The Flavor is distinctly

Agreeable, and the Strength Abundant.

is your child a mimic?

or hears? If he can, encourage it. If he can't, develop it. You may have an embryo Charlie Chaplin or a Mary Pickford in your family. When children "make-believe," don't laugh at them this childish art of mimicry is the finest way to develop self-confidence and Amateur acting and classic dancing will ofttimes cure childish fears. An exhaustive article, profusely illustrated, on "Character Derelopment Through Impersonation March issue of EVERY. WOMAN'S WORLD, tells you how to cure the bashful child and develop mental and physical poise.

ate and distinct name.

Through its association with Eliza-

Through its association with blizaheth, it has its source in the old
Hebrew name Elisheba, and probably
came to be evolved from the shortening
of Elizabeth to Beth, whence Bess
shortly followed. The first Bess on
record is said to have been Elizabeth
Woodville whose mother, Jacquetta of

scott harme but betsey, its equivalent soon became popular in England, and remains so.

Germany calls Bessie, Lischen. She is Babette in Fyance and Betta in Italy. Russia has a form taken from the German, Lisenka.

The flame-hearted ruby is Bessie's talismanic gam. It promises her courage, invincibility and long life. Sunday is her lucky day, and 1 her lucky number. The lily, signifying purity, is left flower.

Another way of giving children signifying day is her lucky day, and 1 her lucky number. The lily, signifying purity, is left flower.

Another way of giving children aday it is and bring to a boil, stirring constants through the winter, if it can be managed. Most meat fats, properly cooked and distributed with the lean meat, and the easily made once a day it is (if it is very fat take half water). Next in digestibility comes bacon, which the children really should have three or four times a week through the winter, if it can be managed. Most meat fats, properly cooked and distributed with the lean meat, and the easily made onlows and bring to a boil, stirring constants. The prejudice against fats is due properly to the indigestibility of cold cooked fats, and of carelessly fried foods. Children need a regular amount of cream, butter, peanut butter, bacon and gravy during the cold months.

good sense to

RIDE A

Red Bird Bicycle

Wash Your Hair With

Be Careful What You

PAGE OF INTEREST TO WOMEN

Women At Home and Abroad

WHICH LEADS OUTDOORS

Haven't you felt it? That incessant tugging of the outdoors, which comes with the first soft atmosphere of spring. Right through door and window pane comes, defiant of any magic circles which may be drawn before the entrance home or heart.

All through winter you have been content to creep into your stuffy shell f a home or office and stay there, cat-like, enjoying the warmth. But not ow. As long as you are within doors there's a vague uneasiness in your oreast and your feet are restless. At first you don't know what is the matter. You can hardly breathe, and you wonder if you are going to be ill. But a halflay in the country will soon settle that question. Fresh air is the tonic you need and the twitter of birds and piping of the bull frog, the medicine which puts New life into your heart and clears your brain.

Yes, there's a tugging of the outdoors at the heart of everyone in the

pringtime, and it's a healthy symptom if it impells you to get out into the reshness of a new world. That tugging is all for a purpose and if you follow its mpulse your blood will become the redder and your muscles will grow stronger nd you will become again a new woman with the rest of God's world in the

On Sale To-Day! WORLD To-Day! WORLD To-Day! MEN MUST SHARE IN HOUSEWORK OR MARRIAGES

MEN MUST SHARE IN HOUSEWORK OR MARRIAGES

WILL CEASE.

"There ought to be domestic training shouse for husbands, where a man could be taught simple cooking and housework. Some men are so helpess that they don't even know how to stake a pot of teal, was the startling to make a pot of teal, was the startling fewer and fewer inness the men are adapted to help with the housework in marriages of the bousework of the total this bours of fewer and fewer inness the men are taught to help with the housework of the proper interest. The proper interest is a limit to woman's diated, in a decreasing that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman to get same time declaring that the modern they for the average woman is get the proper antecedent, that it has come to be regarded a

HOME ECONOMICS

MRS. MLIZABETH KENT, MacDONALD COLLEGE.

Woodville, whose mother, Jacquetta of Luxemburg, imported it from Flanders, Shakespear's Edward IV. called her Shakespear

their arrival home was not nearly so great when they knew that Mr. Bear was not sharing it, too.

But Mr. Bear had learned to think a great deal of the family of dogs, and he could not stay in hiding forever. Bright and early the morning after Betty's arrival home with her five sons, Mr. Bear came out of his hiding place and went snooping around the house, where he knew Betty and her family were. The dogs had been tired, he knew, so they would not be stirring so early in the morning. But Mr. Bear figured without Tiny. Tiny, like the lively dog he was, had slept hardly a wink all night, for he missed

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mall if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this

Autobiography of a Plain Baby-Two Miles of Oxygen. Remember all the trouble they had the less susceptible the child will be to with the commissary department when respiratory troubles.

makes the hair brittle.

The best thing to use is Mulsified cocoanut oil shampoo, for this is pure and
entirely greaseless. It's very cheap and
beats anything else all to pieces. You
can get this at any drug store, and a
few ounces will last the whole family
for months.

Simply moisten the hair with water
and rub it in, about a teaspoonful is all

dich. creamy lather, cleanses thoroughly, and rinses out easily. The hair cress quickly and evenly, and is soft, fresh looking, bright, nuffy, wavy, and takes out every particle of dust, dirt and dandruff.

mother and dad as a trifle dotty for exposing me." as they call it, to all kinds of weather. They consider it remarkably lucky that I have not blustery days I've been out for my regular two miles of oxygen. Father says that's why he wants me to get my oxygen every day, regardless of weather—average is always lucky for a says that's why he wants me to get my oxygen every day, regardless of weather—oxygen is always lucky for a Robert's

Cod Liver Oil & Tar be very susceptible. Her life is just one respiratory infection after another (Dad said if I called 'em "colds" he'd burn my manuscript up). As for me, somehow in spite of the cruelty of my parents in taking me out in all kinds of weather, it remains yet to encounter my first respiratory infection.

The parents of the kid next door assume that the more susceptible a

side with dad on this question. What's your opinion?

QUESTIONS AND ANSWERS. No Symptoms. What are the symptoms of syphilis?

Please tell me some of the symptoms of tuberculosis of the kidneys?

MRS. D. B. M. How do you tell if you've got a tape-worm? What are the symptoms of tapeworm? R. L. L. and other rascals would have it. Persons who harbor tapeworm do not necessarily experience any symptoms, and if they do, there is no symptoms or group of symptoms at all characteristic of the condition. I repeat that no one can tell whether an individual has tanguarm except by finding tanguarm. tapeworm except by finding tapeworm eggs or segments of the worm in the discharges from the bowel.

Whose Old Teeth Are You Wearing? Is it true that old teeth and gold crowns are remeited and again sold as new gold to the public? If a dentist remeits his own gold from old teeth and uses it for crowns, is it sanitary and safe for the second patient?

Ans.—Certainly the gold is recovered from all old dentures, and that gold is quite as sanitary or safe as the virgin stuff from the mine. Don't let the sanitary bug drive you to such absurd lengths. surd lengths.

ANOTHER WOMAN FLYER



Chocolate or Cocoa.

Does chocolate or cocoa dry up a person's blood? Also does the craving for it by an expectant mother have any harmful effect on the child?

Ans.—No. Chocolate or cocoa makes a wholesome, somewhat nourishing, mildly stimulating and usually harmless beverage for any adult. Tea or coffee is slightly more stimulating, not nourishing in itself, and good for the health of most adults.

and son of Mr. and Mrs. v. Village on the 29th of this month.

One of the biggest and most delightful card parties of the season will be that held at Wong's Cafe by the Campbell Becher Chapter, I. O. D. E., next Friday at 2:30. Both the "Rose Room" and the room adjoining will be called into use to accommodate the fifty tables, at which bridge and euchre will

Ans.—Keep on eating the figs with their seeds. Seeds in fruits never do harm to persons over 6 years of age and often do much good.

BIG ANNUAL MEETING OF

First Meeting Since Organization To Be Held Thursday Night.

Mrs. F. P. Betts, local Girl Guide

Owing to the pattern manufactur-

ers increasing the price of patterns to us all patterns advertised from this date will be 15 CENTS EACH.



A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

SOCIAL AND **PERSONAL**

Miss Minnie Fox is the guest of Mrs. Sale and Mrs. Shotwell of Windsor. Mr and Mrs. R. McCullough of Calgary are visiting friends and relatives in this city.

His Lordship the Bishop of Huron will be home on Wednesday after a visit in the south with Hon. W. F. Cockshutt, M. P. P.

Rev. and Mrs. C. L. L. Couzens, Woodslee, announce the engagement of their daughter, Marguerite, to Mr. Glenn Hamilton Dawson of Ruthven, Ont., the wedding to take place some Mrs. D. Campbell and daughter, Violet, 259 Piccadilly street, and Miss Jean Shaw, 727 Waterloo street, left

on Saturday evening for New Orleans, La., Los Angeles, and other southern California points for two months' visit, returning via Vancouver and Canadian

Announcement is made of the mar-riage of Miss Margaret Helen Sumner, formerly of this city, to William N. Flight, Chicago. The marriage took place on Saturday, March 6. After a three months' visit to the cities of the Pacific coast, Mr. and Mrs. Flight will reside in Chicago.

Mr. and Mrs. R. C. Eckert announce the engagement of their daughter, Anna Mildred. to Wm. R. Williamson, Mildred, to Wm. R. Williamson, B.A.Sc., of Indianapolis, Ind., formerly lieutenant in the Canadian Engineers, and son of Mr. and Mrs. W. Williamson,

Dr. L. A. Wood, of the department of history and economics of Western University will be the special lecturer this week in the Thursday evening extension course. The subject announced is one of interest, "Head Form and History." A general invitation to the subory." A general invitation to the pubfory." A general invitation to the public is extended. There is no admission fee to any of the Thursday evening extension lectures. On 'March 25, a week later, Professor W. F. Tamblyn will be the lecturer, his subject being, "English Poetry Since Tennyson."

Mrs. F. J. Greenaway, regent of the commissioner for London district, is calling a meeting of the whole Girl Guide Association for 7:15 o'clock on Thursday night at the Y. W. C. A residence on King street. This will be the first meeting of the whole association for Thursday night at the Y. W. C. A tained the members of the chapter at the first meeting of the whole association for Thursday night at the Y. W. C. A tained the members of the chapter at the first meeting of the whole association for Thursday night at the tea hour. She was assisted by Mrs. Becher and Mrs. Applie Booker and Becher and Mrs. Archie Becher, who presided over the tea table, which had been made pretty with baskets of flowers. During the afternoon the winnowers. During the afternoon the win-ner of the handsome carved bookcase, donated by Arthur Smith, was an-nounced. The raffling netted \$32.30 for the sick children's hospital fund, W. G. McGregor being the holder of the lucky card.

Cynthia Grey's Mail-Box

Poor Ura Kidd. Dear Cynthia.—I see where I can be of a little help, so am sending two songs, that were asked for. I've been in the house for a week now with the grippe, and if I don't get out soon I'll start a revolution that will make Sinn Feiners, Mexicans and Bolsheviki green with envy. I'm not a very amlable patient I'm afraid. Look, Spitfire! See the pretty poen

Look, Spitfire! See the pretty poem
Scottie wrote for me.

To My New Sister Ura.
Here's to you and to me,
To what we've been and are,
Here's to what we are going to be—
Each separate star.
Whatever our paths may be,
Whatever may be our ends—
Here's hoping that when we die
We'll die as we've lived—good friends.
—Scottie Frae Dundee.
Do you think he is as good a poet
as Lonely, Spitfire? Are you going
to give him away, too?
Well, I'm not writing sense, and the
Page is so very highbrow of late, I'll
fold my tent and fade away.

URA KIDD.
Here is a wee donation for the

Here is a wee donation for the C H. fund.

Ans.—Well, it must be spring, here's Ans.—Well, it must be spring, here's poetry sprouting right in the Mail-Box. And really, Ura Kidd, I wish you a hasty and permanent recovery, for from indications you are not a very patient patient. But we are all glad to have you back again, so hurry up and get better. Thanks for your mite.

For Dry Skin.

Dear Miss Grey.—Please send me the stocking-foot pattern. Could you tell me of something that is good for a dry face, also hard dry hands? Sorry to trouble you, and thank you very much. Will send my small contribution.

JUST GREY-HEADED FARMER'S WIFE

Ans.—Your druggist can supply you with many soothing creams. I am unable to mention the names of same in this column, but if you will send me your name and address, I will try to bely you. Thanks for densities help you. Thanks for donation

Wants Victor's Eczema Cure. Wants Victor's Eczema Cure.
Dear Miss Grey,—This is my first letter to the Mail-Box, although I enjoy it very much, and I get much help from it. I saw where Victor had a cure for

See Our Window for Bargains in CHOICE **FLOWERS**

West Floral Co. PHONE 2187. 249 DUNDAS ST.

hope she will see this and send in the cure, and I will forward it to you. Thanks, Grandma, for your addition to the fund.

as a lady friend of mine is suffering from same? I would be very thankful for it. Inclosed find 25 cents, 10 for the hospital fund, and the rest to defray expenses of answer. My penname is GRANDMOTHER.
Ans.—I haven't Victor's address, but

Will Reader Please Note?

Dear Miss Grey.—Kindly forward the inclosed letter to Reader. If her aid to deafness is the help she claims, then I shall indeed by grateful to you and to her. Many thanks from

ONE WHO IS DEAF.

Ans.—I hope Reader will send in her address, as several are asking for it, and I will gladly send it on.

The property of the property of the send in the print, and would like him to write first. I will leave my address with Miss Grey. I remain.

Ans.—Ves, I do believe spring is coming. I saw a robin redbreast this morning and some laddies playing marbles, and as they are two of the best signs, I am quite optimistic.

Calls Again.

Dear Miss Grey,—As I saw my last letter in print I thought I would write again. Well, as it is nearing spring our house flowers are all in full bloom, which I enjoy, as I love flowers. I hope you are still well and haven't had the flu. I would like to correspond with one of 17. She will correspond with one of 17. She will correspond with one of 18. She will correspond if Glossie's Sister will correspond with one of 18. She will correspond if Glossie's Sister will will also wi

An Everyday Luxury - within the reach of all, Sealed Packets Only - - By Grocers Everywhere.

a nice boy 21 or 22 years of age and would like to see this in print, and would like him to write first. I will leave my address with Miss Grey. I remain.

E. M. F.

anyone supply me with the old song "Call Me Up Some Rainy Afternoon"?

2. What day did March 5, 1902, fall on?

If it is not too much bother, please forward the inclosed letter to one whose letter appeared in last Saturday's issue signed Mahaska. She says her address o correspond with one of 17. correspond if Glossie's Sister

The Best Time To Buy Your Wash Goods



SPRING MILLINERY that will please you in both style and price. The best designers on the continent are represented in our bg showing.

Headquarters For Linens

We've made a wonderful reputation for linen values here and are getting business from all over Ontario on these lines. See our unusual values in TABLE LINEN, TABLECLOTHS and INGS. Big showing of 'Old Bleach' production

Hundreds of handsome patterns here now that will be impossible to get a little later on, and many values here today that are under wholesale quotation. Have your warm-weather frocks ready when the warm weather comes. Every wanted material is here.

50c, 65c, 75c, \$1.00, \$1.35, \$1.50, \$2.00, \$2.25

Spring Silks and Dress Goods

Busy days at these counters, with their wealth of smart new spring styles. Unusual values in many desirable lines are attracting new customers every day.

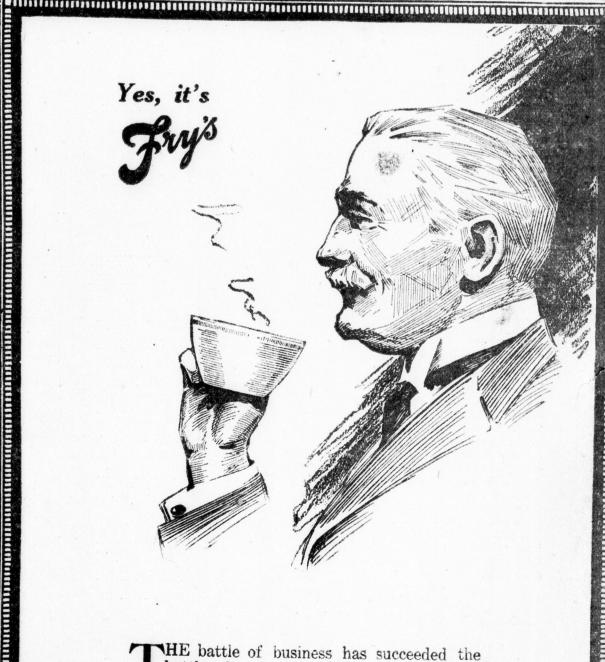
Silk and Wool Faille, a good, soft serviceable fabric for dresses that will not cut or crush full 40 inches wide in shades of navy, black, taupe, nigger, prune, Burgundy, copen and rose. Very special value... \$2.89

Smart Plaid Skirtings, in splendid all-wool quality, medium-size plaids, in green and tan, copen and tan, grey and copen, navy and Burgundy; full 48 inches wide, and will make a smart and serviceable skirt. Per

Anderson's Famous Scotch Ginghams

in unusually attractive patterns, all fast colors, 32 inches wide. Per yard 75C Durable Galatea for boys' suits and blouses, absolutely fast color, light and dark patterns, splendid value SETS, TABLE NAPKINS, TOWEL- Splendid qualities and values in White Saxony Flannelette, nice, soft finish and good widths

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greatest of all strength makers for men who must work hard-just as it was for our soldiers and sailors who had to fight hard. FRY'S exclusive process makes this Cocoa extremely soluble, delicious in flavor and very

battle of armies. FRY'S COCOA is the

easy to digest. "Nothing will do but FRY'S"

Transferration of the contraction of the contractio

does stop coughs





the kid next door arrived? Well, that kid bobs up once more in my diary, I find. Here is my entry for a perfect day: October 20, Sunday .- Raw, cold north wind. Funny thing happened. Mollycoddle kid next door whooping it Most soaps and prepared shampoos up when we went for a walk this morninjurious, as it dries the scalp and ing. Her mother told my mother she dared not take the poor thing out on

and rub it in, about a teaspoonful is all that is required. It makes an abundance that is required later, cleanses thormother and dad as a trifle dotty for mother and rubes and rubes and rubes.

poor little thing next door is getting to be very susceptible. Her life is just

or weather, it remains yet to encounter my first respiratory infection.

The parents of the kid next door assume that the more susceptible a child is to "exposure." as they insist on calling the good old open air, the more careful they must be about letting the child have an airing.

Dad assumes that the more particular people are about seeing that a child gets two miles of oxygen every day in the year regardless of weather,

A Practical Apron,
2711—This model is good for gingham,
seersucker, lawn, sateen, khaki, drill
and percale. The belt holds the fulness
over the back.
The pattern is cut in 4 sizes: small,
32-34; medium, 36-38; large, 40-42; extra
large, 44-46, inches bust measure. Size
medium will require 3% yards of 36inch material.
A pattern of this illustration meiled

YOUR OLD CARPETS Made into new, beautiful, fluffy, reversible rugs. CANADA RUG COMPANY Carling Street. Send for Leaflet.