

Look at Yourself

with the Doctor's eyes. If your tongue is coated and your breath offensive-your skin sallow or marred with pimples-if your bowels are irregular—if you are bothered with Stomach Trouble or Chronic Indigestion—then take what many doctors recommend-Abbey's Effervescent

For over a quarter of a century, Abbey's Effervescent Salt, taken in warm water, has been the

at Last.

CHAPTER III.

(To be Continued.)

"One bleak March night a horse-

he had appeared.

as I have heard it a hundred times.

Miss Lawley, you are quite pale, and,

surely, not weeping? How thought-

less of me. I might have known that

the cheerless place and the story

would have affected you. Pray-"

ness, he seized her arm.

And with self-reproachful eager-

"Forgive me! I am very foolish,"

she said: "but you told it too elo-

the church. No, stay; that is too dis-

mal after this. We will walk around

the village home, and finish the lions

CHAPTER IV.

Love's Bondage.

Nothing is better, I well think, Than love! the hidden well water Is not so delicate to drink.

Some men are weary of the bonds of

another day."

regular morning health-giver of ousands of people. Prepared in the laboratories of the Abbey

Effervescent Salt Co., Montreal, it is used all over Canada, because of its proven value in

correcting Constipation, Bilious-

ness, Indigestion, Headaches,

or Kidneys due

to excessive Uric acid in the

system, and in many forms of

Gout and Rhe-

Think, then, will it bring honor to thy The Mystery Solved If folk say, "Everything aside he cast, And to all time and honor was he dead?" -Atalanta's Prayer to Venus.

A WEEK passed rapidly, as it seemed to the inmates of the hall, for

man rode up the avenue along which To his son, Chudleigh, the days had we have just walked, and, dripping flown by with the speed happiness always lends time, for he was happy -happy with a strange inward joy, was Gerald Durant's order that no his own heart to unearth it immedistranger should pass the threshold of ately. So happy was he in those We must think of packing." the rectory. The horseman thrust a short December days, notwithstandletter into the servant's hand, and ing the cloud which hung over his fortunes, that he longed for them to

heart in the acquisition of her new friend, she was more prodigal of her noise, he returned, and found his dead. The contents of the letter no one ever knew, for all that remained

And Carlotta, whether she were dy Mildred; "another month. Long of it was a little heap of ashes in the happier than usual, her face and man-enough to dry a cathedral. Besides, ner did not chronicle. Always speak- the cottage has only been whitewash- Did you notice that, Chud?" ing in the soft-toned, musical voice, ed and repapered, or something of always ready to exchange serene, lov- that sort, has it not?" "Oh, lots of things; it's very damp indeed: very damp," said Chudleigh,

> to be affected by the sudden gleam of peace and prosperity thrown across Chud. Think how long I have been her path. Only to Sir Fielding did away, gadding about Have some serenely calm bearing ever vary; to fires lit all over the house, and-and

"You are in a great hurry to leave not declare her eagerness so openly.

"You know I am not," she said. "

her low, musical laugh grew hour by Maud, eagerly. "What should I do without you? And what would papa? to him about his authors, or find quo tations in his books. Oh, aunt, you must not go. It will be so lonely when you are gone, will it not, Chud? Chud said nothing; perhaps he did

She shook her head. nson, Bates & Co., a minute's pause, lifting her eyes for

ions for Carlotta, but after that first I will go with Lady Mildred."

some chance word of Carlotta always brought Maud with them, and the hall seemed strangely still and the sharp point of Cupid's dart, per- cheerful chatter and Carlotta's slowceived that Carlotta purposely plan-

"Back already, Chud, dear?" she thinking how lonely I should feel

should I? It is not likely they would

Maud, caressing his hand. "What do from a pleasant dream of a game of you think of Carlotta? Is she not skirt is made with a round yoke that beautiful, grandly beautiful?"

lite indifference, but there was an and has traveled so very much. My "Packing! Nonsense, aunt! That thing, while I envy her, I cannot help A SIMPLE DRESS FOR MOTHER'S the cottage is finished is no reason pitying her at the same time, can you,

> her father never of herself, and seems to shun the past so carefully. "Yes," said Chud. Mand looked up.

"Are you listening, brother mine? don't believe you heard or understood a word of what I have been saying."

"Yes, I have, little one," said Chud.

"What of?" said Maud. "Those horrible books and accounts the stew-

She laughed sweetly, as she stroked his strong hand with her tiny soft elbow length. The dress may be de-

(To be Continued.)



STURDY CHILDREN

Oxo Cubes mean health, strength and irrepressible vitality to the little folk, and an immense saving of time and trouble for mothers and nurses.

Oxo Cubes are also a splendid safe-guard against the little ail ments which give mothers such anxiety. A daily cup of Oxo during the long dark winter months will ward off many a chill, and lessen the danger of being exposed to damp, inclement weather. An Oxo Cube in a cup of hot milk is a nourishing and easily-digerted diet. For delicate and ansemic children it is invaluable.

a Cube to a Costo



haps the remembrance that he could see the cottage from the north turnet Fashion Plates

The Home Dressmaker should keep a Catalogue Scrap Book of our Pat-In a week's time they had gone, and tern Cuts. These will be found very useful to refer to from time to time.



ith sleeve in Either of Two Lengths. Novelty voile is here shown, with pique for collar and cuffs. The style is joined to the flaring skirt portions, brey, linen, linene, percale, lawn, dimity, gabardine, serge, taffeta, tub silk

The Pattern is cut in 6 sizes: 34, 36



1797-All wash fabrics are nice for ard is always bothering you about, I this, for the dress is easy to launder, suppose. Poor Chud; they are wor-and is easy to make. The right front overlaps the left at the closing. The overlaps the left at the closing. The sleeve may be finished with a band cuff in wrist length, or with a smart cuff turned back on the sleeve veloped in serge, cashmere, poplin or repp. It is nice for check and plaid suiting. The Pattern is cut in 4 sizes: 4. 6. 8. and 10 years. It requires 23/4 yards of 36 inch material for a 6-year

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Annua to take place i

Messages Rece Previous to

SERIOUS EXPLOSION

TIONS FACTOR LONDO The following official tion was issued to-night try of Munitions regret that an explosion occurr ing in a munitions fac neighborhood of London feared the explosion wa a considerable loss of 1

SATISFIED

LONDON The ministers at Athen tente are thoroughly sa the present attitude of Government in carrying tente demands, accordin grams received by the I ernment from Athens. Th the Venizelos adherents and a considerable nun reached their homes. The of Greek troops from Thes suance of the demands of Allies is proceeding ran stated here, and if the at Greek Government rema factory as at present th the normal relations bety and the Entente Powers

AMERICANS AMONG T

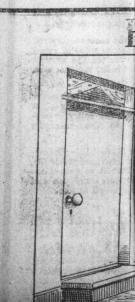
WASHINGTO Nine Americans were crew of the British steam dore, taken by the Ger and landed with other Pernambuco on the Jan Hudson Maru, Consular day reported that so far Americans were on the o

DEMAND BELGIUM AN ERN FRANCE. AMSTERDAN

Dr. H. Flegr, the naval the Reichstag, says Gener of Dusseldorf, in a speech aroused a storm of appla manding that Germany sl Belgium and the most imp of Northern France.

ENTENTE OFFICIALS RE

ATHENS. The Entente officials wh minister the Allied control have reached this city. comprise the British mil sion formerly charged wi organization of the Greek



Yea, and by some men lightly are thou During the week, Chudleigh had Stomach Was Very Bad **Much Dizziness and Pain** The Liver Got Out of Order and the Whole System Was Poisoned. When the course of the food cure by use of Dr. Chase's Kidney- the fire looking into the glowing through the alimentary canal is im- Liver Pills. peded by sluggish action of the liv- Mr. Louis Rochon, R. R. No. 11.

Oh, great one, some men love and are and the joyous echo of his heart to

earlier derangements of the disputements of the disputement of them above any doctor's medicines."

Dr. Chase's Kidney-Liver Pills, one pill a dose, twenty-five cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

with the adoration of love.

for he read no encouragement in Car-

feeling of happiness in her presence,

peded by sluggish action of the liver or bowels the food remains undigested, and as a result it ferments.

This gives rise to poisonous gases which crowd about the heart, and causes dizziness and choking sensations, as well as irregular action of the heart.

The liver struggles to remove the poisons from the blood, becomes enlarged, and finally fails, allowing the poisons to pass on to every part of the human system. Complications arise, and there is Bright's disease, hardening of 'the arteries and appohase's medicines and recommender

ta's smile, and before three days had few quiet words in admiration of the

lip and a sudden marked reserve which only served to deepen the mystery in which her life seemed wrap-

drawing-room, where Lady Mildred, Carlotta and Maud were sitting, and passing up to her ladyship's arm-

"I have just seen Chaffer, the decorator. He tells me the cottage is

"Eh?" said Lady Mildred, waking whist she was playing with a good hand and half crown points. "What cern, although he had only to search do you say, my dear Chud? The cottage finished? Carlotta, do you hear?

rippling laughter and sunny smiles a caged pigeon suddenly released than ever, and flitted through the old Besides, I could not think of allowing smile, though it is beautiful, is so house with her arm wound around the you to go for another—week," he was sorrowful and sad sometimes. Do waist of the beautiful Carlotta, like a going to say, but, in for a penny, in flash of sunlight leading the moon for a pound-"month-" "Nonsense Chud!" interrupted La-

leigh's, she looked as if she were too used to change, pleasant or otherwise, going for some weeks, at least."

him her manner was inexpressibly do anything of that sort you can think soft and tender. Her attention was of, Chud, there is a dear boy; so that absorbed immediately by him if he spoke to her; she would listen to his lotta and I-in three or four days." rambling, old-lore talk with her dark eyes fixed on his face, wearing an ex- the hall, aunt," said Chudleigh, with pression which Chudleigh would have a slight frown; then, walking over to one.

For, try as he would to ignore the "I hope Miss Lawley is not so anx fact, Chudleigh's heart was slipping jous to fly from us-at least, she will away from him fast, his knees were bending to the dark, queen-like form anxious yet smiling face. He struggled against it manfully,

lotta's eyes, but the strange thrill at shall not be far away, you know. We her chance touch, and the buoyant can see the north turret from the

> "Say you will stay another fortnight," continued Maud, going over good auntie, and let me have Carlotta

> "Carlotta can stay, my dear, if she likes," said Lady Mildred, graciously. Chudleigh looked up quickly. "Will you stay?" he said, eagerly.