

TRY THEM BEFORE YOU BUY THEM

Gin Pills Sent Free

Yes, we send Gin Pills free to every sufferer from Kidney and Bladder Troubles, Rheumatism and Lame Back. We want all sufferers to test Gin Pills, and see for themselves that these pills actually cure all such diseases. No matter what your experience has been with doctor's medicine and advertised remedies, we want you to try Gin Pills. And we let you see how much good they will do you by sending you a free sample, because we think your experience will be exactly like that of Mr. Webster's.

"I have used the sample box of Gin Pills you sent me and have received great relief. I enclose you P. O. Order for \$2.50 for half a dozen boxes."

Richard Webster.

You see, Mr. Webster first wrote for a free sample of Gin Pills. He tried them. They did him so much good that he was glad to send the money for 6 full size boxes because he felt that he had found a cure for his trouble.

Do the same. Write the National Drug & Chem. Co. Limited Dept. N.S., Toronto, for a free sample. Then you will be in a position to decide whether Gin Pills are the right remedy for you. 27

HALIFAX BOUND BOAT
HAS MUCH TROUBLE.

Furness Liner in Danger on the Voyage from Liverpool to Nova Scotia.

Halifax, Feb. 11.—Nineteen days out from Liverpool, after the most thrilling voyage ever experienced by a captain on a trip to this port, the Furness liner Almeriana limped into the harbor on Wednesday afternoon. The steamer sailed for Halifax on January 24th, and as soon as the channel was cleared, hurricane weather was encountered. Hour after hour, and day after day, the big liner labored on, forcing her way through the mighty seas until February 1st, when, in the height of the gale, the cylinder cap blew off, and the great engine slowly came to a standstill. The seas were running mountains high, and the deck was continually swept from stem to stern, but there was no sign of a panic, as every man on board stood to his post.

The engineers immediately got to work, but the break was a serious one, and fifty hours elapsed before the engines were started again. During this time the steamer had drifted far off her course, and was at the mercy of the seas. After the accident the Almeriana was forced to proceed at a greatly reduced speed and made this port with much difficulty.

LITTLE BOY CAUSE OF GRANDFATHER'S DEATH.

Esterwood, W. Va.,—Tosman Leger seventy years old, was shot and instantly killed by his grandson, aged six years, near here today. The latter picked up a gun unknown to the grandfather and was toying with it when it was accidentally discharged. The load took effect in Leger's back and the child, by the recoil of the weapon, almost had one of his eyes torn from its socket.

Better Housing Conditions for St. John

St. John has a housing problem. Families forced to accept houses available at a very small rental live under conditions similar in all important respects to the crowded districts of the large cities. A descriptive catalogue of apartments renting from two to six dollars per month would reveal a condition of affairs sufficiently alarming to disturb even ignorant contented folk, says the Sun. The cheap apartments rarely have any open spaces either at the back or front. They are rarely provided with proper sewerage connection and in many cases lack an adequate water supply. There are scores of cheap apartments in St. John in which all the rooms are either wholly or partially under the ground and consequently damp and dark. Moreover a comprehensive catalogue of local conditions would reveal an astonishing number of apartments in which space insufficient for the family was made to serve two and more. Any man who will study local needs in the light of modern experience and who will lead a movement for better housing conditions in St. John will help in the development of the city just as appreciably as the man who builds a factory.

STOMACH COMFORT.

When the Stomach rebels, Headache, Indigestion and Nerve Pain Follows—Mi-o-na Brings Relief.

Just as soon as you are done eating the stomach commences to churn the food around and mixes it thoroughly with the juices of the stomach.

If the food is not churned, it lays heavily on your stomach, turns sour and causes all kinds of distressing symptoms, such as headache, indigestion, stomach pain and dyspepsia. Mi-o-na helps the stomach to properly mix the food.

John S. May, of Irabella St., Belleville, Ont., says: "For seven months I was in constant agony with a case of nervous dyspepsia and indigestion that medical skill could not relieve. I was weak and had lost much weight through loss of appetite and suffering. My meals would fill me with gas and a feeling of oppression across the stomach and all up the left side, left me in a miserable condition. I was restless at night and as tired and unrefreshed in the morning as on going to bed. A choking sensation in my throat was always constant when lying down, and my heart seemed to flutter and pound as though it were coming out through my side. I was benefited from the first two days' use of Mi-o-na. I began to feel like myself again, my appetite returned and the depressive feeling left me. I can enjoy my meals without the least worry of after suffering. I have gained in weight and can sleep the night through in comfort."

Go to S. N. Wear, the druggist, and get a 50-cent box of Mi-o-na Tablets. Money back if Mi-o-na does not cure.

SERIOUS KITCHEN ACCIDENT.

What Zam-Buk Saved a Lady.

Mrs. Fredk. Bryant, of 169 Railway Ave., Stratford, spent dollars trying to get well, but failed until she tried Zam-Buk. It was this way: "I was in my kitchen preparing supper," she says, "when I upset some boiling water. It fell upon my foot, scalding it badly. Next day the skin came off the foot, and it was so painful I could not walk. I treated it, but instead of getting better it got worse, and finally I had to take to my bed. I was laid up for nine weeks, and in that time I tried all manner of so-called remedies. I had embrocations, dozens of salves, I think, and lotions, but the scald developed into a running sore. I was about beaten by it, when a friend advised me to try Zam-Buk. I did so. A few applications had the effect of soothing the pain and giving me what I had not had for weeks—a little ease. I persevered with Zam-Buk, and day by day the running sore seemed to get less inflamed and less painful, as the Zam-Buk drew away the poison and reduced the inflammation. In a very short time healing commenced and rapidly continued until the sore was completely healed. I would hardly have believed that any preparation could have done for me what Zam-Buk did, and I shall never be without a supply in the house." When you have a scald or burn, a skin sore, an ulcer, or any skin trouble or injury, try Zam-Buk. Made from the purest of herbal essences, it may be regarded as nature's own healer. Eczema, cold-sores, cracked and chapped hands, children's rashes, chilblains, all yield to its soothing, healing influence. It also eases the agony of piles. All druggists and stores, 50 cents box, or post free from Zam-Buk Co., Toronto, for price.

THE RUBICON

I.
One other bitter drop to drink.
And then—no more!
One little pause upon the brink.
And then—go o'er!
One sigh—and then the librant morn
Of perfect day.
When my free spirit, newly born,
Will soar away!

II.
One pang—and I shall read the thrall
Where grief abides.
And generous Death will show me all
That now he hides.
And, lucid in that second birth,
I shall discern
What all the sages of the earth
Have tried to learn.

III.
One motion—and the stream is crost.
So dark, so deep!
And I shall triumph, or be lost
In endless sleep.
Then onward! Whatsoever my fate,
I shall not care!
Nor sin nor sorrow, Love nor Hate
Can touch me there.
—William Winter in Putman's and The Reader.

CATARH CANNOT BE CURED

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials free.

F. J. CHERNEY & CO., Props., Toledo, O.
Sold by druggists, price 75c.
Take Hall's Family Pills for constipation.

The friends of the temperance reform cannot fail but be delighted with the strong pronouncement made by Bishop Casey, of St. John, against the liquor traffic. The man who drinks, the man who asks another to drink, are all included in the solemn warning of Bishop Casey. The challenge is definite and direct, and comes with all the power that attaches to his sacred office.—Amherst News.

Lame Back, Painful Stitches

Cured in Ten Days, or Your Money Back.

The moment you suspect any Kidney or Urinary disorder, or feel Rheumatic pains, begin taking

Fig Pills

FIG PILLS are sold with a guarantee to cure all Kidney, Bladder or Liver troubles, indigestion and all stomach disorders.

FIG PILLS are sold at all leading drug stores at 25c. a box, or five for \$1.00 at WARREN'S drug store.

MEMORIES OF DARWIN.

Ambassador James Bryce Knew Evolutionist Well.

Among the famous men whose natal year was 1809, and whose centenaries have occasioned a pouring forth of anecdote and reminiscence, Mr. James Bryce notes "four men likely to be remembered among the English-speaking races as long as English is spoken—two statesmen, Abraham Lincoln and William E. Gladstone; one poet, Alfred Tennyson; and one man of science, Charles Darwin." The British ambassador goes on to observe, in his article on Darwin in Harper's Magazine, that while "the last named of these was the one whose influence spread most widely over the whole of civilized mankind during his lifetime, and continues to be felt with undiminished force to-day," he was the one among those four who was least known personally. Although his books and his theories were being discussed all over the world, his personality remained unfamiliar even to his own countrymen. His life was uneventful, or, as Mr. Bryce puts it, it had in it only one event, his voyage on the exploring ship Beagle, during the conventional classical education at Shrewsbury, his home town, and later at Edinburgh and Cambridge, intending to take orders in the Church of England, he began to manifest an interest in birds and insects, and became known to Prof. Henslow, an accomplished botanist and geologist, and other scientific men in Cambridge. To continue from Mr. Bryce's narrative.

He had not quite dropped the notion of taking orders when Prof. Henslow told him that Capt. Fitzroy, who was to command the Beagle on the voyage already referred to, was looking out for a naturalist to accompany his expedition. Henslow remembered his young friend, then twenty-two years of age. Darwin jumped at the proposal. Captain Fitzroy accepted him, though at first deterred by the shape of Darwin's nose, which he thought indicated a want of force of character. The voyage lasted from 1831 till 1835. It was Darwin's education, and furnished the basis for his famous theory. The book in which he recorded his observations, and which established his reputation as a scientific student, is a delightful book, which any one, however scanty his knowledge of science, may read with pleasure even to-day, when we know so much more about the places and the subjects of which it treats. Never did five years yield a richer harvest to any man than those years to Darwin and to the world. But while they gave knowledge and brought fame, they took away health. He had been a strong man when he embarked. But the almost constant seasickness from which he suffered when the little vessel was tossing on the waves so told upon him that when he landed his nervous system was permanently weakened, and he was never thereafter the same man physically, never capable of such continuous hard mental work. In 1839 he married Miss Wedgwood, and in 1842, being in fairly easy circumstances, he bought the small estate of Down, nearly twenty miles from London, and settled himself there for the rest of his life, giving to his scientific observations and reflections all the time that his physical weakness permitted. He was tended with the most loving care by his wife and helped in his investigations by his sons, some of whom have themselves achieved high distinction in different branches of science. It was there, at Down, that I saw him not long before his death. He was nearly six feet high, but did not look his height, having in later years contracted a slight stoop. Every one has seen engravings or photographs of him. They give a very good idea of his face, for its features were well marked; and in elderly men the expression seems to become a part of the features.

Force of the Farthing.
In the North of England the farthing is rarely seen, but in London and rural districts in the South it is plentiful.

And in a short time it will be almost a necessity, for the British Electrical Federation, which operates about 450 miles of tramways in the country, has, in order to popularize farthing fares on its lines, made arrangements with the Mint to supply two and a quarter millions of these small coins, representing £2,340 odd. In the last ten years the highest issue of farthings was 8,243,200, representing twenty-three tons, in 1901, and the lowest was in 1904, when only ten tons were coined.

Before leaving the Mint, the farthings are purposely dulled, so as to prevent "ring-the-change artists," and confidence tricksters from passing them off as half-sovereigns. Farthings are largely used by milkmen, postoffices, and those drapers who have not yet adopted the practice of offering a customer, instead of the farthing change, a paper of pins, on which there is another profit.

A Gigantic Pie.
In 1709 a monster Christmas pie was despatched from Hawick Hall, Northumberland, for Sir Henry Grey in London. It was composed of the following:
Two bushels of flour, twenty pounds of butter, four geese, two turkeys, two rabbits, four wild ducks, two woodcocks, six snipes, four partridges, two geese's tongues, two curlews, seven blackbirds, six pigeons.

It took two men to carry this gigantic pie to the table. North country pies are still famous, and only require tending to be fully appreciated. In the past pies were more popular than they are at present. In the time of Henry III, an order was given to the sheriff of Gloucester to send to the King twenty salmon to be put into Christmas pies, and to the sheriff of Suffolk ten brawns, ten peacocks, and other items for the same purpose.

The Very Closest.
"My boy," said the old uncle to his young nephew, "you are my closest relative, are you not?"
"No, uncle," sweetly replied the little fellow, "my father has that distinction. He never gives me a cent unless I ask him for it."

MINARD'S LINIMENT CURES DANDRUFF.

Health First for Your Daughter

'Drive your daughters out of doors' That's my advice to all mothers of young girls in high school, says a well-known writer.

I think the way in which many girls study and grind and toil over their lessons in high school is absolutely absurd. It is not so bad in college, for the period of rapid growth and development is practically past when the girl enters college.

But for a mother to allow a little high school girl to spend her afternoons and maybe a large part of her evenings bending over her books, is little short of crime.

Perhaps your daughter wants to bring home a fine report card. Then tell her that if she can do it without undue effort you will be glad, but that if she cannot you prefer rosy cheeks to "A's", and bright eyes to honors.

Of course, there are plenty of ambitious girls who do not in the least need to be restrained, and some brilliant girls who can win the honors without paying too highly for them, but I am not speaking of such cases.

In an academy near where I live, the girl who won the valedictory and the girl who won the salutatory last spring both broke down before the term was ended, and were unable to deliver their commencement parts.

Isn't that a tremendous object lesson?

The president of Mt. Holyoke College says that many girls come to her saying: 'We don't understand how it is, but we can't sit up nights and study the way we used to do in high school. We always used to do it there.'

"That's just it," she answered them. "You always did it when you shouldn't have and now, of course, you can't. And because you overtaxed your strength then, now, when you need it so much, you haven't any."

"If I had a girl of fourteen or fifteen said a prominent woman doctor, discussing the case of a sickly little book-worm she was trying to bring back to health, 'I'd try to have her climb trees and jump fences and be just as much of a tomboy as she possibly could.'"

A mind developed at the expense of a weakened body, becomes like a skilled artisan condemned always to work with blunted tools.

Mental vigor, however abundant, can never accomplish all it might, without physical vigor to support it.

"Health," some great writer has said, "is a crown on the head of the healthy, no one sees it but the sick." Take your daughter's books away, drive her out of doors and in every way you can, see to it that she may be one who unconsciously wears the fair crown of health and not those who sadly admire it on the head of another."

Marshalltown, Digby Co., N. S.
January 4th, 1909.

Empire Liniment Co., Limited.

Last winter while working my horses in the woods, one fell, straining the cords of the fetlock so badly it laid him up. I used all the different liniments including horse liniments without the slightest benefit.

My son bought your EMPIRE LINIMENT and a few bottles made a complete cure, so that I was able to put him back to work in the woods.

I will cheerfully furnish any further information to anyone and will say without hesitation your liniment cannot be excelled.

Yours very truly,
J. F. TRASK.

A FINE CALENDAR

We have received a copy of "The Gospel Text Calendar," for 1910, published by H. S. Hallman of Berlin Ont. It contains thirteen large sheets, beautifully printed in colors, suspended from a silk cord. Each sheet except the cover contains a design of a Bible with the Bible text for each day in the month, and at the lower end of the sheet a calendar for the month in large figures. The publisher desires an active agent in each county or city to sell the calendar. Price 25cts. each; sample copy and prices to agents 15 cts. Send for a copy to H. S. Hallman, Berlin, Ont.

Shiloh's Cure
quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

In Stock and Landing this Week

100,000 CEDAR SHINGLES,
20,000 SPRUCE SHINGLES,
40 barrels CEMENT,
50 casks LIME.

J. H. LONGMIRE AND SONS



If you had a voice like thunder, with a Megaphone attachment you could not reach as many people as you can through our want ads. You have not got the voice but our paper is at your service all the year around.

WANTED

Hides, Sheep's Pelts, Calf Skins and Tallow.

GEORGE M. LAKE.

Wanted Now

for Bridgetown and surrounding district for Fall and Winter months an energetic, reliable agent to take orders for nursery stock.

GOOD PAY WEEKLY.

EXCLUSIVE TERRITORY
OUTFIT FREE.

Six Hundred Acres.

under cultivation. We guarantee to deliver stock in good condition and up to contract grade. We can show you that there is good money in representing a well known, reliable firm at this time. Established over 30 years. Write for particulars.

PELHAM NURSERY CO.

Toronto, Ont.

Grand Central Hotel

BRIDGETOWN, N. S.

Centrally located in the business section of the town. Every attention paid to the comfort and requirements of guests.

Sample rooms in connection.

J. D. PACRIER, Proprietor.

WANTED BOYS AND GIRLS TO EARN MONEY AT HOME

THE MONITOR SENTINEL wants a good live boy or girl in every school district to secure subscriptions for this paper. A handsome commission paid for New Cash Subscriptions. Full particulars will be sent upon request. Address

MONITOR-SENTINEL,
Bridgetown.

Walter Tosh
BELLEFLE POST OFFICE
Upholstering and Cabinet Work
Repairs of every Description

Just Arrived

a fresh line of

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including

Fresh Halibut, Codfish, Smelts, Smoked Haddies, Bloaters, Fillets, Salt Boneless Cod, Herring, Tongues, and Sounds, at

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Professional Cards

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BARRISTER & NOTARY PUBLIC
Annapolis Royal
11 DDDLETON EVERY THURSDAY
Office n Butcher's Block
227 Agents of the Nova Scotia Building Society
Money to loan on Real Estate

J. J. RITCHIE, K.C.

Keith building, Halifax.
Mr. Ritchie will continue to attend the sittings of the Courts in the County. All communications from Annapolis clients addressed to him at Halifax will receive his personal attention.

O. S. MILLER

BARRISTER,
Real Estate Agent, etc.
SHAFNER BUILDING.
BRIDGETOWN, N. S.

Prompt and satisfactory attention given to the collection of claims, and other professional business.

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NOTARY PUBLIC, Etc.
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Head of Queen St., Bridgetown.

Money to loan on first-class Real Estate.

J. B. Whitman

Land Surveyor,
BRIDGETOWN, N. S.

Leslie R. Fairn

ARCHITECT
Aylesford, N. S.

Undertaking

We do undertaking in all its branches
Hearse sent to any part of the County.
J. H. HICKS & SON
Queen St., Bridgetown, Telephone 46
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Dr. F. S. Anderson

Graduate of the University Maryland
PAINLESS EXTRACTION
By Gas and Local Anesthesia
Crown and Bridge Work a specialty.
Office: Queen street, Bridgetown.
Hours: 9 to 5.

DR. C. P. FREEMAN

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Hours: 9 - 1 and 2 - 5
RUGGLES BLOCK, - Queen Street
BRIDGETOWN, N. S.

WANTED

A LARGE QUANTITY OF

HIDES, PELTS, CALF SKINS
& TALLOW

CASH PAID AT THE
HIGHEST MARKET PRICES
McKENZIE CROWE & Co., Ltd.

NOTICE

On and after Oct. 25th. all kinds of repairs for Frost and Wood's Machinery will be at Edward Craig's Blacksmith Shop, persons wishing to purchase any plows or any kind of Machinery made by Frost and Wood can buy of Mr. Craig or the undersigned.

ISAAC C. WHITMAN
Agent.
Round Hill Oct. 25th 1909.

Nova Scotia Fire

INSURANCE COMPANY,
LOWEST RATES consistent with safety.
SECURITY FOR POLICY HOLDERS
\$450,000.00
STRONGLY REINSURED
HEAD OFFICE. HALIFAX
JOHN PAYZANT, ARTHUR BAILLE
PRESIDENT, MANAGER.

F. L. Milner, Agent, Bridgetown

AN OPEN LETTER

From W. J. Gage, Esq., Toronto

A Problem of National Importance

Dear Friend:—

A bright young lawyer at the Muskoka Sanatorium for Consumptives some weeks ago, speaking of the burden placed upon him by having consumption, said:

"One has to lead a life of concealment. If I go away from this place people are afraid of me."

This is the sad lot of those who suffer from this dread disease.

On behalf of the thousands who are sick and will not be received by other hospitals, I make this appeal for the Muskoka Free Hospital for Consumptives.

Nearly 10,000 people from every part of Canada aided in this good work last year, sending us \$20,000.

The Trustees have faith that a still larger number will help.

The Physician's offices, throat rooms, etc., up to the present have occupied rooms in the hospital that rightly belong to patients.

To make better provision for the work, and furnish more accommodation, a new administration building is now under way. A cottage for the Physician and his young wife had also to be built.

To provide for this outlay, and to care for patients for the coming year, we must secure at least \$50,000.

The Muskoka Free Hospital for Consumptives never refused a patient because of his or her inability to pay. It cares for those whom other hospitals refuse. It cares for those whom other people are afraid of.

"I was sick and ye visited me," was Christ's commendation. Should not a richer benediction be yours if from a loving heart your dollar makes a golden visit to this hospital, bringing health and joy to those whom other people fear, and whom, in many cases, nobody wants. Will you have the luxury of giving?

Faithfully yours,

Toronto, 1907.

W. J. Gage