

and destructive patients, a second includes the convalescent cases; the other groups consist of the peaceable and inoffensive inmates.

A word, in passing, on each of these cases: 1st. The violent, excited and destructive; 2nd. The peaceable and inoffensive cases; 3rd. The convalescent cases.

**1st. Violent, excited and destructive patients.**—It is well understood how important it is to separate such cases from the peaceable or convalescent ones. These patients, in fact, require a special department, and must be separated as much as possible, (as in fact they are,) from the centre of the establishment. The guardianship which they require must be more severe, and the continual and assiduous attention which their state demands, is wholly different from that required by the other patients.

They are placed together and have communication only amongst each other. They have their own rooms where they can meet during the day whenever their condition permits. They are supplied with washstands, closets, bathrooms and refectories, from which any article, which could prove dangerous in their hands, is excluded. Those who refuse food, or who cannot help themselves, are separately attended to by the keepers.

The destructive ones receive special care on the part of the keepers, whose duty it is to remove anything offensive which they may observe. They are each placed at night in separate cells.

As we have here mentioned the word *cell*, it is perhaps as well to remark that a very well-known class of people are led away with the idea that a cell must be a sort of dungeon, dark and incommodious, deprived of air, light