

# The Physician's Library.

## BOOK REVIEWS.

*An Aid to Materia Medica.* By ROBERT H. M. DAWBARN, M.D., Professor of Surgery and Surgical Anatomy, New York Polyclinic Medical School; Professor of Surgery, Fordham Medical College, New York; Visiting Surgeon to the City Hospital, New York. Fourth Edition, revised and enlarged by EDEN V. DELPIREY, M.D. Toronto: The Macmillan Company, of Canada, 27 Richmond St. West. 1908.

The changes in the Eighth Decennial Revision of the Pharmacopoeia of the United States of America has made a complete revision of this book, a necessity to conform with those changes. Careful consideration regarding pleasant medication has been given, so that nauseous and bitter medicines are rendered more palatable. The book is most thorough and will be well received by the medical profession.

A. J. H.

*Golden Rules of Dietetics: The General Principles and Empiric Knowledge of Human Nutrition; Analytic Tables of Food-stuffs; Diet Lists and Rules for Infant Feeding and for Feeding in Various Diseases.* By A. L. BENEDICT, A.M., M.D., Buffalo; Member of the American Academy of Medicine, and of the American Gastroenterological Association, etc.; author of "Practical Dietetics." St. Louis: C. V. Mosby Medical Book and Publishing Company. 1908.

This is a work of convenient size and has good clear type. There are 407 pages, including an index. It is divided into forty chapters, with an appendix of recipes for invalids.

The first twenty-one chapters treat of matters relating to physiological chemistry, the general hygiene of eating, the composition, nutritive value and digestibility of foods; methods of cooking, diet lists, etc.

Chapter XXII. is devoted to infant feeding. The remainder of the book deals with the dietary of the various diseased conditions.

The author has spared no pains to make this work practical and up to date.

In dealing with the various diseases the work does not follow