Agri-mix Trainee: This type of exchange is designed for applicants who have limited knowledge or practical experience in agriculture and good overall knowledge of household management. Time is evenly divided between the two areas.

Horticulture Trainee: Applicants should have good general knowledge and practical experience in horticulture and be prepared to participate in all general horticultural operations.

IRE matches qualifications and interests with a suitable farm or horticulture operation and gives participants an orientation seminar on arrival in the host country. IRE also provides supervision at the training facility. A monthly allowance is paid, as well as room and board.

IRE is a non-profit organization based on volunteer work around the world. Because all travel arrangements are made on a group basis, participant costs are kept to a minimum.

### HOW LONG CAN I STAY?

Participants may stay up to seven months.

### WHO CAN APPLY?

## Applicants must:

- · be 19 to 28 years of age;
- be in good health;
- have a valid driver's licence:
- have a real desire for a work and cultural experience abroad;
- · complete a trainee application; and
- undergo a personal interview.

### FOR MORE INFORMATION:

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# STUDENT WORK ABROAD PROGRAM (SWAP)

### WHAT IS IT?

SWAP is an activity of the Canadian Federation of Students (CFS).

Established in 1975, SWAP provides Canadian university and college students with the opportunity to expand and enhance their overseas travel experience by living and working in another culture. SWAP operates working holiday programs in Australia, Central Europe, Finland, France, Germany, Ireland, Jamaica, Japan, the Netherlands, New Zealand, the United Kingdom and the United States.

### HOW LONG CAN I STAY?

The length of stay varies for each country.

#### WHO CAN APPLY?

To be eligible, you must:

 be a Canadian citizen or citizen of the country to which you are travelling.