

Panda tracksters a dedicated group

The track and field athlete is more often than not a fiercely dedicated individual, who, to improve and maintain his physical status, must undergo the rigours of daily training.

Probably one of the few truly amateur sports today, track and field does not insure its champions of the monetary rewards of a lucrative professional career. Consequently pride and personal satisfaction prove to be the prime motivators of track and field athletes. These incite many of them to train twelve months a year, a feat which requires a unique quality of dedication.

On the current varsity sports scene the popularity of track and field is steadily gathering momentum. Individually stronger this year, the Panda track and field team can attest somewhat for this growing interest in the sport. Working under the leadership of Leslie Dunning, the Pandas, with a small team of nine women, lack the depth necessary for the diversified events comprising track and field, but make up for it with talent. Despite specific weaknesses due mainly to their limited number, the Pandas possess a relatively solid nucleus of competitors, with most of them being very experienced in their individual events.

The majority of the Pandas concentrate on the distance and cross-country

events. Carie Cornish and Cathy Dewar, both third year competitors, participate in 800 and 1500 meter events. Sophomore Arlette Theroux is also a cross-country runner and takes part in these two events as well. Rounding out the cross-country crew is Glynis Dorey, a promising freshman. Esther Allman, a second year member, competes in two sprint events, the 50 and 200 meters. Also participating in these two events as well as the 50 meter hurdles is Norma Ferguson, the Panda's hurdle specialist. Fourth year team member Rose Mercier specialises in the shot put, a strength event. The pentathlon event is handled by fourth year member Liz Vanderstam, who displays the qualities of versatility and endurance, a must in the pentathlon. Anchoring the team is Brenda Walsh, who with participation in the national, North American and world competitions is the most experienced member of the Pandas. A member of Canada's PanAm Team in 1971 at Cali, Columbia, Brenda holds the North American record in the 300 meters, as well as the distinction of being the best in Canada at the 400 meters.

The Pandas participate in the WCIAA championships in Saskatoon Feb. 4 and 5. A little moral support is a small reward for the unwaivering dedication they show. (Broad hint.)

Judo tournament

University of Alberta judo team will host the second annual Invitational Judo Tournament Saturday.

The event is scheduled for the West gymnasium, west wing, Physical Education and Recreation Centre. It begins at 2:30 p.m. and continues throughout the day.

Approximately 75 competitors are expected from clubs throughout the province. Alberta is favoured to repeat as champions as they have black

belt competitors in all weight divisions.

There is to be both individual and team competition in the one-day event. Instead of the normal five weight classes, there will be only three. Heavy and light-heavy weights will be combined as will feather and light weight. There will be one division for competitors holding black and brown belts and another division with competitors holding white to blue belts.

Quance vs Frisby in battle of giants

Cowtown bouncers visit

by Ron MacTavish

On paper it looks like an exciting match-up. Six-foot nine-inch Dan Quance, a three year veteran of WCIAA wars versus Mike Frisby, the rapidly improving rookie. These two centres, the tallest players in the league, will square off this weekend as the Calgary Dinosaurs come calling on the Golden Bears.

These teams met earlier in the season at Calgary with each squad gaining a victory. In that series neither of the aforementioned players were dominant figures, as the Bears win was engineered by Marty Lyons and Bob Morris, while the Dinosaurs owed their triumph to the hot shooting of Garry Elliot.

However since that time Quance has emerged as the Dinnies star. His 12.1 points per game average is a team high while his rebounding totals of 12.9 per game lead the league in that department. As for Frisby his 41 point performance in last weeks series against UBC, in which he shot a dazzling 69.5 per cent from the floor, indicates that he will give Quance trouble.

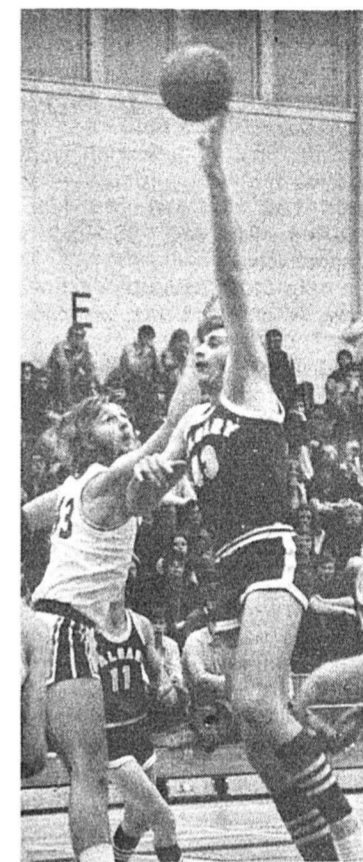
Frisby has progressed remarkably since the beginning of the season. He has developed into a fine offensive player, with

a variety of scoring moves that stem from his exceptional mobility. This ability alone should give him the edge over Quance, once the paper matchups are over, for if there is any knock against Quance, it is the fact that he is rather flat-footed.

Leaving these two individuals to themselves, it must be remembered that basketball is played with five men to a side and it is here that the Bears hold a decided advantage over the Dinnies as team statistics would indicate. The Dinosaurs have managed a paltry 57.5 points per game while the Bears are scoring nearly 74 points an outing.

On his teams over-all strength and balance, coach Barry Mitchelson figures the Bears have reached the stage in their development where any one player can provide the offensive spark needed for the evening, but more importantly he is pleased with the defense which has been functioning as a cohesive unit and has been stingy in yielding points of late.

It is this consistency at both ends of the court that has given the Bears a favored position in the fight for pennant honors and a sweep of the Calgary series would certainly prime the team for next week's trip to Vancouver.



— Ray Dallin photo

FLAT-FOOTED HOOKER

...Dan Quance comes to town

Hockey Bears also home to host Bisons, Bobcats

by Stu Layfield

The best thing a team can do after a long winning streak they have compiled has been snapped is to turn around and start on another one. This rather obvious conclusion is exactly what the Golden Bears have in mind for the coming weekend when they host the University of Manitoba Bisons and the Brandon University Bobcats on Friday and Saturday nights respectively at Varsity Arena.

The Bears had built up an impressive seven game unbeaten, untied record against WCIAA opposition in league play including a 5 - 3 victory over the University of British Columbia Thunderbirds last Friday night, before they were finally beaten the following evening by a 7 - 4 count by the same T'Birds.

Golden Bear coach Clare Drake was disappointed with his club's defensive performance in both games against their west coast rivals. The young and relatively inexperienced blueline brigade had no end of difficulties in getting the puck out of their own end and controlling the Thunderbird forwards in front of goaltender Barry Richardson, although a share of the responsibility for the latter duty must lie with the poor backchecking of some Bear forwards. Certainly all-star rearguard Steve Carlyle failed to play up to his usual standard of brilliance, while his defense

partner, young Brian Middleton suffered through two of his poorer games this season as well. The ten goals the Bears yielded in the two contests is one goal more than they had given up in the six previous league games and raised their goals-against average to 2.4, which is still highly respectable, but far removed from the paltry 1.5 goals per game they had been allowing up to that series against the powerful T'Birds.

Coach Drake has expressed pleasure with his team's performance over the first half of the season, which is understandable since the Bears had failed to be defeated and outscored their opponents 46 goals to 9. But following the loss to UBC, he regards this weekend's action as crucial to the club's future.

"I didn't expect the boys to play nearly as well as they did in the first half of the schedule. But we broke down against UBC, both as individuals and as a team. Now is the time I expect our team to start improving. Whether we can come up with a better performance this weekend after the loss is most important to our chances for the season."

Certainly the competition should be anything but a pushover. After a slow start, the Bisons defeated the University of Winnipeg Wesmen twice last weekend to take over the Eastern Division lead in the WCIAA with a 5 - 3 won-lost

record. They're led by high-scoring forwards George Watson, Jim North, and Bob Neufeld, and league badman Jim Trosky on the blueline. The Brandon Bobcats, a pre-season sleeper for Eastern division championship laurels, have been riddled all season by injuries, but showed signs of strength in last weekend's action against the University of Saskatchewan Huskies. The Bobcat attack is spearheaded by two of the league's better forwards in Danny McPherson and Roy McLachlin, the fourth highest scorer in the league last season.

Game time for both contests at Varsity Arena on Friday and Saturday nights is 8:00 p.m.

WCIAA BASKETBALL STANDINGS

Canada West

	W	L	PCT	GBL
Alberta	6	2	.750	—
UBC	6	2	.750	—
Victoria	4	4	.500	2
Calgary	3	5	.395	3
Lethbridge	1	7	.125	5

G-PAC

	W	L	GBL
Manitoba	7	1	—
Saskatoon	5	3	2
Winnipeg	5	5	3
Regina	2	4	4
Brandon	1	7	6

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