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THE SCAPULAR.

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For the Carmelite Review.

This earth where Spring her fairest tints is showing,
Where sun and sea and sky are mellow glowing,
Where soft and tender airs are gently blowing,
It still a battle-field.

Not pleasant paths with roses running over,
Not meadows scented sweet with dewy clover,
Can hide the direst trace of conflict over.
It is a battle-field.

Not notes of birds in twilights the serenest,
Not wavelets lapping upon shores the greenest,
Can dull our ears to sounds of strife the keenest.
It is a battle-field.

And when with battle's rage and toil o'erheated,
We stand at close of day, so near defeated,
Waiting, with upraised face, for judgment meted,
After the battle-field.

Well that we wear that livery of sweetness,
That Mercy's eyes beholding it may greet us,
And with forgiving look and smile may greet us,
Safe from the battle-field.

Visit to Mount Carmel.

For the Carmelite Review.



WHEN we came on deck on the morning of the last day of April, 1890, we were greatly surprised to see before us the grand Mount Carmel. The pilgrims saluted the holy mount with song and prayer, the echo of which returned to our ship. We were surrounded by the Arabs who were anxious to bring us on shore. We were soon on land, and were welcomed to

the Holyland by the Catholics of Kaiffa, who invited us to visit their churches and convents, and we gladly accepted the kind invitation. We first visited the Arabian Church. The Christian Brothers have a good school here. The children were all well trained. The church is not very large, but was kept in very good condition. Many priests of our party celebrated Mass in this church. From here we went to see the church of the Maronites, which is also a very nice Catholic Church. We also visited the convent and went through the extensive gardens of the same. Kaiffa has a population of about 5,000, most of whom are German protestants.

About 9 o'clock we started for Mount Carmel. It took us about an hour to reach the convent. Many of the Catholics of Kaiffa escorted us up the mountain. The banner of the Sacred Heart was carried at the head of the procession. On the way we sang hymns and recited the Rosary, and it was a great joy to hear the voices of the Arabs mingled with our own. About half way up the mountain stands a small pyramid on the spot where the Blessed Virgin rested awhile with her divine Son on her return from Egypt. We all devoutly kissed the ground surrounding the pyramid. After an hour's walk we reached the gates of the convent, where we were met by the Carmelite Fathers, who received us with the greatest joy and gave us a hearty welcome.

The convent of the Carmelites is an immense square building located at the extreme north-west of Cape Carmel. There is likewise a church here, the door of which