## At the Movies Last Night

week.

"Sixty Cents An Hour," starring wafter Hiers, the newest "big" comedian, is replete with humor of the most entertaining kind, and is free from slapstick comedy, making than agreeable change from the management of the best which this actor has yet the management of the service.

"Sixty Cents An Hour," starring tor, and last, but not least, Mix's famous horse, all furnish action, which might also be another name for the picture. Mix is supported by Claire Adams, and the film is one of the best which this actor has yet least the service of the service. it an agreeable change from the ma-jority of comedies. Walter Hiers In addition to the theatre there is ing \$8 a week, which is cut to \$6. He is in love with the daughter of a bank president, but does not seem to make any headway towards getting ing to the fore and has been seen in rich. He loses his job and is appointsome good pictures recently. ed watchman of the bank, eking enough out to make a splurge once a week by renting a car. The bank is robbed and the fun begins. The ending is good, and the whole picture is one that will chase dull care away from the most confirmed pessimist. Mary Miles Minter in "Drums of Fate" is the other offering. The story

deals with a picture courtship, the two most concerned not seeing other until two years after they had fallen in love with each other's photographs. How they meet and are man ed, to be separated again the mornafter the marriage and not re ted for several months, is a story at is interesting and entertaining. Minter is at her best in the lead nd is supported by a strong cast. pictures seem to be the ruling the Allen of late and long may it

## "Second Fiddle."

Another real good offering, both of vaudeville and pictures, has been secured by Manager Jackson at Loew's Theatre for the last three days of the

of the three turns offered it is hard to pick the real headliner, but each one is outstanding for some one feature. Lucy Gillet and Company offer ture. Standard Time.) a novel juggling and balancing act that is in a class by itself. Their setting is Dutch in theme, and the costuming also. A dance in the wooden "sabots" is cleverly performed. Mack and Salle furnish the real surprise of the evening. Gorgeous costumes are worn by one of the pair and the act embraces songs and Mack is a former boy, McGinnis by name, and he possesses a pleasing voice. Salle is female impersonator, and one of the best ever seen here. The last offering. Stuts and Brigham, furnish the comedy of the evening. Laughs galore greet their chatter and antics and three encores were answered by them before the audience was satis-

"Second Fiddle," starring Glenn Hunter, is the feature picture, and is a gripping and entertaining drama.
The eternal triangle, two boys and a girl, is the theme of the play, but the manner in which this question is treated is unusual. Several spots in the picture are quite spooky, and the audience is kept on the edge of their seats until the final closeup. The ending also is new, as the happy couple do not fade away in the dislocked in a fond embrace. real rain and electric storm is also introduced, the photoplay in these scenes being excellent. In addition to an interesting Pathe pictorial, there is a really funny com-edy, entitled "Hello Pardners."

"Stepping Fast." Tom Mix, the famous star of Wil-am Fox pictures, is continually add-2:00 p.m.—News and sport bulleliam Fox pictures, is continually addnew role in each of his pictures. In "Stepping Fast," now being shown at the Patricia Theatre, Mix succeeds in being shanghaied on a boat sailing to China and is forced to act as a stoker. It all started over Tom being informed as to the whereabouts

# PAU PACIFIC FROM MONTREAL

26|Sept. 20|Oct. 18| ......Marloch 30|Sept. 27|Oct. 25| .....Metagama 13|Oct. 11|Nov. 8| ......Marburn To Liverpool.

A.ig. 31 Sept. 28 Oct. 26 .... Montrose
Sept. 7 Oct. 5 Nov. 3 ... Montlaurier
Sept. 14 Oct. 12 Nov. 9 ... Montcare
Sept. 21 Oct. 19 Nov. 16 ... Montcare To Cherbourg, Southampton, Aug. 29|Sept. 26|Oct. 24| ... Sept. 12|Oct. 10|Nov. 7| ... Sept. 12/Oct. 10/1000 Person Hamburg.
To Cherbourg, Southampton, Hamburg.
Sept. 15/Oct. 13/1...\*Empress of France
Sept. 22/Oct. 20/1...\*Empress of Britain
Sept. 23/Oct. 27/1...\*Empress of Scotland
(\*From Quebec only.)

> AROUND THE WORLD AROUND AMERICA To the MEDITERRANEA, I And Two to the West Indies H. B. BEAUMONT, Gen. Agent, Pass. Dept.

FIVE MAGNIFICENT CRUISES

NEXT YEAR

1 King St. East, Toronto. UNARD

### ANCHOR ANCHOR-DONALDSON FROM MONTREAL. To Glasgow, Aug. 31, Sept. 28, Oct. 26 ....Athenia Sept. 7, Oct. 5, Nov. 2 ....Saturnia Sept. 14, Oct. 12, Nov. 9 ....Cassandra

To Plymouth, Cherbourg & London. Aug. 25, Sept. 29, Nov. 3 .....Ausonia Sept. 8, Oct. 6, Nov. 10 ......Andania Sept. 15, Oct. 20, Nov. 24 .....Antonia FROM NEW YORK. 

Sept. 8 ..... Carmania To Cherbourg and Southampton. To Plymouth, Cherbourg & Hamburg. 

To Plymouth, Cherbourg & London.

Sept. 29, Nov. 10

To Londonderry and Glasgow,
Sept. 1, Sept. 29

Columbia
Sept. 12, Oct. 9

Cameronia
FROM BOSTON.

To Liverpool and Queenstown.
Sept. 20

Scythia
Sept. 6, Oct. 4

California
To Londonderry and Glasgow.

Sept. 12

California
Calis at Halifax following day.
Full Information
THE ROBERT REFORD CO., LTD.

To Londonders, Agenta.

California
The Robert Reford Co., LTD.

Miss Stella Forsyth.

Coln" and "Teddie Roosevelt" were simply delighted at meeting so many old friends. "Murf," a groom-to-be, arrived looking very happy and show-ered his bride with confetti. Shortly after this a balloon was seen to float softly across the room and stop directly over the bride-to-be show-ering her with all kinds of beautiful gifts. Following this a very dainty lunch was served by the hostess, who was assisted by Mrs. Fred Harrison, Mrs. (Capt.) C. Stonehouse, Mrs. Irwin, Mrs. H. C. Stonehouse and Miss Stella Forsyth.

"Sixty Cents An Hour."

Two feature pictures are offered at the Allen Theatre for the amusement of its patrons the last half of the week.

"Sixty Cents An Hour."

of a gold mine, and the adventures which he has to go through are many. Shanghaied, mixed up with a band of international criminals, hand-to-hand fighting, a racing movered.

## Radio Programs

SATURDAY, AUG. 25. CFCA-Toronto Star-400 Metres.

(Daylight Saving Time.) 12 noon-Weather forecasts. Openstock markets. 2:30 to 3:30 p.m.—Grain, produce and dairy markets. News items.

Music. 5:30 to 6:00 p.m.—Closing stock markets. Late news. 7:55 to 8:00 p.m.—Baseball scores. 8:00 to 9:00 p.m.—Concert program. WGY-Schenectady, N.Y .- 380 Metres

(Eastern Standard Time.) 11:55 a.m.—Time signals. 12:01 p.m.—Stock market report. 12:10 p.m.—Produce market report.

12:17 p.m.-Harvest weather fore-12:20 p.m.-Weather forecast, Silent

11:30 a.m.-Music. Weather fore.

cast. 11:50 a.m.—Market reports. 11:55 a.m.-Time signals. 2:00 p.m.-Concert. 2:15 p.m.-Baseball scores. 5:00 p.m.—Baseball scores. 5:15 p.m.-Dinner concert. 6:00 p.m.—Baseball scores, 6:05 p.m.—Dinner concert. 6:30 p.m.—"Bringing the World to America," prepared by "Our World."

6:45 p.m.—The children's period. 7:00 p.m.—Baseball scores. 7:05 p.m.-Address. 7:20 p.m.—Concert. 9:00 p.m.—Baseball scores 9:55 p.m.-Time signals. Weather

KYW-Chicago-345 Metres. (Central Standard Time.) 8:30 a.m.-News and market com-

nent. 9:00 a.m.—Market reports. 9:30 a.m.-Financial news and 9:58 a.m.-Time signals.

10:00 a.m.—Weather report. 10:05 a.m.—Market report. 10:30 a.m.-Market news and com-10:35 a.m.-Table talks. 11:00 a.m.—Market reports. 11:10 a.m.—Market reports. 11:20 a.m .- Stock reports. 11:30 a.m.-Financial comment and

news bulletins. 1:15 p.m.-Financial comment and news bulletins. 1:30 p.m .- Closing quotations, Chi-

3:00 p.m .- News and sport. 3:30 p.m.-News and sport.

00 n.m.—News. 5:30 p.m.-News. Market and sport 5:50 p.m .- Children's bedtime story. 7:00 to 7:58 p.m.—Musical program. 7:58 p.m.—Time signals.

8:00 p.m.-News and weather re-8:05 p.m .- Under the evening lamp. WBZ-Springfield, Mass.-337 Metres. (Eastern Standard Time.)

Market reports. 6:00 p.m.—Baseball scores. Dinner concert by the Hotel Kimball Trio.

6:30 p.m.-Bedtime story for the 6:50 p.m.-"Bringing the World to 6:50 p.m.-This week's "Judge."

7:00 p.m.-Baseball scores. Musical 8:00. p.m.—Baseball scores. Bedtime

story for grown-ups.
10:00 p.m.—Time signals.

WWJ-Detroit-400 Metres. (Eastern Standard Time.) 9:30 a.m.-"Tonight's dinner" and special talk.
9:45 a.m.—Public health service

10:25 a.m.-Weather forecast, 11:55 a.m.—Time signals. 12:05 p.m.—Orchestra. 3:00 p.m.-Concert broadcast from Belle Isle Park. 4:00 p.m.-Weather forecast

4:05 p.m.-Market reports. 5:00 p.m.—Baseball scores. 7:30 p.m.--Concert broadcast from Belle Isle Park. HOLD SHOWER IN HONOR

### OF MISS MABEL ZAVITZ Special to The Advertiser. Wallaceburg, Aug. 23.-A very jolly

shower was held at the home of Mrs. H. A. Stonehouse, St. James street, in honor of a bride-to-be, Miss Mabel Zavitz. About forty-five girl friends of the guest of honor assembled in costumes representing many of the most noted men and women of past and present periods. The colored butler (Mrs. Mae McDougall), admit-ted the guests, and announced their arrival to the hostess and the guest of honor. Among the various groups were noticed: "King George" and the "Prince of Wales" chatting in a very friendly manner with "Maggie" and "Jiggs." much to Maggie's delight. Two ladies of the early 40's looked on with dismay at the loving glances that "Mackenzie King" was dividing between the "Queen of Hearts" and a sweet little "School Girl." "bloyd George" and "Kaiser Bill" spent a pleasant hour talking over old times.
"The Gipsy Girl" was kept busy telling the fortunes of "Minnie Ha Ha"
and a "Country Cousin." Many guests came from "The Houseboat on the Styx." and it was remarked how friendly "Sir John A. Macdonald" and "Sir Wilfrid Laurier" were as they talked together. "Mar-tha Washington," "Abraham Lin-coln" and "Teddie Roosevelt" were

BEST GOODS AT LOWEST PRICES. Pail ...... 65c 

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100 lbs., \$9.75 \$1.00

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1-lb. tin LJC

Machine Sliced

SPECIAL SALMON Maple or Clover Leaf-1s, 1/2s, a 47c tall tins ...... 45c ½s. per 24c Tiger or Eagle Brandchoice Red Fish- 1s, Clark's Potted Meats, 25c 14c tin ..... Clark Corned 33c Rich Pink, Beef, 9E

COMFORT

SARDINES Jutland-3 Tins 25c Brunswick-4 Tins 25c

SHORTENING

Carnation Large, 13c tin Small, 10 3 Tins 1JC

Machine Sliced Breakfast Bacon, lb. 35c

Pork Specials

Spare Ribs ...... 121/2c lb.

Fresh Hocks ......8c lb.

Pork Kidneys ..... 10c lb.

Sweet Bones ........5c lb.

3-lb. Pail Pure Lard ....55c

RASPBERRY

3 PACKETS

29c Bottle. Special Quaker Corn Flakes

FOR ..... 25c Finest procurable. Our Teas are good. 63c Special blend, lb.... RICHMELLO 75c Crown Brand Corn 39c CROWN SEALERS

Pints, per dozen .... \$1.09 Quarts, dozen ..... \$1.19 lade, 4-lb. tin..... 67c Shirriff's Marma-Half Gallons, doz.... \$1.69 Rubber Jar Rings ...... ....... 3 dozen for 25c Peanut Butter. beach pail ...... 25C Parawax, 2 lbs. for 25c PALMOLIVE SOAP. 2 CAKES 8c With each Coupon presented .....

## Common Sense Is Safety First A Little Goes a Long Way

More Die From Overeating Than From Undernourishment, Say Experts.

common or horse sense is the chief safeguard which stands sentry over the gate of all human ills that have their origin in the consumption of the middle of New Ontario."

The good doctor sighed. "Well they

modestly affirmed that they "really they've got to listen to mother knew very little about it all," and go easy on the eats. Bac

years they don't know, then they are not giving themselves a chance to feel well and stay young. As for the young people, who ever heard of them having any digestive trouble, unless it was after the night be-fore, or after one of those all-night dances on ice creams and lemonade, and then they deserve to feel a little off color in the morning."

Another expert in the art of assimilation thought that staying young was simply a question of what one eats. "I'm not a faddist particularly, he said, "and I'm not a vegetarian, but I think a good deal too much meat is eaten, and for that matter there is too much eating of pretty nearly everything on the list. I know that more people die every year from overeating than from undernourish-

obviate that stiff, stodgy feeling that fogs the footsteps of so many men when they first get back from their annual holiday. His answer courte-

ous, was something like this:
"Oh, you mean that overdone kind
of feeling that is part of the average holiday? Yes, now you've got hold of something I know all about from personal experience. It's just hoggishness, even if I do say it, who shouldn't. People go out into the hills and the bush and paddle a great big canoe all over half the American continent for six weeks, cating five or six meals a day, and then when

We Lead; Others Follow Place your orders early for genuine home-made delicacies.

Miss A. Willits

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Is Appetizing, Nourishing

Digestible.

Brighton's O. K. Whole Wheat Bread Is recommended by doctors for its nutritiousness.

Raisin Bread Is delightful for a change. Get them from your grocer or have them delivered from the plant.

Sun Maid

**BRIGHTON'S** O. K. BAKERY 479 Emery. Phone 2160.

**Beef Specials** 

Pot Roasts ...... 121/2c lb.

Oven Roasts ...... 15c lb.

Rump Roast ......20c lb.

Steak Roast ......23c lb.

Rolled Ribs .........30c lb.

5-lb. Pail Shortening ... 85c

After consulting some half dozen they come back to home and the ofdietitians and food experts and pharmalogical chemists in London, The
Advertiser discovered that ordinary
and good red herring, so to speak, common or horse sense is the chief with no more reaction than when

can't, that's all. If they want to Men of science with a long row feel bright and smart and up on of degree letters after their name, the bit of commercial progress, and go easy on the eats. Back to the that if people would only "use discre-tion" as Jeff would say; they would to the 'ham and,' and the slab of pie. have no dietary troubles on their That way lies salvation as far as they mind or in their "tummies." are concerned." So that's, that.

"It's this way," one of them de- Blessed are they who have one of clared. "the grownups ought to know very well by experience what they can eat with impunity. If after 40 or 50 and the greatest of these is common sense.

> ANSWERS TO FOOD QUESTIONS. Answers to readers' questions regarding diet will be given by Winlfred Stuart Gibbs, food specialist, writer and lecturer on nutrition. Questions should be accompanied by a self-addressed, stamped envelope, as only those of general interest will be answered in this column; others will be answered through the mail.—Address: Winifred Stuart Gibbs, 39 West 37th street, New York City.

7. ...is cm mf mf f wy ptaolenmfw; My wife says that it is bad for me o have a conference every day at lunch time; says the close applica-tion to business while eating is not good for the digestion. Is she right?

West 37th street, New York City.

-H. R. Your wife is quite right in cautionof the test tube and the retort was asked if there was any routine of diet which if followed punctilliously would uncheon conference habit. It has been said that two-thirds of the business said that two-thirds of the business of the present day is transacted around the luncheon table. Be that as it may there is little doubt that businessmen do suffer from conference-indigestion, although they may in the stomach and brain at the same time and naturally it rebels at times at doing double duty. Will you give me a recipe for fig pudding?—A. M. M.

Fig Pudding.

1 cup stale bread crumbs

cup flour teaspoons baking powder 1/8 teaspoon salt

½ cup sugar ¼ cup oleomargarine eggs 114 cups milk tablespoon orange peel

1 cup chopped figs Combine dry ingredients, add beaten eggs and milk. Melt oleomargarine and add it with the orange peel.

Mix in the figs last. Pour into greased molds and steam one hour.

Makes eight dishes of pudding. Use

a plain vanilla sauce for this pudding. Spaghetti With Tomato Sauce. 1-4 lb. spaghetti.

1 slice onion. 2 tablespoons butter. 2 tablespoons flour. 1-4 teaspoon salt. 1-8 teaspoon pepper 1 pint can tomatoes or 2 cups fresh stewed tomatoes. Cook onion with tomatoes fifteen

minutes. Rub through a strainer. Melt butter; stir in flour and season-ings and when well blended add tomato juice. Cook spaghetti in boil-ing salted water until tender. Drain and pour tomato sauce over it. Sprinkle cheese on top if desired. Macaroni and Cream Tomato Sauce 2 cups cooked macaroni.

1 pint strained tomatoes Cook macaroni in boiling salted water. Make a thick white sauce of 1 tablespoon butter, 2 tablespoons flour, 1-2 cup milk; add 1-8 teaspoon soda to tomatoes (this pre-vents curdling) and mix all together Season to taste. Pour over macaron

tobacco leaf is put through chemi-cals which produce every conceivable shade and appearance; wrappers are ironed until perfectly smooth, and mild smokes are chemically produced for those who desire them.

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Home-made Sausage.... 23c | Cambridge Sausage.... **Steaks** Bacon Green 38c Break- 35c Sirloin, 30c Shldr., 20c Smok'd 45c Smok'd 32c Round, 25c H. Stk., 12/2 per lb. 25c Per lb. 12c. Pure Lard, 55c | Shortening, 50c | Tea, per pound...

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eties for Saturday. We have added a few wanted lines to our stock. Phone your orders. Our delivery covers all

parts of the city. Kippers, Bloaters, Halibut, Fresh Cod, Whitefish, Lake Trout, Haddies, Fillets, Steak Salmon, Flounders

and Pickerel. Poultry - Ducks, Broilers,

Fowl. (We truss them free.)

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POTATOES, 39c | SARDINES, 25c TEA, per lb. 65c CORNFLAKES -APPLE and RASP-BERRY JAM 49c GRAN. SUGAR -10 Pounds 99c LAUNDRY SOAPS ORANGES, Regular SHORTENING -40c. Per ... 31c 14 Bars \$1.00 PORK AND BEANS CORN SYRUP -RED SALMON-1-lb. Tine.. 10 for \$1 TOILET PAPER. PASTRY FLOUR — F.C. BAKING POW-24-pound 89c DER, 22-oz. 35c 6 for 25c

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Smoked Side Bacon, Fresh Side Bacon, | C Spring Lamb by the 28c by the piece..... by the piece..... piece..... Leg Lamb ......38c Loin Lamb ......35c Breast Lamb .....20c Rolled Beef ......15c Shoulder Lamb. . 32c Beef Cuttings.... 10c Smoked Ham ....32c Shoulder Roast Pork (whole or half). Hamburg Steak . 2-25 Steak Roast Beef 23c Cottage Rolls ....30c Ham Roast Pork. 28c Shoulder Roast Beef Peamealed Bacon, Loin Roast Pork .. 32c Leg Mutton .... 30c Cooked Pigs' Feet Loin Mutton .....25c .35c Stew Veal ......10c Breast Mutton .121/2c Pigs' Feet, dozen ..15c Shoulder Mutton . 20c Breast Veal .... 121/2c Rump Roast Veal 25c Stewing Mutton .. 10c (fresh or pickled) -SUNDRIES-

65c | 4 lbs. Pure | 80c | 4 lbs. Apple and 50c | Shortening, lb....... 15c 5 lbs. Pure Booth Operators at the Fair, Get Our Prices on Hot Dogs.

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Stew Veal ..... 10c lb.

Shoulders, Veal ..... 15c lb.

Extra quality Corned Beef . .

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Pickled Hocks ......6c lb.

Pickled Beef Tongues. 30c lb.

Peamealed Rolls .... 28c lb.

Peamealed Back Bacon ....

...... 35c lb.

5-lb. Pail Pure Lard ... 85c

Smoked Picnic Hams, while they last ...... 20c lb.

10 Cans Pork and Beans for .......\$1.00 | Quart Bottles Catsup ............25c Heinz's Tomato Soup, 2 for ............25c | Large Cans Red Salmon .................25c

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