

OF INTEREST TO WOMEN

This is a Short Letter, But It Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."—Mrs. W. J. Brady, R. R. 2, Bothwell, Ont.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, curative influence, and as it contains no narcotics or harmful drugs it is a safe medicine for women.

If you want special advice write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read, and answered by women only.

1869—600 Branches—1919

The Royal Bank of Canada



Give your Boy a Chance! You will not miss the small monthly amounts.

On the first day of every month draw a cheque for \$10 for the credit of your son's Savings Account. Do this regularly for (say) ten years.

Your boy will then have \$1,387.42. He can own a farm when other boys are still working for wages.

CAPITAL AND RESERVES \$33,000,000
TOTAL RESOURCES - \$470,000,000



Always the same rich, full-flavored tea.

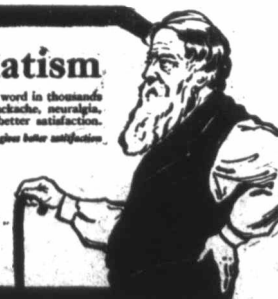
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Red Rose Coffee is always fresh

Backache—Rheumatism

For over 50 years Minard's Liniment has been a household word in thousands of homes all over Canada. It quickly relieves rheumatism, backache, neuralgia, sciatica, sprains or bruises and pain of any kind. None give better satisfaction.

Minard's
King of Pain
Liniment
At all
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Steamship "GOVERNOR DINGLEY" will leave St. John every Wednesday at 8 a. m. and every Saturday at 6 p. m. (Atlantic time)

The Wednesday trips are via Eastport and Lubec due Boston about 10 a. m. Thursday. The Saturday trips are direct to Boston, due Sundays about 1 p. m. FARE \$10.00 STATE ROOMS \$2.00 UP

Direct connection with Metropolitan Line steamers for New York via Cape Cod Canal. Freight rates and full information apply to

A. C. CURRIE, Agent,
St. John, N. B.

Man O' War to Race No More

Philadelphia, Oct. 19.—The great Man o' War will race no more. Samuel D. Riddle so announced yesterday and said that not even his closest friends would be allowed to see the horse until the animal has had a chance to pull himself together and rest after his victory over Sir Barton and the long ride from Canada. Furthermore, Mr. Riddle wired to J. O. Kesene, Kentucky sportsman, refusing another race for a 50,000 purse.

"You may state positively that the horse will remain in strict seclusion," said Mr. Riddle. "This is flat and final and even my dearest friends will not be allowed to see him, so any persons who may go to the trouble or inconvenience to try to see the horse are wasting their time. This was positively his last race. He will not race again."

CURRENCY DEPRECIATION

What is needed is to put value behind the dollar. At present fifty cents is masquerading as a dollar, and we are all being fooled—the working-man and the farmer most of all. To hang back and sulk will not help. Thrift will help; cutting out luxuries will help; but hard work will help most of all. If the farmers and working-men would put their backs into their work as never before (and they ought, not only on patriotic but on humanitarian grounds) the value of their dollars would immediately rise, and, having regard to the world shortage in everything, in a much greater ratio than wages and prices would fall. Their wages and cash returns would not be as great as they are now, but they would purchase more of the things they desire and need. When commodities increase, the dollar automatically rises in purchasing power. The boot, in fact, is on the other foot when this takes place. The holders now bid for the purchaser's custom.

Abnormally high wages and an actual shortage of commodities means that those on fixed salaries or with fixed incomes virtually starve. A new proletariat is created—the so-called poor-rich; and, we may add, the cultured-poor. And, at best, those who receive the high wages but break even, for as wages rise prices rise. The farmer, because of his light taxes and frugal way of living, comes out at the big end of the horn. But he is mistaken if he thinks that to loaf and let his fields lie fallow will in the end help him; and that by doing so he will maintain high prices in produce. Nothing deteriorates so rapidly as an untilled farm. A farm is capital, and to neglect it is fatal. Capital is not capital unless it works. The farmer is driven by the very nature of things to get out of the land all the land will yield. He would be a fool not to do so. More than once potatoes have been shipped from Ireland and Denmark to New York, attracted by

MAGIC BAKING POWDER

Contains no alum

We unhesitatingly recommend Magic Baking Powder as being the best and purest baking powder possible to produce. It possesses elements of food that have to do the building up of brain and nerve matter and is absolutely free from alum or other injurious substitutes.

fancy prices. Let him go out of wheat in Ontario and the wheat of the North-West will come to Ontario, and be sold just as cheaply, because the price of wheat is fixed in Mark Lane. No one in Ontario will be any the worse off; but he will lose his profit on the wheat. Let him go exclusively into cattle or hogs, and the Argentine, with its vast estradas, will quickly enough show him that it can beat him at the game of export. Those farmers who talk of slackening production with the idea that by doing so they will boost prices, talk like mad-men. No class that is up against the competition of the entire world can afford to slacken its efforts. Surely a farm is precisely like any other business. A neglected business, or a business run at half capacity, speedily lands its owner in bankruptcy. And precisely in the same way, and for the same reason, a farm that is only half-cultivated rapidly loses in value.

The truth is that what is needed is a revival of the sense of moral obligation among all classes. There is a divine curse on selfishness. The man who does not profoundly feel a sense of obligation to the whole human family at this dread pass of affairs has the heart of a devil. Here is a chance for our universities and our churches to demonstrate their usefulness. The cardinal sin to-day is a most disgusting class selfishness. If persisted in it will destroy trade unionism throughout the world, and may destroy all ordered government. Shorter hours have not led to increased output per unit-hour. Less is being produced per hour of labor with shorter hours, and, in some cases, threefold the wages, than under the old dispensation; and the working-man's sense of obligation towards society has practically vanished. There must be a revival of the great truth that the whole race is in each one of us, and that the central loyalty must be, not the prosperity and power of a group, but the well-being of the human family. We are all in it together. Let us act together for the good of all which is the good of each.

What Every Automobilist Knows

That the people with him on the trip are going to let him pay for the meals.

That if he acquires a punctured tire nobody but himself is going to fix it.

That the people with him will tell of perfectly lovely trips they have had in expensive cars and how easy they ride.

That the most nervous lady in the party will insist upon sitting in the front seat with him to call his attention to obstacles in the road.

That the squeals and rattles in the car will be mentioned first by the guests, and somebody will say, "That's always the way it is with these cheap cars."

That he will be allowed to carry the baskets to the picnicking place and go two miles for the water.

That nobody will make a motion toward the pocketbook when he has to stop at a filling station for gasoline.

REPUTATION

First Gossip—Don't tell a soul, but I saw a whole barrel of whiskey delivered to the Topeley's this afternoon in broad daylight.

Second Gossip—How'd you know it was whiskey?

First Gossip—Why, Topeley himself helped the delivery man handle it with care.

PROMPT RELIEF

for the acid-stomach, try two or three

KI-MOIDS

after meals, dissolved in the tongue, for your stomach, try KI-MOIDS—the new acid destroyer.

MADE BY SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

A RED CROSS BRIDGE.

Food Plentiful in Canada. Scarce in Europe—Needs of the Children.

The development of the dairy industry of Canada during the past two decades has been surprisingly rapid. Quick to realize the profits to be derived from milk production and the great value of dairying in conserving the fertility of the soil, the Canadian farmer has not hesitated to increase his investments in dairy cattle. The industry expanded during the five years of world war. Canada, being distant from the theatres of war, although handicapped by the drafting into military service of half a million of her most vigorous manhood, was able to continue the development of many of her important industries, particularly agriculture.

It was not so in Europe. There the fiery blast of war, which left profits in some parts of the world, almost extinguished not only industry but national life itself in other. The drain upon manhood was so great that now in hundreds of thousands of families no adult males remain. Europe moreover is filled with orphan children whose prospect of life is marred by the lack of all that is necessary to bodily and mental growth. In most cases the earning power and consequently the purchasing power of their families is utterly destroyed.

Turning again to Canada we find there a surplus production of the commodities that are so badly needed in Europe. Condensed milk for instance is a commodity that is a prime necessity for the children of the poor communities of Europe but the nations to which they belong have no means of purchasing it for them. The Canadian Red Cross is going to endeavor to supply part of their needs by means of a general appeal for contributions to be made during Armistice week on behalf of the British Empire Fund, which is to be used in the humane task of relieving the sufferings of millions who are stricken by famine and disease. Part of the fund will be used for purchasing in Canada suitable supplies and thus the Red Cross will furnish the bridge across which some of our surplus milk will reach the enfeebled children in war-stricken areas. Those who assist will not only have the satisfaction of having contributed to relieve the sufferings of others less fortunate but by helping others will thereby indirectly help themselves.

FROM GENEVA.

Organizer for League of Red Cross Societies Tells of Need of Europe's Orphans.

"While we at home are intent on industrial expansion and a place in the sun, Europe in its war-weakened condition is fighting for its very existence," said Donald W. Brown, director of the department of organization in the League of Red Cross Societies of the World, which has its headquarters at Geneva, Switzerland. He visited Toronto to learn the peace program of the Canadian Red Cross Society and to establish closer contact between it and the league.

Millions of War Orphans.

Having just arrived from Europe, Mr. Brown was able to give the Canadian Red Cross some first hand information concerning the people of Europe. He called attention particularly to the condition of the children, so many of whom are now orphans. While the exact number who have lost one or both parents during the war cannot be determined, the most conservative estimate places the number at over ten millions. This number seems quite consistent with the heavy war casualties among so many nations.

Dependent Upon Charity.

The condition of these children is in most cases very pitiable. Many of them have no homes and they are dependent upon whoever may be charitable and kind enough to help them. But there are few who are able to give such help for the mass of the people of Russia, Poland, parts of Roumania, Czecho-Slovakia and other countries are so poor that they have not necessities for themselves. Consequently in the great area between the Baltic, the Black and the Adriatic Seas, there are millions of children who face the next few years, and particularly the coming winter, without hope of proper care unless outside assistance is given them.

Disease Prevalent.

In addition to the unhappy condition of the children the adult populations are in the direst of misery on account of disease. Suffering has been accentuated by lack of food and clothing, nursing and medical attention, and tuberculosis, smallpox, typhus and dysentery are continuing unchecked.

Typhus which has so often proved a scourge and menace to the human race is again prevalent, and unless checked will most likely extend its ravages to an alarming degree.

British Empire Appeal.

For these urgent reasons, Mr. Brown said, the League of Red Cross Societies has made an earnest appeal to the people of the British Empire and he was glad to hear that the cause of the suffering children was being taken up in Canada. He had learned that an appeal on behalf of the British Empire Fund would be made in Canada by the Canadian Red Cross during Armistice week and wished for it every success.

Typhus in Canada.

In its earlier days Canada suffered from the ravages of a disease then known as "spotted fever" but now known generally by the name of typhus. It is a disease that spreads rapidly and is very destructive of human life. In the years 1914-17 it was brought to Canada by immigrants from the great east of Europe. It is only by taking urgent measures to stamp it out in the country where it is now raging that it can be prevented from extending.

NEW EYES

CANNOT BE HAD BUT, NEW GLASSES WILL RENEW YOUR VISION

BE WISE

HAVE US EXAMINE YOUR EYES. PERFECT GLASSES at a FAIR PRICE.

A. B. WILLISTON

OPTOMETRIST

With H. Williston & Co., Newcastle, N. B.

NEW ARRIVALS

Just in 3 crates of Crockeryware, Chinaware and Glassware including;

96 piece Dinner Sets, 44 piece Tea Sets, assorted patterns 5 gross Cups and Saucers, assorted and Plates to match Water Sets in Ruby and Gold. Eerie Sets in Ruby and Gold—Berry Sets "etched" Golden Butter Sets, these are a nice assortment for Birthday or Wedding Presents. Printed Pitchers (assorted) Bean Pots and Vegetable Dishes. 6 piece Toilet Sets in assorted patterns. Enamelled Tea Kettles, Tea Pots, Potato Pots, Stew Pots A large assortment of Fancy Lamps.

In Tinware we have:

Oval Boilers, Long Handled Dippers, 14 and 20 quart Kneading Pans, Covered Pails in 1, 2, 3, 4, 5, 6 quarts, Steamer Pails, Dust Pans, Chamber Pails, Granite Wash Bowls, Granite Pots, Victor Sifters, Pie Plates, Galvanized Wash Tubs, Dinner Pails, Loaf Sheet Iron Bread Pans (assorted) A full variety of Ferry's Garden Seeds.

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PHONE 79

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Beaver
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Flour!

Purity
Snow Drift
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A Full Stock of

FEEDS for Horses, Cows, Hogs and Poultry.

Molasses in Puncheons and Barrels

Sold Wholesale and Retail at bottom prices

P. HENNESSY

Look Over These Stove Prices

AND COMPARE WITH ANY ON EARTH

Brick Lined QUEBEC HEATERS

Height 35 inches Diameter of Fire Pot 11 inches

\$15.00 and \$16.00.

CAST IRON GLOBE STOVES

Coal Stove for Small Rooms

\$5.50 to \$6.50

FAVORITE BOX STOVES (cast iron)

18 inch wood.....	\$ 6.00
24 inch wood.....	12.00
27 inch wood.....	14.50
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36 inch wood.....	19.00

OAK STOVES 14 inch fire pot for wood or coal \$19.00

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