can't take a glass or two and then stop. He yields to the temptation, but alas! he cannot stop with his second or third glass. • He leaves the bar drunk, and goes home to abuse his family.

The language of these men is not uplifting or elevating, but is low and degrading. If you have never indulged in profane language or vulgar words you are shocked, your better nature revolts against it, and you wish you had never entered the place.

Our Society feels that its members should avoid frequenting such demoralizing places. Taverns, gambling dens, and many other places have a demoralizing influence on those who participate

in them.

But there are other diversions which are not demoralizing while being participated in, but which have a tendency to lead to that which is demoralizing,

for instance, dancing.

I do not claim that where a number of young people of the best society meet together for amusement, and then decide to pass the social hours in dancing, that it has at the time a demoralizing influence on them, but it has a tendency to lead to that which is demoralizing. Dancing is fascinating, and some are slaves to it as much as others are slaves to liquor. people start out with the thought that dancing, under those conditions, is all right. I do think if they only danced under those conditions that there would be no harm done. They get so fascinated with it that the desire grows on them like a habit, when they forget the conditions under which they first learned to dance, and which they intended should be their guide in danc Instead of attending dances where the company is selected only from the best society they go to some dances where the company is not as That person is then dropped from his or her former circle of dancing friends, and then he or she will have to associate with a new set of friends or stop dancing. By this time

the habit is so formed that they will dance anyway. This is the first down ward step, and the rest will be easier. That is the law in all the ways of error.

JAMES POUND.

THE BEST METHOD OF TEM-PERANCE WORK.

A Paper read before an evening meeting held at Fifteenth and Race streets, Philadelphia, during Yearly Meeting.

The best method of temperance work is that method which makes the

most of each opportunity.

The underlying cause of the need for temperance work is selfishness, the drinker considers first the gratification of his appetite regardless of results to those with whom he may he associated; the liquor dealer is in the business because his desire for personal gain exceeds his considerations for the welfare of others; the business is permitted because our people are willing to sacrifice the nation's honor for such reward as the saloon power can give. It is imperative that parents develop unselfishness in their home training; a child educated not to regard the gratification of its appetite of the first importance is well prepared to resist temptation later in life; a child educated to be thoughtful of the welfare of others has had laid the foundation for an earnest temperance worker; parents who give themselves wholly and unnecessarily to the requirements of their family are encouraging — unconsciously perhaps the growth of selfishness. beautiful example in the life of James and Lucretia Mott, the perfect unity of purpose to help others existing in their home was truly a rich inheritance for their children.

We trust reference to Scientific Temperance Instruction is unnecessary in connection with Friends's schools; but there is a need of a more general knowledge of the requirements of our Scientific Temperance Instruction laws in order that patrons of our

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