

Vapo-Cresolene

Established 1879
Whooping Cough, Croup, Bronchitis
Cough, Grip, Asthma, Diphtheria

Cresolene is a boon to Asthmatics
Does it not seem more effective to breathe in a remedy to cure disease of the breathing organs than to take the remedy into the stomach?

It cures because the air rendered strongly antiseptic is carried over the diseased surface with every breath, giving prolonged and constant treatment. It is invaluable to mothers with small children.

Those of a consumptive tendency find immediate relief from coughs or inflamed conditions of the throat.

Sold by druggists.
Send postal for booklet.
Lanning, Mills Co., Limited, Agents, Montreal, Canada. 307

INSURANCE

J. H. HUME.
AGENT FOR

FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

Five Old and Reliable Fire Insurance Companies

If you want your property insured please call on J. H. HUME and get his rates.

—ALSO AGENT FOR—
C. P. R. Telegraph and Canada Permanent Loan and Saving Co.

Local Agent for C. P. R.—Tickets sold at all points in Manitoba, Northwest and British Columbia.

THE LAMBTON

Farmers' Mutual Fire Insurance Company.
(Established in 1875)

J. W. KINGSTON - President.
THOS. STEADMAN - Vice-Pres.

DIRECTORS
JAMES SMITH, JAMES ARMSTRONG
HENRY MCBRYAN, PETER MCPHEDRAN

W. G. WILLOUGHBY,
Secretary-Treasurer, WALNUT P. O.

Nervous Prostration

IT IS WORRY THAT KILLS, NOT WORK

Work without worry usually tends to prolong life. On the other hand, worry, with or without work, is fatal, because it uses up what the Doctors call the "Lecithin," a phosphorized fat which is the chief constituent of the brain and nervous system—a waste which, if not stayed in time, means complete nervous wreck. The evident moral is "don't worry"—advice easy to give, and in these days of stress and strain practically impossible to take. The alternative is: find some way of replacing the wasted Lecithin—the essential element will be found in its most perfect, palatable and assimilable form in

FERROL

an emulsion of Cod Liver Oil and Phosphorus (phosphorized fat) together with Iron, the recognized blood builder—making FERROL the ideal nutrient it claims to be.

For the prevention or treatment of nervous prostration FERROL is absolutely unequalled—it is safe, sure and speedy.

The formula of FERROL is freely exposed, consequently

"You Know what you take"

J. W. McLaren, Druggist, Watford, Ont.

BLOOD IMPURITIES

are readily driven out of the bowels are kept open and regular. Constipation and the retention of food wastes in the bowels poison and taint the blood. Use LAX-ETS, ONLY

is this simple way you can put an end to all blood impurities—an end to constipation—an end to all bowel troubles. Pleasant to take—pleasant in effect. Formula on every box. In handsome metal pocket size boxes. For sale and recommended by

T. B. TAYLOR.

STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES Watford Village every morning except Sunday, reaching Watford at 11.30 a. m. Returns Leaves Watford at 3.45 p. m. Passengers and freight conveyed on cars. J. J. Ross, Prop'r.

WATFORD AND ARKONA STAGE LEAVES Arkona at 9 a. m. Watford at 10.10 a. m. Returns Leaves Watford at 3.45 p. m. Passengers and freight conveyed on reasonable terms.—THOS WILSON

Municipal Law Changes.

Hon. Mr. Hanna, Provincial Secretary, has introduced two bills which embody the work for this session of the Municipal Committee, of which he is chairman. They are a bill to amend the Municipal Act and a bill to amend the Assessment Act. Many said Mr. Hanna, were but minor amendments, but others affected clauses which had frequently been the subject of discussion in the House. Among these was section 606 of the Municipal Act, relating to the liability for accidents caused by defects of municipal highways. There had been an unanimity in the committee as to the need of remedying the present situation, but some difference of opinion had occurred as to what the remedy should be. The present section also agreed, did act as a hardship upon the municipalities. When it was first enacted, it did not receive the same interpretation as it received today. At first some had taken the view that the liability of a municipality, but no one in view of recent decisions, would urge such an argument in court now. The amendment would provide that the municipality would not be liable unless notice of the defect which caused the accident had been given to the municipality a sufficient time before the accident to allow for the repair at the defect.

A MOTHER'S MESSAGE TO MOTHERS.

What Zam-Buk Did For Her Child

"If this statement is the means of leading some mother to introduce Zam-Buk to her home, I shall be very glad." So says Mrs. K. Watkins, of 26 Forgue Avenue, Montreal, and continues: "My boy, Walter (9), while attending school, contracted some sores. These spread, and became so bad that some of them on the heel and ankle made it almost impossible for him to walk. I used various ointments, but the sores persisted. One day Zam-Buk was recommended, and we got a supply. It seemed to take the soreness out of the place to which it was applied right away, and the wounds began to heal. In about a week's time the sores which had defied other treatment, were completely healed, and there is now not a trace of sore on the body! I believe Zam-Buk to be the best balm ever produced."

When a mother rubs on to the delicate skin of children a balm of salve, she needs to be as careful as if she were giving a child an internal remedy. Zam-Buk is pure—free from all animal fat and all mineral matter, and may be applied with wonderful benefit even to the skin of young babies. Zam-Buk heals sores, cuts, eczema, spring skin eruptions, ulcers, ringworm, itch, barber's rash, blood poison, bad leg, salt rheum, abrasions, abscesses, cuts, burns, scalds, and all skin injuries and diseases. Of all stores and druggists at 50 cents, or from Zam-Buk Co., Toronto, for price, 6 boxes for \$2.50. Baseball players and athletes find it the best embrocation.

Provincial Death Rate.

Returns from 765 division registrars to the provincial board of health, show that out of a population of 2,128,320 or 98 per cent. of the inhabitants of the Province, the total number of deaths during February were 2,750, or a rate of 13 per thousand. The number of cases of contagious diseases reported is 93 less than in February, 1906, and the number of deaths are 32 fewer. There was a reduction in the number of deaths from scarlet fever, diphtheria, consumption and whooping cough. Of typhoid fever the number of cases reported was 277 less than in 1906, but the number of deaths was the same, indicating that many cases were not reported. There were 21 more instances of smallpox brought to the attention of the department.

A Suggestion of Rare Value.

A diseased condition of the sinuses of the air passages causes bad breath, and more commonly emanates from indigestion or an impure condition of the blood. Thousands of cases prove that Dr. Hamilton's Pills through their specific action on the secretory and eliminative organs, not only cure bad breath, but so thoroughly purify the system that anything suggestive of blood or digestive troubles is impossible. Through Dr. Hamilton's Pills the skin grows rosy and clean, activity of the bowels is restored, and a bounding health is established, sold everywhere in 25c boxes.

Technical Terms.

The Sunday school lesson has been on Moses, and when the time for summing up came the teacher asked, "What was it that Moses received on the mountain?" A nice little boy confidently answered, "A pill."
"A pill?" repeated the bewildered teacher. "What kind of a pill, Tommy?"
"Oh, a very hard pill. A stone pill," was the reply.
Then suddenly an understanding came to the teacher, for she remembered that Tommy's father was a druggist, and also that she had told the children that Moses had received a stone tablet!

Almost Dead of Bronchitis.

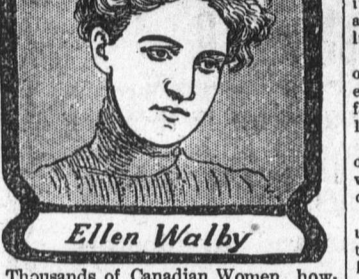
Few people have suffered more than Jno. P. Taylor, of Dymont, P. O., Ont. Today he is well and writes,—"I must tell you how much Catarrhine has been to me. I was so bad with bronchitis sometimes I thought it would soon be over with me. A spell of choking would come on that left me prostrated and weak. Since using Catarrhine I have had no trouble at all. It strengthened my throat, stopped the cough, gave me free breathing and entirely cured me. Just the usual experience. Catarrhine invariably cures whether Bronchitis, Asthma or Catarrh. Two sizes, 25c and \$1.00 at all dealers.

PAINS

CANADIAN WOMEN FIND RELIEF

The Case of Ellen Walby is One of Thousands of Cases Made by Lydia E. Pinkham's Vegetable Compound.

How many women realize that it is not the plan of nature that women should suffer so severely?



Ellen Walby

Thousands of Canadian Women, however, have found relief from all monthly suffering by taking Lydia E. Pinkham's Vegetable Compound, as it is the most thorough female regulator known to medical science. It cures the condition which causes so much discomfort and robs these periods of their terrors.

Women who are troubled with painful or irregular periods, backache, bloating, (or flatulence), displacement of organs, inflammation or ulceration, that "bearing-down" feeling, dizziness, faintness, indigestion, nervous prostration or the blues, should take immediate action to ward off serious consequences, and be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Pinkham, Lynn, Mass., for further free advice. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising women free of charge. Thousands have been cured by so doing.

FARM DRAINAGE

Ontario Agricultural College Will Undertake Surveys if Requested.

During the past two seasons the department of physics, Ontario Agricultural College, has been endeavoring to emphasize the importance of under drainage and arrangements have been made whereby our services are available to anyone wishing advice on matters relating to drainage. We have full equipment for drainage survey work, and, when requested, visit a man's place, survey his land, give him a map showing elevations of all parts surveyed, together with location of drains, their grade, depth, etc. There is no charge made for this work, except the travelling expenses of one man, consisting of railway fare, meals and cartage of instruments. These expenses are very light, as arrangements have been made with the railway companies, whereby we can travel at one cent a mile each way, i. e., a man living fifty miles from Guelph would have an outlay of \$1. for railway fare and 25 or 50 cents for cartage; one living one hundred miles away, an outlay of \$2 for railway fare and 25 or 50 cents for cartage and so on.

Yours very truly,
WM. H. DAY,
Lecturer in Physics.

Sinking Sensations in the Stomach.

Do They Affect You?

These unpleasant feelings of weakness and collapse indicate that the sympathetic nervous system is out of order. The cause is impairment of nerve tone, arising from failure of the stomach to perform its work.

Acute indigestion follows and the natural result is mental depression, and a feeling of collapse and extreme weakness. The best, because the quickest and surest cure, is Ferrozene.

It acts at once upon the digestive and assimilative organs—it fortifies the stomach—makes the blood nourishing, gives it a rich, red color, the best evidence of health. "For ten years I suffered acutely from stomach trouble," writes Mr. Maxwell Thompson, of Toledo "I always had a headache, and dull feeling after meals. My appetite was poor, and I didn't relish food. It was all due to a weak, defective stomach. I read about Ferrozene and ordered six boxes from my druggist. It was no time at all before I felt much better, and when all the Ferrozene was used I really took a new lease of life. I am stronger, brighter, and feel more like work than before trying Ferrozene. It is a splendid tonic, the best I ever used."

Ferrozene is unrivalled in curing stomach ailments, try it and be convinced. Sold by all druggists in 50c. boxes.

Last Friday C. McLean, reeve of Forest, P. O., Graham, deputy reeve of Warwick, and A. Darvill, reeve of Brooke, were in Alvinston and met a similar delegation from Middlesex in reference to two bridges over the Sydenham river. It was decided to build both bridges at once.

BOSANQUET COUNCIL.

Council met on the 1st inst. Members all present. Minutes of previous meeting read and confirmed. The engineer's report for the repair of the Duffus drain outlet was read and adopted and a by-law provisionally adopted. The by-law for the repair of Shawana drain on lots 15 and 16, con. 11, and the by-law for the construction of Wilcock's drain were finally passed. A by-law was passed taking lots 11 and 12 in the 15th and 16th cons. w p 72, 73 and 74 L. R. W. con., and lots 72, 73 and n 74 L. R. E. con., from polling sub division No. 4 and adding them to polling sub division No. 6. The Reeve and Russell, and the Reeve and Melville, were appointed commissioners on the Shawana and Wilcock's Drains, respectively. The Reeve and Mr. Fraser were appointed commissioners to have the Rawlings drain repaired.

Russell—Fraser that the Reeve issue his order in favor of A. S. Code for \$36, report, etc., Wilcock's drain, and \$37, report, etc., for repair of Shawana drain on lots 15 and 16, Con 11, to be charged to the drains.

Russell—Wight, that the Reeve issue his order in favor of the Clerk for \$50 and pay witnesses in re Shawana drain, charged to drains.

Wight—Fraser, that an order be given in favor of James Ross for \$15, for damage to buggy on con. 2 by being upset into Decker Creek.

Russell—Fraser, that the Clerk be, and he is, hereby instructed to have notices posted up, and published, as required by statute, that this Council intends at its next sitting to pass a by-law closing up the Ridge Road running through lot 13 con. 10, and providing for the disposal of its claim and interest thereto to the owners of said lot 13 and that all parties whose lands may be prejudicially affected shall be heard at the opening of the said Council meeting. The road commissioners were authorized to procure gravel for the roads for the current year.

Council adjourned to meet on Monday, May 6th, at 10 a. m., as a Court of Revision on the Duffus by-law, and at 1 p. m. for general business.

G. W. SUTHERLAND, Clerk.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.
Sold by Druggists, price 75c.
Take Hall's Family Pills for constipation.

The Institutes.

These farmers' institutes are a great scheme. They are certainly a soft snap for the talented gentlemen who perambulate through the county at this season of the year, teaching your grandmother how to feed ducks.

It would touch the heart of a stone to see a hall full of horny handed sons of toil listening to a professor at so much per day and his expenses teaching them how to carry buttermilk to a hog or listening to the startling information that oats are good for horses and turkeys furnish a delightful ration for cows.

At the evening seance a real cute fellow from some obscure village in the far end of the Province will tell the women that hens won't lay unless you feed them—and who could blame the hens.—Star.

Growing old Before Your Time.

Broken in spirit, weak in body, nervous and discouraged. Something is wrong, and each day sees you falling away. Just one thing to do—Build up. To do this, use Ferrozene. What a tonic it is! Appetite, why it makes you eat tremendously. Digestion, indeed you will. Rich red blood will carry nourishment to every corner of the body, tired organs take on new life, color, spirit and ambition are restored. Perfect manhood and abounding health is the unfailing product of Ferrozene—try it, 50c per box everywhere.

Largest on the Lakes.

Plans for the new passenger steamer for the Cleveland & Buffalo Transit Co. were practically decided on at a conference Monday between General Manager Newman, of the Cleveland and Buffalo line, and Frank H. Kirby, the marine architect, of Detroit. Mr. Kirby will work out a few minor details, when shipbuilders will be asked for bids. It is expected that the contract for the construction of the new boat will be let within the next few days. It will come out July 1, 1908, and will cost about \$1,250,000. It will be 475 feet long and ninety-seven feet beam. Largest on the Lakes.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cresolene—they breathe it.

Mr. Russell Foster, who has held the position of baggageman at the C. T. R. depot Forest for several years, has resigned, and will leave for Edmonton in the course of a week or two. He left Tuesday afternoon to spend a few days at his home in Granton and will return to Forest before leaving for the West.

"TIS WELL TO KNOW A GOOD THING, said Mrs. Surface to Mrs. Knowell, when they met in the street. "Why, where have you been for a week back?" "Oh, just down to the store for a bottle of Dr. Thomas' Electro-Oil," and Mrs. Surface, who has been punning, walked on. But she remembered, and when she contracted a weak back there was another customer for Electro-Oil. m

Tudhope Carriages

We don't ask you to buy. We do ask you to SEE the Tudhope Carriages.

We will show you just the style of carriage you want for the road—for every day use—and for the family. Tudhopes make them all.

And remember, too, that Tudhope Carriages are guaranteed by the best known makers in Canada. Jno. Mckercher, Watford

Schlemmer's Music Store

BELL PIANOS.

Call and see the list of users in your neighborhood, and hear their opinions of them.

Sell and Sherlock-Manning ORGANS

None Better, and Few Equals.

I Sell Sewing Machines

as low in price and superior in quality to any that can be purchased elsewhere.

A LARGE STOCK OF Violins, Guitars, Mandolins, Harmonicas, Sheet Music, in stock and to order.

Sole Agent for VICTOR and BERLINER GRAMOPHONES.

H. SCHLEMMER, OPPOSITE SWIFT BROS

Constipation

Baked sweet apples, with some people, bring prompt relief for Constipation. With others, coarse all-wheat bread will have the same effect. Nature undoubtedly has a vegetable remedy to relieve every ailment known to man, if physicians can but find Nature's way to health. An' this is strikingly true with regard to Constipation.

The bark of a certain tree in California—Cascara Sagrada—offers a most excellent aid to this end. But, combined with Egyptian Senna, Slippery Elm Bark, Solid Extract of Prunes, etc., this same Cascara bark is given its greatest possible power to correct constipation. A toothsome Candy Tablet, called Lax-ets, is now made at the Dr. Shoop Laboratories from this ingenious and most effective prescription. Its effect on Constipation, Biliousness, Sour Stomach, Bad Breath, Bloating, Complexion, etc., is indeed prompt and satisfying.

No gripping, no unpleasant after effects are experienced, and Lax-ets are put up in beautiful lithographed metal boxes at 5 cents and 25 cents per box.

For something new, nice, economical and effective, try a box of

Lax-ets

T. B. TAYLOR.

NORTH END BAKERY.

We keep everything to be found in a first class bakery.

We sell the best makes of the leading confectioners.

We can get you up a wedding cake equal to Webb's.

— X X —
Delicious Ice Cream and Summer Beverages.

— X X —
ALL THE LEADING BRANDS OF CIGARS IN STOCK.

— X X —
FRUITS IN SEASON.

S. E. THOMPSON.