

DOCCOCO PARM WORKERS ASK

There are NO BETTER VALUES offered anywhere at any time, than the values we are giving daily in our stores for MEN and YOUNG MEN. We have just finished enlarging and re-modelling our store. Our floor space has been greatly increased, giving us much more room to display our mer-

We have CLOTHES for every type of Man, whether Work Clothes or the finest Dress Clothes. We have them and at prices that mean a

A Saving of DOLLARS to You

### All Our SUITS Specially Priced From \$25.00 to \$60.00

include all the NEWEST MODELS in TWEEDS, WORSTEDS, CHEVIOTS and SERGES. Pay us a call and see for yourself.

Our Furnishing and Shoe Dept. are aways up to date.

Here are TWO SHOE VALUES that should be of interest to you:

Men's Black Calfskin Shoe, re ceding toe. A real dressy Shoe.

Men's Outfitters

STORE No. 1-10146 101st St.

A FULL STOCK OF LECKIE SHOES CARRIED BY US

STORE No. 2-Cor. Peace and Phone 1977

THE HOME OF UNION MADE GOODS



### **About Bread**

A great philosopher asked on pain of death to name "the most perfect thing in the universe" replied, "That is simple. A loaf of bread."

Who will question his decision?

perfect delicacy the year round.

Think of a complete ration of food, capable all alone of supporting life and keeping the body fine and vigorous. Good Bread is the one perfect food, perfect tonic and

Good Bread is the one food good for all people of all ages. The one food that makes all foods better.

People who eat plenty of bread don't have to be running always to doctors for anaemia or indigestion. Bread alone keeps them well-nourished and healthy.

A pound-and-a-half loaf of bread will do the work of six pounds of sirloin steak and do it better.

Eat more Bread. Twice the amount you are now eating —and notice immediately the raise in your general health and vitality.

Edmonton baked Bread is Bread at its Best—always pure, tempting and nutritious.



Edmonton Master Bakers' Assn.

50s WEEK MINIMUM WAGE IN ENGLAND

London-A national minimum wage 50 shillings a week has been demand by the Workers' Union and the Ag d by the Workers' Union and the Ag leultural Laborers' union, for farm torkers. At a speical conference of expresentatives of 15,000 workers, the expresentatives of 15,000 workers, the Not More Exhaustive of Soil o require the resignation of the present members of the Wages Board apinted to adjust wages for the farm orkers, and to appoint men who will he men's demands is delayed.

# WORK OF U.F.A.

Necessary to Revise Arrangements In Regard to Work Done By Department

and members as follows:

be necessary that all enquiries, whether inches deep during the last two weeks forwarded direct by members or through socretaries of locals, must be accompanied by a fee of \$1.00 to cover artment will be sent to the secretary summerfallow to wheat. efore being dealt with. This applies On old land flax usually does best as

mply and without argument.-H. Hig- On clean summerfallow stubble free

## BREAD A SYMBOL ory returns but if these are poor erop may be expected. In all preparations it should con-

Man's Oldest Food Has An Amazing History—As a Diet During
the Stone Age

Bread, aptly termed the "staff of life," is also a barometer for civilization. People are just beginning to appreciate the extreme importance of bread as a food, but only very few are aware of its significance in marking the development of the human race.

History shows repeatedly, that the

Bread making is the most ancient of human arts. It marked man's first efforts to obtain a diet of prepared foods—a step which signaled his departure from the lower animal standard of the dew. This difficulty can sometimes be solved by threshing other grain until the flax can be threshed as readily as other grains. from the lower animal stage of eating-

ey and one-grain wheat being among the ingredients.

were no bakeries making bread for Mrs. Stonewife. She did not even have the opportunity of buying breadmaking material in meal form. To obtain her "daily bread" she was compelled to crush grains between some hard surface. Stones, round-shaped ones were used to mash the grain against other stones with more or less

Then came the bread-baking without byens. This was accomplished by laying the dough in a convex-shaped stone, which was heated, and covering it with and after Monday, April 26, 1920, the following charges for services

nade its initial appearance in Egypt, being a food that only the very wealthy were able to obtain. Loaves of bread in those days were small and round, resembling to some extent the shape of the arcent day were and turning on of water, and for each new consumers' account.

sembling to some extent the shape of the present-day muffins.

Persons are awakening to the importance of bread as a food, which was so forcibly emphasized during the war when wheat and wheat flour had to be conserved to feed the world. Since the war more bread is being consumed by the people of this continent than ever before. Bread is the food for muscle and brain. Scientists have ascertained that it is the most wholesome, nutritious, and economical of all foods. Its exponents now say, "Eat more bread."

2. A fee of Twenty-five Cents will be charged for every removal or transfer on account, or for turning on water service has been suspended at consumers' request.

3. A charge of Fifty Cents will be made for turning of water services at the property line for the purposes of effecting repairs or leaks on private portion of services. This charge to be paid at time work is performed. exponents now say, "Eat more bread."

Prices of shoes are said to be due for drop. Everybody is hopefully listen- By Authority of

### **EXPERIMENTS SHOW FLAX NOT** HARD ON LAND

Fertility

'Is flax hard on the land?' This dea seems to be prevalent in general among the farmers. At different ex perimental stations it has been found that wheat frequently yields more after flax than after wheat or oats. Chemical analysis made of the soil also show that flax is no more exhaustive of soil fertility than other grain crops. The no tion that flax is hard on the land has lone much more harm than good and men who contemplate growing flax in the future should not let this idea mis-

Breaking of the tame grass sod land of the future will no doubt continue to be the ideal home for flax, being firm full of fibre and free from weeds. This The work of the U.F.A. Law depart-ment has grown to such an extent that t has been found necessary to revise in June, packed immediately, disced he arrangements in regard to work and floated to form a shallow seed bed. one by the department for our locals If the crop is sown on spring breaking nd members as follows:

1. Commencing immediately, it will land should be plowed about four

he cost of the correspondence involved. flax, especially if the land is inclined 2. All enquiries must be addressed to to drift or if early fall frosts are likely the secretary, United Farmers of Alberta, Lougheed Building, Calgary. Any vields of flax are secured from fallowed enquiries made direct to the law de-

to interviews as well as to letters. Ap-plicant must state local to which he be-ling. The latter is usually preferred except when the previous fall is wet 3. For the \$1.00 fee the law depart- Best results from spring plowing are secured by plowing, packing, harrowing, seeding and packing (or using a
following the other. This is not always Note: It is urged that wherever feasible the member's problem be laid before being referred to the law department, and especially that all facts be stated in the first letter, simply and without argument.—H. Higher the state of the law department and especially that all facts be stated in the first letter, simply and without argument.—H. Higher the law department argument.—H. Higher the law department argument argument argument argument argument argument argument argument.—H. Higher the law department argument argument

from grass and weeds and in a good state of tilth flax often gives satisfact-

stantly be kept in mind that flax re-quires a firm even seed bed with the moisture near the surface. It is, there-fore, always important to see that the

aware of its significance in marking the development of the human race.

History shows repeatedly that the humble loaf of bread, which is taken into the home in the most matter-of-fact manner, has been the handmaid of civilization through ages.

Though flax can be cut and threshed with the ordinary farm machinery, these operations are generally considered a little more troublesome than with the other grain crops. The cutting and threshing are most easily done with the other prain crops. civilization through ages.

Wherever eivilization laid its hand bread has been with it. In the lands where civilization made marked progress through the various centuries, bread has been consumed in large quantities.

Barnyard manure of good average far back in the Stone Age.

Calcined remains of coarsely ground grain cakes have been famind in Swiss lake dwellings that date back to the Stone Age. The cakes, which would shock the housewife of today, were made of different kinds of grain, barley and one-grain wheat being among lev and one-grain wheat being among the stone and the stone and the stone and the stone among the stone and the

> CITY OF EDMONTON Waterworks Department

### Notice to Water Consumers

the following charges for services
It is almost certain that white bread rendered will be effective:

Superintendent, Waterworks Department

City Commissioners

### Friday and Saturday

y lines end of month. The Big Sale Starts at 8:30

## **Boots and Shoes**

For the whole family, see prices and Shoes in window. Also on tables

Ladies Chocolate Kid Balmorals. Sizes 2½ and 3 only Cuban \$4.95 heels. To Clear at. \$13.45 \$5.90 Ladies' Pumps in gunn Cuban heels. All sizes. At this Sale. Ladies' Light Grey | Boots. Regular \$18.00. At Three, Days' Sale.... \$13.35 Women's Patent Oxford, Slater make. Sizes 3 ½, and 8. A Bargain

\$2.45 Children's Kid High Cut Boots. Goodyear welted. Reg. \$6,50. Sale Price.... \$4.95 Boys' Strong Scout Boots \$4.95 Boys' Fine Tan Balmorals. \$5.95 Sizes 1 to 5. Sale Price..... Men's Boots. New Spring go ular \$10,00. Sale Price. \$7.95 Men's Boots. New Spring goods. Regular \$12.00 values. \$9.45 Men's Boots. Real value \$10.35 at \$13.00. At this Sale

You cannot afford to miss these bargains right at the time when every-body wants Boots. Come along forenoons if possible, best of attention given.

## Hallatt-Rodgers, Ltd.

10039 Jasper Ave. (directly opp. Bank of Toronto). Phone 1246

### Will You Need Workers for Seeding?

If so OFFICERS of the

### EMPLOYMENT SERVICE OF CANADA

located at the following points are ready to serve you without charge.

LOCAL OFFICES: Calgary, Edmonton, Red Deer, Drumheller, Medicine Hat

Lethbridge. Fill in and detach Coupon below and place in an envelope addressed Employment Service of Canada, together with the address of the office nearest your farm. Be sure and state how many men are required. Your order will reeeive prompt attention.

I shall require the following help on my farm: Experienced men...... Wages .:.. Partly experienced...... Wages... Inexperienced ..... Length of time help is required for .... Date when required ..... NAME Postoffice Nearest Ry. Station ...

### Public Announcemen

We have at considerable expense, obtained the formulaes of a well known Custard and Egg Powder. These will be shortly on sale under the name of

> DEL-I-CO CUSTARD AND

EGG-O-LENE THE FINEST SUBSTITUTE FOR EGGS

Look for Special Announcement Next Week, and Boost Home Industry.

Rudder Manufacturing Coy.

EDMONTON anufacturers of the well-known Liquid Cedar Wax Polish