

UNB Orientation award winners

by DREW BROWN
Brunswickan Staff

"These awards of success simply symbolize the huge amount of effort and dedication of the UNB orientation committee of 1985."

These were the feelings expressed by Andrew McAllister, secretary of Orientation '85, after receiving four awards

from the Dean of Orientation of Arizona State University at the National Orientation Directors Association. Awards received were: First place: Best of show and Best Frosh Pack. Second place: Best Paraphernalia; and Third Place: Best handbook. On October 19th through to the 24th the two representatives of UNB's Orientation '85 Mark Braithwaite (Public Relations

Officer) and Jamie Young (Assistant PR Officer) went to the N.O.D.A. National conference in Arizona. Though NODA is referred to as a national organization, Canada has taken part in these conferences for the past six years.

There they not only received awards but also met with 70 different universities from around north America to improve their program next

year. The conference fees were paid both in part by the Student Council and the University. Various discussions took place at the conference including: Computerized Orientation Reservation Systems, Building Teamwork for Success, Alcohol Education and Effective Training.

The Executive for Orientation '85 were
Darren Brown-Chairman

Erik Gingles-Vice Chairman
Scott Bidell-treasurer
Andrew McAllister-Secretary
Mark Braithwaite-Public Relations

Jamie Young-Assistant Public Relations
Caroline Snow-High School Relations

Jon Schlagmilch-Logo Design
Peter Bessey-Assistant Comptroller of the SRC.



Andy McAllister, Carolyn Snow, Scot Spidell, Eric Gingles, Darren Brown,
James Young - Missing Marc Braithwaite.

'Disarmament is a priority'

by KAYE MACPHEE
Brunswickan staff

In his Oct. 24th statement on UN's Disarmament Week, Canada's Secretary of State for External Affairs Joseph Clark said there is reason for renewed hope.

The U.S. and USSR have resumed their bilateral negotiations; the Third Review conference on the Non-proliferation Treaty aimed at

preventing the proliferation of nuclear weapons was successful and a final document agreed on; and this month US President Reagan and USSR Gen. Sect. Gorbachov will come together for the first time in a summit meeting.

"We want to eliminate the danger of war in the nuclear age. Our aim is no less than to help ensure the survival of mankind," Clark said.

In Canada the government is seeking to develop an informed public opinion. One means of accomplishing this is the Disarmament Fund.

Through this fund, now totalling over \$700,000, encouragement is given to non-governmental organizations and concerned individuals to discuss, research and disseminate information on the disarmament issue.

On the international level, Canada will again this year support the objectives of the UN's Disarmament Campaign through a contribution of \$100,000, as it has twice before. 1986 has been proclaimed by the U.N. as the International Year of Peace. In view of this proclamation, Canada has, according to Clark, renewed its commitment to the pursuit of progress in arms control and disarmament.

"This will continue to be a matter of the highest priority for the Canadian government," said Clark.

Career Line

by KATE JOHNSON
Brunswickan Staff

Up! up! my friend, and quit your books,
Or surely you'll grow double;
Up! up! my friend, and clear your looks;
Why a ll this toil and trouble?

Wordsworth

Stanzas of Wordsworth's "The Tables Turned" have raced through my head on many a groggy Monday morning, or tormented me in a stuffy classroom when the sun is shining outside. We all have those days when the temptation to throw our notes to the wind and leave our G.P.A.'s sinking, unheeded, is overwhelming. For most of us however, such feelings pass, and we regain that industrious, inquisitive, noble commitment, which fuels us through assignments, mid-terms, exams, and brings us back, after summer and all its joys, to yet another Aitken Centre registration.

It's not that easy for every student; in fact many of you may face a never ending struggle for basic motivation. You may wonder why you're here at all, or you may not even care.

If you are a discouraged or disillusioned student, perhaps you should be asking yourself some of the following questions about your University life.

Did you come for YOUR reasons?

Why did you come to university in the beginning? Were you pressured by parents and friends, and their ambitions for your life? In my case, where both my parents have PhD's, I had to think very carefully about whether I was being pressured into something that I really didn't want to do: I had to make sure I was going for my reasons, and not for theirs.

Did you come for the RIGHT reasons?

If you are sure that you are at university for your reasons and no-one else's, are you sure that they are the right reasons? Pride, prestige, and respect will not carry you through four or five years of hard work if you haven't put your heart into the subject you're studying. The essential reason for being here must be that you want to learn, and you must enjoy the subject that you're learning. After all, when you eventually join the search for jobs, your highest qualification will probably be your degree, and what are your hopes for happiness if you hate the subject?

Is it University that is the real cause of your unhappiness?

Are you "down about life in general, having trouble at home, emotional/social problems, or financial difficulties? Problems like these may easily taint all other aspects of your life, including your attitude towards university. You may have all the necessary qualities to become a well-adjusted, successful student, but find your private troubles are too overwhelming for you to worry about school right now. Counselling Services have experienced, professional therapists who can help you deal with your life-issues like these which are interfering with your studies. With their help you may find new commitment and enthusiasm for your classes, as you discover that the real source of your unhappiness has nothing to do with university. Once you've pin-pointed a trouble area in your life, counsellors will help you as you try to deal with it - to them you are a person, not simply a "problem", and what you tell them is strictly confidential. Of course, if after talking with your counsellor, you still feel that university is not the place for you at this time, there will always be opportunities for you to return later on in life as a part time or mature student. I will explore these options in more detail at a later date.

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