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SIDE TALKS.

By Ruth Cameron.

WAITING FOR THE CLOUDLESS DAY.

Were you ever conscious of feeling vaguely blue without knowing just why? And then have you searched around in your mind for the cause and found that some little annoyance way down in your subconscious mind was causing this discoloration of the surrounding atmosphere, this sense of depression?

Perhaps it was some sharp little thing a friend had said about you and that some other helpful (?) friend had repeated to you. Perhaps it was a fear that something about your arrangements for a long coveted holiday might go wrong. Perhaps it was your feeling that your new frock was not quite so pretty as your neighbors and that you might have done better if you had gone to the shop she went to.

We'll Never Be Happy At All. Whatever it was, it was probably small in itself. The kind of thing that must come to all of us day after day. The kind of thing that, if we are to let it spoil our happiness, will prevent us from ever being happy at all. Consider the loveliest days of summer. How often is the sky perfectly cloudless? Scarcely half a dozen times in the summer. Yet there are many wonderfully beautiful summer days, many days when, in spite of a few

small clouds here and there, one has a sense of perfect brightness and sunshine.

When we let little things get into our subconscious minds and give us a sense of depression we are letting one tiny cloud spoil a lovely day.

Don't Wait.

We are waiting for a cloudless day to be happy in. And we generally have to wait a long, long time.

Letting little things depress one is a habit one can shake off if one will appreciate the folly and the danger of it.

It seems to me the way to do this is never to let this inexplicable business remain unexplained. Find the little fear or annoyance or resentment that is at the bottom of it and then give yourself a mental shake and throw it out of your mind.

Remind yourself that there are enough real troubles in the world and that if one is to get any happiness out of the business of living one mustn't let little things have power over one. Smile. The physical act of smiling reacts on the mental state.

Take a Walk.

Take a good, brisk walk. Starting the blood to circulation briskly helps do away with depression.

Go talk with someone you like.

"Consider your mistakes." And whenever you think of the silly cause of this state of mind, say to yourself: "Shame on you, if you can't have more courage and common sense than that."

Great Earthquake Regions.

Dr. Charles Davidson, Sc.D., author of "The Origin of Earthquakes," discussing the recent earthquake in Chile says:

Though few details have as yet reached this country, it is clear that the recent disturbance in Chile must be reckoned as one of the world's greatest earthquakes.

To be felt along the coast for more than 71,000 miles, to be strong enough to stop clocks at Buenos Aires, about 900 miles across the continent, the area disturbed by the earthquake must have far exceeded 2½ million square miles and have closely approached that affected by the destructive Chinese earthquake of nearly two years ago, probably the most extensive known to us.

In the study of an earthquake, great or small, the main point to be determined is the position of its origin. This will be definitely known as soon as the records from several distant observatories can be measured and compared.

In the meantime we have to rely on somewhat scanty data on our knowledge of the area of greatest damage, on the fact that the shock, as in so many other Peruvian and Chilean earthquakes, was followed soon after by a series of destructive sea-waves. The existence of such waves shows that not only was the origin submarine, but also that the earthquake was accompanied by a marked change of level in the ocean—by such a change as that first reported of 16,800 to 516 feet, but by one of some few feet only, the greatest known uplift in any earthquake being nearly 48 ft.

Where Greatest Danger Was.

The next point of significance is that the damage caused by the earthquake was most serious along a portion of the coast about 200 miles in length, reaching from Coquimbo northwards to Copiapo, the town that suffered most of all being Valparaiso, about half-way between these places. It is therefore probable that the origin lay some distance out at sea and in the neighborhood of a place directly opposite to Valparaiso. Along the margins of the Pacific Ocean are some of the most potent

earthquake regions in the world. Indeed, viewed on a large scale, the ocean seems to be almost engirdled by these regions.

There is one—large one—to the east of Japan, and, farther south, another which includes the Philippine Islands and the Malay Archipelago. On the other side of the ocean lies a third zone beginning in Alaska and extending south-eastwards.

A fourth reaches from a little north of San Francisco, covers Central America, and ends to the south of America, and to it belong the many earthquakes which in times past have ravaged the coasts of Chile and Peru. Out of every ten world-shaking earthquakes seven originate in the Pacific regions, which are exactly ten times as productive in great shocks as the corresponding regions of the Atlantic Ocean.

Troughs of Immense Depth.

The Pacific Ocean, unlike the Atlantic, is also remarkable in possessing narrow troughs of immense depth. Off the east coast of Japan lies the Tuscaraora Deep. Its greatest depth is 5½ miles, and below its western slope originate many of the greatest of Japanese earthquakes.

The deepest of all, off the island of Guam, is the Challenger Deep, which sinks nearly 6 miles below the sea level.

The coast of Chile and Peru are bordered by a series of these troughs—the Krummel Deep (4½ miles) off Arequipa, the Bartholomew Deep (4 miles) off Arica, the Richards Deep (4½ miles) off Copiapo, and the Haackel Deep (3½ miles) off Valparaiso and Santiago. It is along the sloping sides of these troughs that the most destructive Peruvian and Chilean earthquakes originate, and the centre of the recent shock will probably be found not far distant from the southern end of the Richards Deep.

What the connection between the occurrence of earthquakes and a steeply sloping surface may be is less clear than the fact that such a connection does exist. Most of our great earthquake regions are partly or entirely submarine. But there is one that lies on land, extending from Italy across the Balkan Peninsula to the Himalayas, in which two out of every ten worldshaking earthquakes originate.

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old pillow cases that have been bleached a very deep blue.

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—By Bud Fisher

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New Use For Wind

Up to within the last few years the windmill has remained pretty much the same and unchanged since prehistoric times. Recent has taken on a new and more development, assuming the form of a "wind turbine" for producing electricity.

In one form, as thus modified, a cylindrical arrangement of slats placed vertically and angled so as to catch the wind forms the outer part, which is and immovable. The wind, as it passes through the slats, causes the part to revolve, the latter is central axle set at top and upon ball-bearings.

Thus delicately poised, the part revolves in response to slightest breeze, and, as it drives machinery by which energy developed is converted into electricity. A windmill of this kind with three or more "stories" and one central shaft capable of delivering 300 horsepower (The old-fashioned type of windmills only about 17 per cent of the power of the air currents by its vanes. It is thoroughly scientific. In Denmark to-day wind constructed wind motors more than seventy horsepower a good wind.

The Danish wind motors, which are built on a principle different from that above described, have vanes resembling airplane propellers, somewhat flattened, these being usually of ash and five in number. A windmill of this type actually turns its vanes edgewise to the wind when the latter blows thus insuring the safety of the apparatus. In the other type the object is gained through the use of vertical slats, and thus a limit to the speed at which the wind of the contrivance can revolve.

Household Notes

In winter, thick white sauce can be made by the quart at a time. Cook well, and keep in a bowl in a cool place until needed. Tomato sauce is good with omelet. Thicken one can of tomato soup and season with pepper. Before using an enamel over the fire, rub a little oil over the bottom. Any soot that has been removed with paper.

World Wide

ARTICLE BY MRS. DAVID... I draw the attention of the fact, to the fact of a few article, perhaps in part of typist of the writer, thus rather vague resume. November ever stand out in the who last day in the city Philadelphia, from Penn. whose beautiful city from Hall. early morning for we were sum the afternoon session the Committee of the Christian Temperance quarters in the Hotel. wing Brooklyn and gives one the the faces, grave, for at that, having their way to the to pursue the daily in office or store—ted in two girls in summer, the who prove to be in certainly, but use of her time, a piece of empty flies the needle, smiles light up, atens to make her; seeing that, asled as to what a desired object, hindering umbra, a remark with a breezy chat, leaning on both s, sorry when we ansylvania Station, we are happy in friends. De er. At last we are tive places; the

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