

has not learned to his discomfiture that home care, with occasional visits from the physician, does not give the patient his best chance,—in fact in many cases loses his best chance for him. He needs training, needs to be taught among other things what, as Latham says, he will learn only at a sanatorium, that fatigue kills the majority of consumptives, and causes the frequent relapses of the disease. His disease is one he will have to reckon upon to the end of his days and the sooner he knows the manner of thing he has to keep company with through life, the better. He cannot know too much about tuberculosis, and cannot have too much drill in right habits. Precept is not enough. He needs to be delivered from his friends with their unalterable belief in the horrors of night air, the unspeakable danger of draughts and the absolute necessity of coddling. He needs to have pulse and temperature and all other recordable signs regularly recorded and to have his life regulated according to these and other indications. He needs the cheerful companionship of those who are in the same predicament as himself, needs to be one of many, not to be the one invalid, dolefully sighed over at home. Our patient needs to be kept from brooding, to be given new occupations and interests. He needs the restraint of the sanatorium, needs it *least* when he is weakest and most discouraged and needs it *most* in the danger time, the time when he has come to feel well, look well, weigh well, eat well, and to convince himself that he is well. That is the time when the patient at home does some one fool thing which throws him back to where he began to climb, and that is just the time when the sanatorium guards against that fool thing.

A patient coming to a sanatorium is really a man who has "gone broke" in his health business, dissipated his resources, piled up a debt and placed a heavy mortgage upon his future. An expert advisor, his physician, has urged him to put his affairs into the hands of a receiver, the sanatorium. Here everything is taken out of his hands and his health affairs managed for him. His incoming strength is saved and every least expenditure guarded against in most miserly fashion. He is not allowed to squander a farthing, however bitterly he may complain. Bye and bye he begins to gain; gradually the debt is cleared away and the mortgage redeemed. His health account shows a growing