley car lim at Waterbury.

Eight companies of militia were called out to suppress the mob on Sunday night.

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The Household.

of success, education is like a statue, without the breath of life to pulsate it and give it soul.?

The best kind of an education is what we acquire through experience and observation. And the main object of education is to make us happier and better and more useful to each other. Real culture must begin with one's self, in order that education can reach its highest mark in the soul and lift it above everything sordid. It is more a matter of spirit than it is of Greek or Latin.

A good memory is one of nature's rarest gifts. It goes a long way in making self-culture an easy task, for it helps the mind to retain what is

a good memory is one of nature's rarest gifts. It goes a long way in making self-culture an easy task, for it helps the mind to retain what is worth knowing, says the Pittsburg Press.

The days are gone when no more was expected of a girl than to look pretty and have a few feminine accomplishments. The standard of feminine intellect has reached its high mark, and the girl of to-day must cultivate her mind assiduously in order to be up to date.

When there is the disposition to learn properly and then apply the knowledge well there is always a happy amount of satisfaction and contentment. A false sense of pride is what impedes the progress of many young women, in which they would be successful, as too inferior for them. Golden opportunities are rare and the wise young woman accepts the ones that come within her reach. This false sense of pride is the cause of many aimless lives that are easily dissatisfied. And work that is well done is honorable.

come within her reach. This false sense of pride is the cause of many aimless lives that are easily dissatisfied. And work that is well done is honorable. This is the fact that the ambitious girl will not despise. The work that affords the less difficulties is the one that may be mastered the best and not the one that may appear the more attractive. There is a great deal of truth in that old saying: "A rolling stone gathers no moss." The fault often lies in ourselves and not in the work.

the big spoon. "I believe it's all turdey!" January 1st—"What!" yelled Mr. Plato Jones. "Hashed turkey again? I can to stand it. I won't stand it. I

(From the Chicago News.) A little box of lime in the pantry vill keep the air pure and dry. Soda and hot water will remove Soda and hot water will remove grease spots from the kitchen floor. White paint when dirty should be washed in milk. Colored paints may also be treated in the same way. A little flour sprinkled lightly over A fittle flour sprinked lightly over the top of a cake will aid in prevent-ing the icing from running off.

To clean gutta-percha, rub it with a misture of soap and powdered char-coal and polish it with a dry cloth.

The swall of fresh paint can be re-The smell of fresh paint can be re-loved by leaving in the room all ight a pail of water containing sev-In sewing on buttons, if the knot is placed on the right side of the cloth, directly under the button, the thread will be less liable to break and become loosened, and the button will remain

on longer.

Caged birds are frequently much troubled with insects in their eyes. It will be found that hanging a small bag of sulphur in the cage will prevent these insects worrying the birds, and will also improve their health in other ways. and will also improve their health in other ways.

A lump of camphor laid away with your metal trimmings will insure their remaining untarnished.

Marks that have been made on paint

with matches may be removed by rub-bing first with a slice of lemon, then with whiting and washing with soap and water.

When hanging up a picture it is a piece of corl When hanging up a picture it is a good plan to attach a piece of cork on either side of the bottom edge, as this prevents the accumulation of dust by holding it away from the wall.

To avoid breaking or cracking glass or delicate china cup or bowl place a silver spoon in the dish before pouring in the liquid. The spoon will serve as a conductor of the heat.

Ink stains on books may be removed by oxalic acid. It should be diluted with water, applied with a soft brush and then dabbed with blotting paper. More than one application may be necessary.

New York Tribune:

seven or twelve times, resting between each time.

Exercise 2. Similar to the previous exercise but do it much faster. Take five deep breaths very rapidly, filling the lungs at one quick drawing in of air, and expel all the air that you possibly can at one puff.

Exercise 3. Fill the lungs as in exercise 1. Then, holding the air, place the hands on the hips and bend forward, once, until the body is at right angles with the legs; then let the air out gradually. Repeat about seven times, bending the body sometimes forward, sometimes to either side, but never make more than one bend to a breath.

"paw."

This Boy Had Brains.

The Philadelphia Times tells a good story of Henry Sobernheimer; truant officer of the Twenty-first district of that city. Mr. Sobernheimer recently made a call at the home of a pupil whose absence had extended over a week, and inquired of the lad's mother, agenial looking Irish woman, the cause.

"Why," she said, "he's now past his thirteenth year, an' me and his fatherr think he's after having schoolin' enough sor."

"Schooling enough?" repeated the of-

"Schooling enough?" repeated the officer. "Why, I did not finish my education until I was twenty-three."
"Be that so?" asked the mother in amazement. Then, reassuringly, after a moment's thoughtful pause: "Well, sor, yez see, that boy of ours has b-r-rains." In these exercises won't develop your lungs and increase your chest expansion, nothing will—you're beyond hope and should make your will and prepare for the inevitable end of all mankind.

—Anthony Barker, in Boston Herald.

diker's Corner.

Since there are so many occupations now open for women, marriage is no longer considered the main object of life. Woman is now a self-supporting creature whose tastes and ideas have developed, and who has no fear of the appellation "old maid" being applied to her. Nowadays the woman of 30, who holds a good paying position, is no longer called passe. Her charms have ripened as she has reached maturity, and she fills her place in a way that makes her appreciated. The chances for marriage are as good now as they ever were, but women are slower to relinquish so many benefits in order to accept them.

(From the Detroit Free Press.)

"Last fall I was billed to appear at a small country fair," said the parachute jumper with an amused smile. "When I cut loose from the big bag I saw I was directly over a small pond. I paid no attention to it at the time, for it is possible to steer a parachute more or less by slightly tipping it. But this time, for some reason or other, the parachute refused to answer, with the result that I came down in the middle of the pond. Just before I struck I noticed an old man by the side of the pond jumping around in an excited way and yelling something to the result that I came down in the middle of the pond. Just before I struck I noticed an old man by the side of the pond jumping around in an excited way and yelling something to me that I did not catch, for I was justily engaged in wondering how deep

me that I did not catch, for I was busily engaged in wondering how deep that pond was."

"Well, I soon found out, for I went into the water kerplunk. It was over my head, and while I am a good swimmer the parachute fell down upon me with the result that I had the struggle of my life to escape the situation. But finally I managed to reach the edge of the pond where I fell down completely exhausted by my effort.

"While I lay there covered with mud and wondering if I hadn't better give

while I lay there covered with most and wondering if I hadn't better give up the business before I was killed, the old man, who had been yelling at me all the time I had been struggling in the water, came running up where I the water, came running up where lay gasping. Shaking his fist in m " 'Gol dern yer ugly picture! didn'ty ye see that sign: 'No bathing allowed' in this pond?' "

An Evening Cail.

"I called on Perkins last evening," "Did you have a pleasant time?" inquired Mrs. Brown.
"Very. Perkins was beating his wife when I went in."
"What?"

"I say Perkins was beating his wife, out of course he stopped when I came Well, I should hope so." T begged him to go on, but he said me other time would do just as

well."
"You begged him to go on?"
"Why, yes. I didn't want to spoil
the fun, you know."
"Oh, you brute. Do you mean to
say that you could have looked calmly on while he beat his wife?"
"Certainly. Why not?"
"I thought you had at least a spark
of manhood left. I suppose you will
be beating me next."
"Yes; I think I could if you would
play cribbage with me."

"Play cribbage?"
"Yes; that is what Perkins and his vife were doing."—London Telegraph. Nan, a Man and Her "Paw."

A short time ago The Tribune reprinted from "The Princeton Tiger" these lines:

If you don't breathe freely, many parts of the lungs do not receive supplies of fresh air and as a result they deteriorate through disuse and, finally, these neglected parts engender such dangerous diseases as consumption. In these breathing exercises, simply try to take in all the air you possibly can, observing, of course, the unchangeable rule of standing properly in loose garments, so that the chest will have the best possible opportunities for expanding, in a well ventilated room.

Exercise 1. Take the correct standing position. Stoop a little forward and blow out all the air you can. Gradually inhale, throwing the head and shoulders back as you do so. When you have taken in nearly all the air that you are capable of doing, raise the arms and shoulders and give two or three little gasps, in order to fill the lungs to their utmost capacity. Donot exhale all the air at one puff. Let it out gradually, but a little faster than you took it in. Do this exercise seven or twelve times, resting between each time.

Exercise 2. Similar to the previous

A short time ago The Tribune reprinted from "The Princeton Tiger" these lines:

There was once a man from Nantucket, Who kept all his cash in a bucket; But his daughter, named Nan, And as for the bucket, Nantucket.

A correspondent retorted with these:

This roused the old man from Nantucket who chased them as far as Pawtucket;

Who chased them as far as Pawtucket.

And as for the bucket, Pawtucket.

And still another paraded his geographical knowledge:

The pair followed pa to Manhasset, Where he still held the cash as an asset;

But Nan and the man Stole the money and ran, And as for the bucket, Marthasset.

We trust this is the last we shall hear of this precious pair and their 'paw.''

This Boy Had Brains. This roused the old man from Nan-tucket
Who chased them as far as Pawtucket;

-The invalid looked out of the win-

A Great Sufferer Cured.

Mr. Benjamin Dillon, of Leeds, Ont., was cured of Muscular Rheumatism by Polson's Nerviline, and says: "I feel my duty is to proclaim Polson's Nerviline as an infallible cure for Rheumatism; it cured me after 30 years suffering, and nothing I know of can equalits penetrating power. Nerviline simply has no equal in quickly relieving and curing Rheumatism, Neuralgia, Sciatica and Lumbago. A trial will convince you. Price 25c.

—"My dear" said the years has

-"My dear," said the young husband, "did you speak to the milkman about there being no cream on the milk?" "Yes, I told him about it this morning, and he explained it quite satisfactorily, and I think it is quite acredit to him, too." "What did he say?" "He said he always filled the bottles so full that there is no room on the top for the cream.

Minard's Liniment cures colds, etc.