

FULL OF ACHEs AND PAINS

Toronto Mother Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Toronto, Ontario.—"I have found Lydia E. Pinkham's Vegetable Compound a splendid medicine to take before and after confinement. A small book was put in my door one day advertising Lydia E. Pinkham's medicine, and as I did not feel at all well at the time I went and got a bottle of Vegetable Compound right away. I soon began to notice a difference in my general health. I was full of aches and pains at the time and thought I had every complaint going, but I can truthfully say your medicine certainly did me good. I can and will speak highly of it and I know it will do other women good who are sick and ailing if they will only give it a fair trial. Lydia E. Pinkham's Liver Pills are splendid for constipation. You are welcome to use my letter if you think it will help any one."—Mrs. HARRY WESTWOOD, 548 Quebec Street, Toronto, Ontario.

The expectant mother is wise if she considers carefully this statement of Mrs. Westwood. It is but one of a great many, all telling the same story—beneficial results.

Lydia E. Pinkham's Vegetable Compound is especially adapted for use during this period. The experience of other women who have found this medicine a blessing is proof of its great merit. Why not try it now yourself?

Genuine BAYER ASPIRIN

Say "Bayer" - Insist!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer product proved safe by millions and prescribed by physicians for 25 years.

Accept only a Safe Bayer package

which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monach, scientific discoverer of Salicylic acid.

Off to the Lake!

Warm day, tired, sticky; Off to the Lake.

DON'T forget a good sized basket of Sandwiches—you'll need stacks and stacks of them when you make 'em from our ideal

Sandwich Loaf

—Firm even, perfect-cutting and so rich in food-value.

LOVELL'S BREAD

Phone 73

CHOLERA INFANTUM

Cholera Infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months and unless prompt action is taken the little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent the dreaded summer complaints. They are an absolute safe medicine, being guaranteed to contain neither opiates nor narcotics or other harmful drugs. They cannot possibly do harm—they always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Poets Corner

JUST BEFORE

Though he that, ever kind and true, Kept stoutly step by step with you, Your whole long, gusty lifetime through
Begone a while before, Be now a moment gone before, Yet doubt not, soon the seasons shall restore
Your friend to you—

He has but turned a corner—still He pushes on with right good will, Through mire and marsh, by hedge and hill,
That self-same arduous way— That you and he, through many a doubtful day, Attempted still.

He is not dead, this friend—not dead But in the path we mortals tread, Got some few trifling steps ahead,
And nearer to the end, So that you, too, once past the bend, Shall meet again, as face to face this friend
You fancy dead.

Push gaily on, strong heart! the while
You travel forward mile by mile, He lingers with a backward smile,
Till you can overtake; And strains his eyes to search his wake,
Or, whistling, as he sees you through the brake,
Waits on a stile.
—Robert Louis Stevenson.

THE PASSING OF THE PIONEER

(Written by the late Cameron Kester M.A., editor Elmira "Signal")

Down the last of the trails they are bearing—
In a solemn and glorious line,
Through the valley of death they are faring,
With a soul unafraid and divine—
With that soul that was ever divine—
The old pioneer fathers are passing,
And this thing ye shall take for a sign.

For with every white head that is sinking,
For with every aged heart that is dead,
Ye are losing gold threads in the linking
Of traditional days that are sped,
The dumb epic eternally sped—
With the gift of their stern tribulation
Which now carpets the path that ye tread.

There is never a zephyr soft-sighing,
Where the primeval forest once lay,
There is never a patriarch dying,
But a story is passing away—
And a glory is passing away—
Of the humble who founded a nation,
In the travail and stress of the day.

Though the shanty that crouched in the clearing,
Is a ghost in the wrack of the past,
Though your pioneer fathers are nearing
The dark trail that is blazoned the last—
Though they pass down the trail that is last—
Yet their spirits will hover above ye,
In the wind and the stars they will love ye,
For the fight they will strengthen and prove ye,
Till they mould ye the pioneer cast.

'Tis lovely when we rest content
I think it's what our Master meant
To come and get refreshed
His yoke is easy, it is light
When in His service we delight
With full assurance we are right
We lean upon His breast.

For He can use most useless things
Yes, honey from a carcass brings
And sanitary formed
We cannot for a single hour
Limit the Almighty's power
The wilderness may be a bower
And wretched lives transformed.

He never with our will consults
We know some glorious results
For good has been ordained
What we have read in sacred story
When this old-world gets weak and hoary,
"The Son of Man comes in His glory"
Then just rewards are gained.

But that must be an awful shock
To hear "Depart I know ye not,"
All on account of sins
"To come" the opposite ensures
That the inheritance is ours
Ready from the earliest hours
The dawn of heaven begins.

His kindness supercedes all thought
More than we ever dreamed or sought,
Or ever could believe.
Unselfish acts, and motives pure,
The highest tribute will ensure
Yes something greater, richer, truer,
God's nature we receive.

The Poets Corner

JUST BEFORE

The cleansing, an essential part
The purity of mind and heart
Our shadow's might long
An influence that might excel
Far, far beyond where now we dwell
Beyond this plane for who can tell
The end of sacred song.

—W. B. LAWS
Aug. 16th, 1925, Watford, Ont.

LITTLE FOLKS' BIG LAUGH

Below Are Some Gems of Just Humor.

To collect the funny say
children in to run the risk
charged with being a vendor
nuts. Few literary tasks of
could be more difficult. In
dren's Funny Sayings" Mr.
Knox has provided hearty
and entertainment for all
children and appreciate t
leries.

The conjurer was prod
from a top-hat. He addre
me, in the front row. "You
can't get eggs without hi
she?" he asked. "Oh, ye
Sammie. "How's that?" s
conjurer. "She keeps du
Sammie.

"Bobbie," said the wom
Underground, severely.
you get up and give your
father? Doesn't it pain
him reaching for the str
in the Underground."
"It does at home."

Her grandmother, a
Marjorie good night, a
switching of the bedroo
quired, "I suppose you
being in the dark, darlin'
mind some dark, grannie
replied, "If I can have a
as well."

"You naughty boy," said
mother. "Just look at you
Ruined! You've been fight
I know. And now I'll have
you another rain. What we
have to put up with!" "Don't
worry, mother," said Jimmy.
Freddie's mother will have
to buy a new Freddy!"

"Do you know the popula
Bradford?" asked Tommy's
"Not all of them, teacher."
Tommy. "You see, we've
here two years."

A little girl was lost in
and was taken to a police
The officers tried in every
to learn her name. Finally
said, "Tell me, what name
mother call your father?"
"Why," said the child, "in
doesn't call him any name
she likes him."

"Yours is a very expensive
my boy," said father, with
face and a short purse. "Yes,
it is," replied the young
"But I don't learn more than
I can help."

"Mummy," said the small
arrival at the country cotta
"There is the bathroom?"
bathroom, dear?" said he
"Good!" exclaimed the boy.
"This is going to be a real
holiday."

A little girl had a bad
cold, and holding a rose up
to her mother's nose, asked,
"Does it smell sweet, mother?"
"Yes, dear," said her
mother. "Can't you smell it?"
"No," said the child. "My
nose is deaf."

"Noah's Ark was made of
wood, but Noah's Ark was
made of Orleans," wrote
a small boy in answer to
an examination question.

"He won't hurt you," said
the dog owner to the frighte
little girl. "Don't you know
that a barking dog never
bites?" "Yes," sobbed the
little girl, "but w-what ab-
out when he stops barking?"

Two boys, invited by a
stern maid-on-a-holiday with
her, agreed to try up to see
which should go. One duly
arrived, and in reply to his
austere relative's inquiry
explained why his brother had
not come. "So you won the
toss?" said his aunt. "No,"
said the boy, lugubriously;
"I lost."

When Laughter Kills

A man living in the Midlands of England died recently of laughing at a comic film play. To most people the news that laughter has more than once endangered life will doubtless come as a surprise.

One of the earliest known instances concerned a famous Roman philosopher, Chrysippus, who died of an immoderate fit of laughter on seeing a donkey eating some figs intended for his own meal. "Give him a bumper of wine to wash them down!" the philosopher bade his attendant, and then died from excessive merriment.

There is also on record a well-authenticated story of a Greek artist who painted a portrait of an old woman, and was so amused by the leer he had given her features that he laughed continuously for twenty-two hours, after which he died from exhaustion.

Not long ago a woman went to the dentist to have a tooth filled. "I wish we were all born without teeth!" she said, as she took her seat in the chair. "Well, aren't we?" inquired the dentist.

There was a ripple of laughter from his patient, followed by paroxysms of unrestrained mirth lasting nearly ten hours. In this instance the victim quickly recovered.

Bible Thoughts for This Week

August 22
THERE IS NO FEAR IN LOVE; but perfect love casteth out fear; because fear hath torment. He that feareth is not made perfect in love.
—1 John 4:18.

August 23
LOVE WORKETH NO ILL to his neighbor: therefore love is the fulfilling of the law.—Romans 13:10.

August 24
WISDOM'S WAYS are ways of pleasantness, and all her paths are peace.—Proverbs 3:17.

August 25
THUS SAITH THE LORD that created thee, O Jacob, and he that formed thee, O Israel. Fear not for I have redeemed thee, I have called thee by thy name; thou art mine.
—Isaiah 43:1.

August 26
REMEMBER NOW thy Creator in

with Mr. Cook who was in business at that time. Later he went to Petrolia where he made many friends, and from there to Detroit where he entered real estate, and a very successful finance business. This he carried on many years and prospered greatly.

was a devout Catholic and an in his church for many years, member of the Knights of

in his closing remarks did well for all to profit from Christian life of our William H. Roach. Mrs. Cook were his widow and three children, Mr. and Mrs. Ellen and Nell, and Mr. J. W.

in the door. Resident building in Detroit, Michigan. There is slight possibility of the currency with various denoms one to twenty dollars.

CO-OPERATION and the Russo-American Agreement are a beautiful bridge between the East and West. Paris known as the City of Light is a beautiful city.

Nation Mourns Loss of Adam Beck

Notables and Humble Alike Pay Homage to His Memory

Canada mourned with London on Tuesday at the funeral of the late Sir Adam Beck. From all parts of the province the country's most distinguished citizens came to pay homage to the memory of a great Canadian.

Some Notables

Representatives of the dominion and provincial governments, Premier G. Howard Ferguson, Rt. Hon. Arthur Meighen and officials of the hydro-electric commission arrived in London at noon abroad a special C. N. R. train, to pay their last respects to their colleague and associate, Sir Adam Beck, creator of hydro power in Ontario.

Rt. Hon. George P. Graham, minister of railways and Hon. H. P. McGovern, minister without portfolio, who is related to Sir Adam Beck, represented the province at the funeral.

to use
SON'S PADS



MILLER'S WORM POWDERS

THE RESTLESS CONDITION BROUGHT ON BY THE PRESENCE OF WORMS:
AND RESTORE THE CHILD TO NORMAL HEALTH.

NO NARCOTICS - PLEASANT AS SUGAR

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DELIVERY SERVICE—Any order, no matter how large, will be delivered any place in town. Pay the delivery boy for each delivery..... 5c

RUBBER JAR RINGS 3 DOZ. 25c	ZINC RINGS 20c DOZ.	WHOLE PICKLING SPICE 23c lb.	BLENDED CIDER OR SPIRIT VINEGAR 35c GAL.
KHOVAH CUSTARD 2 TINS 25c	FANCY FIG BAR BISCUITS 19c lb.	2 IN 1 SHOE POLISH 2 TINS 25c	
SHREDDED WHEAT 2 PKGS. 25c			
IVORY SOAP FLAKES 10c PKG.	GUEST IVORY SOAP 5c CAKE		

Cash prizes of \$4,000 and the title of "Champion Band of Canada," will go to the winner of the band competitions on Music Day, at the Canadian National Exhibition.

VOLUME

Local

Mr. John ... day on a trip
Miss Nelli ... Cleveland H
Semi-Read ... A. Brown &
Mr. and M ... spent Sunday
Forest.
Mr. and M ... Detroit were
St. Clair

CANADIAN

Trains lea
follows: GO
Accommoda
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Detroit Expre
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C. W. SAWER
Watford, Ontario
Residence—Onta
hours—8.30 to 9
7 to 8 p.m., Sunda

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Licentiate General
Dentist. Member
Dentists of Onta
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Latest and Most
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the Guide-Advocate of
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Siddall's office.

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grateful user of Dr. J. D
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other help. Years of needl
ing may be prevented by
wonderful remedy at the f
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cost is slight, and it can b
almost anywhere.