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was the AL rookie of the year in 1975? Boy this team is old. And bad.

AL West

Oakland Athletics — The best hitting team in baseball also has some pitching to go with it. If you want to collect crushed baseballs, the Oakland Coliseum bleachers will be the place to be. Look for Mark McGwire, Jose Canseco, and Dave Parker to hit 30 round-trippers apiece.

Texas Rangers — They will be another club that will have four 30 dinge, hitters in their lineup. Look for Ruben Sierra to hit 40, while Larry Parrish and Pete Incaviglia are the others. Pete O'Brien ain't too shabby either. If they cut down their walks allowed by half (easier than it sounds; they had five pitchers with more than 90) they might beat the A's, 1989 Series winner.

Kansas City Royals — Another team that can hit. Question mark (Quiz

lies in bullpen which John Wathan says will be busy all year, due to four man rotation. George Brett will have another good year (Yawn).

Minnesota Twins — A very old pitching staff, and poor catchers keep these guys down. Not a great hitting club out of the Metrodome, they will get bombed by the first three teams on this list.

California Angels — Pitching must come through for them to have a chance. Can hit homers with the best of them and could surprise.

Chicago White Sox — Pitching's a joke, but like most of the western clubs, they can hit home runs. Ex-Trapper Greg Walker will shine this year, hitting for average and power.

Seattle Mariners — Weak hitting team in a slugger division. They hope that young pitching staff can silence opposition bats. Dick Williams should ask the Texas Rangers first. They found out last year it didn't work.

Stretch your brain: spring training trivia

It's time to get your trivial mind back into shape since its spring training. Here's some quizzers.

1. Who's managed for 25 years in the major leagues and never won a league title?
2. Who was the first manager of the Toronto Blue Jays?
3. What was the first park the Expos called home?
4. What AAA team in Canada did Jackie Robinson play for?
5. Name the pitcher who pitched two consecutive no-hitters.
6. Expo manager Buck Rodgers managed what American League team in the 70's and who replaced him?
7. What did both versions of the Washington Senators turn into when they moved west?
8. Where did the Seattle Pilots end up when they moved?
9. What manager said about his 1962 Mets, "Can't anybody here play baseball?"
10. What's the distance from the pitching rubber to home plate?
11. What year was the DH adopted by the American League?
12. What was "Three Finger" Brown's real first name?
13. What former first baseman was

- nicknamed "Scoop"?
 14. Who is the "Scooter"?
 15. Who played Babe Ruth in "The Pride of the Yankees"?

- Answers:
 1. Gene March
 2. Roy Hartsfield
 3. Jeff Park
 4. The Montreal Royals
 5. Johnny Vander Meer
 6. The Milwaukee Brewers, Harvey
 Kump
 7. Minnesota Twins and Texas
 Rangers
 8. Milwaukee
 9. Casey Stengel
 10. 60 feet 6 inches
 11. 1973
 12. Mort
 13. Al Rizzuto
 14. Phil Rizzuto
 15. Babe Ruth

Bill Mazeroski's Baseball
 AL East

1. Toronto Blue Jays
2. Boston Red Sox
3. Milwaukee Brewers
4. Detroit Tigers
5. New York Yankees
6. Cleveland Indians
7. Baltimore Orioles

AL West

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3. Minnesota Twins
4. Texas Rangers
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SPORT

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