

THE GARDEN OF EDEN TO-DAY

THE FIRST IRRIGATED AREA IN THE WORLD.

British Government is Establishing a Wonderful Irrigation Plant Similar to the Egyptian Enterprise.

"And the Lord God planted a garden to the eastward of Eden. And a river went out of Eden to water the garden; and it was parted into four heads."

Genes. Sir William Wilcocks, who, in behalf of the British Government, had had charge of the wonderful irrigation works in Egypt, was assigned not long ago to the duty of planning a similar large-scale enterprise for the restoration of ancient Babylonia to its former agricultural productivity.

Thus it happened that he located, to the reasonable satisfaction of archaeologists, the veritable site of the Garden of Eden. For reasons wholly practical, he thought that the best way to begin.

Starting from the spot where Jewish tradition placed the Gates of Paradise—the word paradise meaning "gardens"—he followed the traces of the four streams mentioned in Genesis, which are here named, were the Pison, the Tigris, the Hiddekel and the Euphrates.

The Euphrates (known by that name to-day) flowed through the great city of Babylon. The Tigris is now called the Hindia. The Hiddekel is the modern Saklawia, which flows into the Tigris at Bagdad. The Pison has gone dry, but is represented by many-armed channels "encompassing the whole land of Havilah" (see Genesis), which lay between Egypt and Assyria.

Restored Former Paradise. The Euphrates enters its delta a few miles below Hitt. There leaving the desert and debouching into a vast alluvial plain. In this departure it has a considerable fall, fifth a number of cataracts, and along a narrow valley giant water-wheels lift water to irrigate the land on both sides of the stream.

The entrance to this valley (according to Jewish tradition) was the gate of the Paradise in which Adam and Eve dwelt, and from which they were expelled for disobeying a divine command. There the traveler first meets the date palm, which is a "tree of life" (see Genesis) to the whole Arab world.

Along the valley garden succeeds garden. It is today a veritable paradise; orchards and date groves checkered with fields of cotton. The climate is everlastingly summer, so that three or four crops a year may be grown.

Anciently the cataracts were much higher, and water-wheels were unnecessary, the water being led off by ditches.

The Garden of Eden, indeed, gains interest from the fact that it seems to have been the first irrigated area in the world.

BRITISH AND U.S. WAY.

Eating Habits of Races Compared by a Boston Newspaper.

One of the most famous of London eating-places is the "Cheshire Cheese." It is as quaint as its name. There, as in the day when London was a town, the guests sit down together at long tables, says the Boston Globe.

The meal is a ceremony; the food is served with ritualistic attention to detail, and it is eaten devoutly. The men who lunch there appreciate the flavor of good food, and of a fine old tradition.

Yet however seriously they may take the roast and the pudding, they are serious in nothing else. Office, courtroom and clinic are forgotten. During the midday hour the old Elizabethan humor and wisdom echo from the ceiling beams of that oak-paneled room.

The most famous of Boston eating places is the quick lunch. Any noon-time you will see newspapermen, bankers, professors and lawyers seated on little stools at long counters or in one-armed chairs. They do not look as though they were particularly enjoying themselves. Each, detached and lonely, gobbles his food in silent haste.

One is preoccupied with his troubles, another is visibly uncomfortable on his backless stool; and yet another is splashing his soup in a frenzy of impatience to get back to the office, where he earns the food which he is now eating with so little appreciation. The food is often of famous excellence, quite as good, in the way, as the food at the "Cheshire Cheese." But we Yankees who eat it come not so much to eat as to get through eating. We are so busy earning food and leisure that we can spare no time for enjoying them. We scarcely know what it is to live in the present moment. We are always getting ready for the next.

"What was the result of the flood?" asked the Sunday school teacher. "Mud," replied the bright youngster. Old pieces of velvet make splendid polishing cloths—for furniture, silver or plated articles. Chickens keep eggs fresh for shipping long distances by coating them with a paste made of sea salt, vegetable ashes and water.

The Weekly Fashions



8656—Isn't this just one of the simplest and most effective child models you have seen? And the fullness may be smoked instead of tucked, by using McCall Transfer Pattern 690, blue or yellow, price 10 cents. The dress is cut from McCall Pattern 8656—5 sizes—6 months to 6 years, price 15 cents. The bit of embroidery is taken from McCall Transfer Pattern 884, blue or yellow, price 15 cents.



8649—This house dress may be developed from plain and figured fabric; the pockets are roomy enough for one's bunch of keys. Medium size requires 4½ yards of 36-inch material and 1 yard of contrasting material. McCall Pattern 8649—8 sizes—34 to 44 inch bust measure, price 25c.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

Compliment to Canadians.

A Belgian Salvation army worker whose letter appeared in the New York Herald Magazine for May 4th in describing the withdrawal of the German army from Belgium, refers to the Canadians as well-equipped, well mounted soldiers, who were kind, quiet and gentlemanly men.

A Motto.

Over the choir loft of an old church in Nova Scotia hangs a yellowed motto which reads:

"See that what thou singest with thy lips thou dost believe in thine heart; and what thou believest in thine heart thou dost show forth in thy works."—Tenth Decree of the Fourth Council of Carthage, A.D. 398.

The Higher Learning.

The schoolmaster was calling on an indignant mother. "For my part," babbled the good woman, "I can't deceive what on earth edification is comin' to! When I was young, if a gal only understood the alms of distraction, provision, replenishing, an' the common dominator, an' knew all about the rivers an' the obituaries, the currents, an' the dormitories, the provinces an' umpires, they had edification enough!"

Children Can Drink as many cupfuls of POSTUM as they like.
There's no harm in Postum—no drugs to hurt them and no after-regrets.
"There's a Reason"

ROSY CHEEKS AND GOOD HEALTH

Come Through Keeping the Blood in a Rich, Red and Pure Condition.

When a girl—or a woman—finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after the slightest exertion, or under the least excitement, it means that she is suffering from anemia—thin, watery blood. Headache and backache frequently accompany this condition, and nervousness is often present.

The remedy for this condition is to build up the blood, and for this purpose there is no medicine that can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy. The only other treatment needed is plenty of sunlight, moderate exercise and good, plain food. The girl or woman who gives this treatment a fair trial will soon find herself enjoying perfect health.

Mrs. Hiram Shook, R.R. No. 1, Lyndhurst, says:—"I cannot speak too highly of Dr. Williams' Pink Pills, for I believed they saved my daughter's life. She was in a terribly run-down condition, pale, wan, and despondent, and people who saw her considered her in a decline. The doctor who treated her did not help her any, and then I decided to give her Dr. Williams' Pink Pills. This decision proved a wise one, for before six boxes were used she was much better. I got six more boxes, and before they were gone she was in the best of health. When she began the use of the pills she weighed only 90 pounds, and under their use her weight increased to 127 pounds. I strongly urge all mothers of weak girls to give them Dr. Williams' Pink Pills."

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail post paid at 50c. a box or six boxes for \$2.50. From The Dr. Williams' Medicine Co., Brockville, Ont.

FINE OLD PLATE IN BRITAIN.

Antiquaries Dig Up Fourth Century Collection at Whittingham.

A search which Society of Antiquaries of Scotland have been conducting for some time on Traprain Aie, an isolated hill, which forms a part of Arthur J. Balfour's Whittingham estate, resulted in one of the most remarkable archaeological discoveries ever made in Britain.

The excavators came upon a pit two feet deep and two feet wide filled to the brim with fragments of metal vessels. An examination has shown that these relics, although in a broken condition, form a rich collection of fourth century silverplate. Two tiny coins give the date. One was struck by Valens, who was Emperor of the East from 364 to 378, and the other by one of his successors, probably Gratian or Honorius.

The vessels found have decorations of striking beauty. On the surface of one embossed cup is a representation of the Fall of Man, and figures of Adam and Eve being shown standing by a fruit-laden tree with a huge serpent twined around the trunk. The same cup bears a representation of the Magi, and on another is depicted the miraculous draught of fishes.

More than one example of the Chi Rho monogram are among the inscriptions.

The Indian Calendar.

Among the Indians time is calculated by moons instead of months. January is called "the hard moon"; February, "the racoon moon"; March, "the sore eye moon"; April, "the moon in which geese lay eggs"; May, "the planting moon"; June, "the moon when strawberries are red"; July, "the moon when choke cherries are ripe"; August, "the harvest moon"; September, "the moon when rice is laid up to dry"; October, "the rice-drying moon"; November, "the deer-killing moon"; and December, "the deer moon."

A delicate graham bread is very nice for invalids.

Equal parts of ammonia and spirits of turpentine will remove stale paint on a fabric.

One man can grow a large flock of sheep, and grow enough food for winter them in good condition.

"What About the Horses?"

We had sought the sweet seclusion of an old estaminet. And the wine-cup circulated in the old familiar way.

We had fed our hearts on memories, and talked as soldiers will of the comrades "pushing daisies" on a barren, shell-marked hill. But one Western boy was silent—never lifted up his head.

Till resentment seemed to stir him, and he raised his eyes and said: "But what about the horses? In the roll-call of the dead? Are they mentioned in the losses? Has a single word been said? Is there any simple token of their agony unspoken? Have they any wooden crosses in the valleys where they bled?"

Our thoughts flew back like lightning, and across the brimming cup we saw the beasts of burden bringing ammunition up—The endless line of transport winding all across the hill.

And the starving and the dying on the fields of Abreville—The misery, the fortitude of those that had been gassed, And eyes of silent sorrow, pleading patience as they passed.

Aye, "What about the horses?" The pulling, hauling horses, And the broken, blind, and lame. Giving every ounce of power, to the gasping, dying hour—Where's the martyr in the forces? Played a better, braver game?

RECORD OF FRENCH FAMILY.

Thirteen Sons killed in War and Others Suffered Injuries.

Thirteen sons killed on the field of battle, three discharged with grave injuries, one wounded four different times, the father and one daughter summarily shot by the Germans for going to Lille to celebrate the centennial anniversary of a relative, and another daughter killed by a German shell at Dunkirk, is the record of the family of M. Vanhee, a French farmer of Reminghe, near Ypres.

M. Vanhee had thirty-six children, twenty-two sons and fourteen daughters, all of whom were living when the war broke out. One of his sons was valet to Pope Pius X.; he returned to France to fight and was wounded in each of four different engagements. One of the sons lost both legs, another returned from the front blind and deaf, and another underwent the trepanning operation.

KEEP CHILDREN HEALTHY

To keep children healthy the bowels must be kept regular and the stomach sweet.

Nine-tenths of the ailments which afflict little ones are caused by derangements of the bowels and stomach. No other medicine can equal Baby's Own Tablets in guarding either the baby or growing child from the ills that follow a disordered condition of the bowels or stomach.

They are a mild but thorough laxative and never fail to give results. Concerning them Mrs. W. B. Coolidge, Sarnia, Ont., says: "I have used Baby's Own Tablets for over three years and have found them the best medicine I have ever used for my children. I never have any trouble giving them to my little ones, and they have saved me a doctor's bill. My advice to all mothers of little ones is to keep a box of the Tablets in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Send a Dominion Express Money Order. They are payable everywhere.

Disappearing Lake.

In Georgia, near Vladosta, there is a lake which disappears every three or four years and then comes back again, no matter what the weather is like.

The lake is three miles long and three-quarters of a mile wide, with an average depth of 12 feet of water. There are natural subterranean passages beneath it, through which the water passes off.

It takes two or three weeks to disappear, when a mammoth basin is left in its place, which furnishes a beautiful sandy beach. After a month or so the water begins to return, and then in a couple of weeks it is the same magnificent stretch of water as it was before.

With the Fingers! Says Corns Lift Out Without Any Pain

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply directly upon the corn a few drops of Freestone, says a Cincinnati authority.

It is claimed that at small cost one can get a quarter of an ounce of Freestone at any drug store, which is sufficient to rid one's feet of every corn or callus without pain or soreness or the danger of infection.

This new drug is an ether compound, and while sticky, dries the moment it is applied and does not inflame or even irritate the surrounding tissue.

The announcement will interest many women here, for it is said that the present high-heeled footwear is putting corns on practically every woman's foot.

GIRLS! WHITEN YOUR SKIN WITH LEMON JUICE

Make a beauty lotion for a few cents to remove tan, freckles, sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant cream lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. Yes! It is harmless, and the beautiful results will surprise you.

Bits About Bees.

The price of honey has made many of us think more of bees. And, as hardly anything is more interesting than the "busy bee," here is a little news about him—and her.

In a hive there are three kinds of bees—drones, workers, and the queen bee. Drones, alas! are the male bees. They are stungless—thanks for that!—and unlike other bees, have no pollen baskets—the fringe of stiff leg bristles on which pollen is conveyed to the hive.

The queen bee is the only fully-developed female bee in the hive. Only she, with her series of productive organs, can perpetuate the bee race. Kill all the queens, and there will be no bees and no honey.

The queen bee will lay from two to three thousand eggs daily in the season. She is the mother of all the other inmates in the hive, and can lay eggs to produce either drones or workers—as the fancy takes her. The queen bee heads the bees when they issue to swarm. This takes place when the queen cell is capped; but should the weather be unsuitable the bees tear down the queen cells, and wait.

There's more in bees than their sting!

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.

MRS. A. LIVINGSTONE.

Lot 5, P. E. I. I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.

Mahone Bay. JOHN MADER.

I was cured of a severely sprained leg by MINARD'S LINIMENT.

JOSHUA A. WYNACHT.

Bridgewater.

Why Blacksmith Shops Are Dark.

You may have wondered sometimes why the village smithy is such a dark building, its allowance of window light being fearfully small.

The reason for this is not economy of glass, but for the special purpose of the smith's work. Too much light upon the pieces of white-hot iron or steel is not desirable for two reasons; one is that the "heat" cannot be seen properly in a strong light.

The other is that in the course of "tempering" tools, such as picks, chisels, drills, etc., the smith has to judge by the colors, as the tool cools down from the white heat, exactly when to dip them in the water-bath, and these colors can only be seen accurately in a shaded place. Steel passes through a beautiful range of colors, from the most dazzling, seething yellow to dark yellow, reddish brown, purple, and finally to dark blue, all these temperatures having their particular uses when a tool is "quenched."

MONEY ORDERS.

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BITS OF HUMOR FROM HERE & THERE

Excessive. Dorothy: "Auntie, I'm studying now about the least common multiple."

Aunt Miranda: "That's right, my child. Always go in for whatever is least common."

The Lucky Strike.

Dentist: "You say this tooth has never been worked on before? That's queer for I find small flakes of gold on my instrument."

Diagnosis.

"Doctor, Tommy says he can't go to school. He takes no interest in anything about the house."

"Hm."

"What ails him?"

"Baseballitis."

Editions and Additions.

Private Pigley's people were good to him, but after receiving a pocket service book, a pocket Bible, a pocket album, a pocket French dictionary and a pocket edition of the poets he thought it time to say something. So he sent his mother a postcard. It read:

"Please send no more pocket editions until I get some pocket additions."

Luxuries of Modern Education. Johnny handed the following note from his mother to the teacher one morning:

Dere Teacher. You keep tellin' my boy to breathe with his diaphragm. Maybe rich children has got diaphragms, but how about when there father only makes one dollar and fifty cents a day and has got five children to keep? First, it's one thing, then it's another, and now it's diaphragms. That's the worst yet.

THERE IS ONLY ONE GENUINE ASPIRIN

ONLY TABLETS MARKED WITH "BAYER CROSS" ARE ASPIRIN.

If You Don't See the "Bayer Cross" on the Tablets, Refuse Them—They Are Not Aspirin At All.



Your druggist gladly will give you the genuine "Bayer Tablets of Aspirin" because genuine Aspirin now is made by Canadians and owned by a Canadian Company.

There is not a cent's worth of German interest in Aspirin, all rights being purchased from the U.S. Government.

During the war, acid imitations were sold as Aspirin in pill boxes and various other containers. But now you can get genuine Aspirin, plainly stamped with the safety "Bayer Cross"—Aspirin proved safe by millions for Headache, Toothache, Earache, Rheumatism, Lumbago, Colds, Neuritis, and Pain generally.

Handy tin boxes of 12 tablets, also larger "Bayer" packages.

Aspirin is the trade mark, registered in Canada, of Bayer Manufacture of Monoacetic-acidester of Salicylic acid.

A Cure for Pimples

"You don't need mercury, potash or any other strong mineral to cure pimples caused by poor blood. Take Extract of Roots—druggist calls it 'Mother Selge's Curative Sycen'—and your skin will clear up as fresh as a baby's. It will sweep your stomach and regulate your bowels." Get the genuine. 50c. and \$1.00 Bottles. At drug stores.



Wash Out Your Pores With Cuticura Soap

And have a clear, sweet, healthy skin with little trouble and trifling expense. Contrast this simple wholesome treatment with tressone massaging and other fads. On retiring smear the face with Cuticura ointment on the end of the finger, wash off in five minutes with Cuticura Soap and hot water, using plenty of soap, best applied with the hands which it softens wonderfully, and continue bathing a few moments.

Rinse with tepid water, dry gently and dust on a few grains of Cuticura Talcum powder, a delicate fascinating fragrance. Soap, Ointment and Talcum sold everywhere.

POULTRY WANTED

WHAT HAVE YOU FOR SALE IN Live Poultry, Fancy Hens, Pigeons, Eggs, etc.? Write I. Weinrauch, 108, 10-18 St. Jean Baptiste Market, Montreal, Que.

HOME BUILDERS!

WRITE FOR OUR FREE BOOK OF House Plans, and information telling how to save from Two to Four Hundred Dollars on your new Home. Address: Halliday Company, 23 Jackson W. Hamilton, Ont.

FOR SALE.

NEWSPAPER WEEKLY IN BRUCE County. Splendid opportunity. Write Box 7, Wilson Publishing Co., Limited, 12 Adelaide St. W. Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 62, Wilson Publishing Co., Ltd., Toronto.

FRUIT FARMER.

BELL'S LIMITED, GRIMSBY, HAVE some choice fruit farms in the Niagara Peninsula; our policy is first, to see that our client gets the right place, then we give him expert instruction on working the farm, or if desired we work it for him with our tractor outfits; our last week's bargain, ten acres, as advertised, has been sold. The specials for this week are:

FIFTY-TWO ACRES—HALF FRUIT, full bearing; brick house, bath, furnace, electric light, workman's cottage, good barn, drive house, implement shed, etc.; price twenty-four thousand, eight thousand cash.

TEN ACRES—ALL PLANTED, young trees, choice land, no buildings; price forty-three hundred, thirteen hundred cash.

SEVENTY-EIGHT ACRES—ON HIGHWAY and trolley line, planted to fruit in full bearing; good frame house and barn; price twenty thousand, cash, sixty-five hundred.

WRITE OR PHONE, BELL'S LIMITED, Grimsby.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

When a raincoat is too badly worn to be used, but partially good, the back can be cut into an apron to wear under another apron when washing.

Minard's Liniment Lumberman's Friend.

Put three tablespoonfuls turpentine in three quarts of water and sponge the carpets after sweeping, to prevent moth.



THE POLICE FORCE OF THE BODY

DAY and night—without ceasing—a struggle is going on in your body between the germs of disease and the white blood corpuscles—the police force of the human body.

If this police force weakens, disease germs gain a foothold—sickness follows.

Constipation is the most common and dangerous way of corrupting the human police force. Food waste remains too long in the intestines—decays—poisons the blood—and opens the way for attack by the germs that cause tuberculosis, diphtheria, pneumonia and a multitude of other ills.

The culpable habit of using salts, pills, mineral waters, castor oil, etc., to force the bowels to move, makes this condition even worse, as constipation returns almost immediately.

Nujol is entirely different from drugs as it does not force or irritate the bowels. Nujol prevents stagnation by softening the food waste and encouraging the intestinal muscles to act naturally, thus removing the cause of constipation and self-poisoning. It is absolutely harmless and pleasant.

Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world.

Get a bottle of Nujol from your druggist today and keep your police force on the job.

Warning: Nujol is sold in sealed bottles bearing the Nujol Trade Mark. All druggists insist on Nujol. You may suffer from substitutes.

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