# This and That

## KAISER ABJURES DRINK.

32

A press despatch from London, England, says: "Emperor William of Germany tells the people of his entourage that he faels ever so much better since he left off drinking beer and spirituous liquors. During his Mediter-ranean trip he practically was a teetotaler He barely touched alcohol, confining himself to apple juice and mineral 'waters. Twice only did he take a mouthful of charmager only did he take a mouthful of champagneonce when he dined with the King of Spain and once when parting with his royal guests at Naples. Since his return to Germany he at rapies. Since his return to Germany he has adhered largely to this new programme. Whenever he dines alone with his family he confines himself to mineral waters or the juice of raspberries. In Carlstone, where he met his uncle, the Grand Duke of Badeo, he had some champagine on the Crown Prince's birthday, but that was all."—Sel

### MADE SURE OF HIM.

A leading K. C. recently told how he was indebted for his rise in the world to the active co-operation of a humble, but resourceful individual. In the days when he was a briefless barrister, he want one afternoon to read in the Temple library. He had not been there long when his small errand boy appear-ed greatly excited and breathless from running. If you please, sir the boy gasped, 'a gentleman is waiting for you at the chambers with albrief. He can't get out sir-I've locked him in! Together the barrister and the boy hurried back to the chambers, and the gentle-man with the brier, who was amused at his capture, afterwards became a most valuable client,--London "Chronicle."

#### JOHN WESLEY'S OPINION

We may not sell anything that tends to impair health. Such is eminently all the liquid fire commonly called drams or spiritinquira the commonly caned drams or spirit-uous liquors. It is true, these have a place in medicine. They may be of us<sub>2</sub> in bodily disorders. Therefore such as prepare and sell them only for this end may keep their con-science clear. But who are they that keep

### TWO STEPS

### The Last One Helps the First.

A sick coffee drinker must take two steps to be rid of his troubles and get strong and well again.

The first is to cut off coffre absolutely.

That removes the destroying element The next step is to take liquid food (and that is Postum Food Coffee) that has in it the elements nature requires to change the blood corpsules from the pale pink or white to rich red, and good red blood builds good strong and healthy cells in place of the brok-en down cells destroyed by coffee. With well boiled Postum Food Coffee to shift to both these steps are easy and pleasant. The experience of a Georgian proves how important both are.

"From 1872 to the year 1900 my wife and I both had been afflicted with sick or nervous headache and at times we suffered untold agony. We were coffee drinkers and did ow how to get away from it for the habit is hard to quit.

But in 1900 I read of a case similar to ours where Postum Coffee was used in place of the old coffee and a complete cure resulted, I concluded to get some and try it.

"The result was after three days use of Postum in place of the coffee I never had a symptom of the old trouble and in five months I had gained from 145 pounds to 163

"My friends asked me almost daily what wrought the change. My answer always is, leaving off coffee and drinking Postum in its place

"We have many friends who have been benefited by Postum. "As to whether or not I have stated the

facts truthfully 1 refer yon to the bank of Carrollton or any business firm in that city where I have lived for many years and am well known " Nac Battle Greed, Mich. Name given by Postum Co.,

them only for this end? Do you know ten such distillers in England? Then excuse these. But all who sell them in the common these. But all who sell them in the common way are prisoners in general. They murder his majesty's subjects by wholesale. They drive them to hell like sheep. And what is their gain ? Is it not blood of these men ? Who then would envy their large estates and umptuous palaces ? A curse is in the midst of them; the curse of God clings to the stones to the timbers, to the furniture of them. Blood: blood is there. The foundation the floors, the walls, the roof are stained with blood.—Temperance Cause.

### HER IMPRESSION.

The artist was of the impressionist school He had just given the last touches to a purple and blue canvas when his wife came into his studio.

'My dear, said he, 'this is the landscape l wanted you to suggest a title for.' 'Why not call it "Home ?" she said after a

a long look. "Home "? Why?

Because there is no place like it, she replied meekly.

The youth stood in front of the quick lunch establishment and wept bitterly. 'Why this grief? asked the benevolent citizen. 'Me fadder's dead,' replied the blubbering urchin. How do you know it?' asked the benevolent citizen. Benevolent citizen. Because he went into dat quick lunch place five minutes ago an' he hain't never come out yit.'-Ex.

#### HORSES' ONLY OBLIGATION

A story that comes from a country region not far from New York concerns a native who was seen stolidly ploughing a field with a team of weary and dejected horses. As they approached, the observer of rural life remarkseem to like the work.' 'Um,' commented the farmer briefly; they don't have to like it; they only have to do it.'-Ex. sympathetically, that the horses didn't

A Hindoo gentleman fell in love with an English girl, and sent to her father the following letter. "It is with faltering penmanship that I write to have comm nication with you about the condition of your damsel offspring. For some remote time past a sec ret passion has firing to my bosom internally with loving for your daughter, My educat-ional abilities have abandoned me, and here I now cling to those lovely long tresses of your much coveted daughter like a marinet shipwrecked on the rock of love. As to my scholastic calibre, I was recently rejected from the Rangoon College, and I am now masticating. - Ex. ret passion has firing to my bosom internally

Mrs. Green, who was deeply absorbed in a romance of the seventeenth century, suddenly paused and looked at her husband. 'Gregory,' she said, listen to this-"By my halidom exclaimed Sir Hardyngs, "it is past the hour of twelve I" what is a halidom ?" 'What do you suppose it is ?" responded Mr. Green with a frown. Can't you tell from the con-text, Maria. Sir What's-his-name said it was past the hour of twelve by his halidom didn't he? I should think anybody would tell from that sentence that he had just con-sulted his halidom. Halidom is the old English name for watch, of course! Why is it that some women don't seem to be able to exercise their reasoning faculties ?

## A GOOD EXCUSE.

Says the master of the house to his servant as he prepares to lock himself in his study and work, "I'm not in if any one call, mind. A quarter of a hour later he rings the bell. No answer, He rings it again. Still no an-swer, He opened the door furiously and cries to the servant in the ante chamber:

"Did you hear me ring " 'Yes sir,' but you told me you weren't in, d 1 couldn't think of taking a bell's word fore yours, sir."—Ex.

### CAUTION UP TO DATE.

Sattle Creed, Mich. "There's a reason." Look in each package for the famous little work, "The Road to Wallulla "



MESSENGER AND VISITOR.

# Turns Bad Blood into Rich Red Blood.

This spring you will need something to take away that tired, listless feeling brought on by the system being clogged with impurities which have accumulated during the winter. Burdock Blood Bitters is the

remedy you require. It has no equal as a spring medicine. It has been used by thousands for a quarter of a century with unequalled success.

Mrs. J. T. Skine of Shigawake, Que, writes: "I have used Burdock Blood Bitters as a spring medicine for the past four years and don't link there is its equal. When I feel drowsy, tired and have no desire to eat I get a bottle of B.B.B. It purifies the blood and builds up the con-stitution better than any other remedy."

0. J. McCully, M. D., M. R. S., London

EYE, EAR, NOSE AND THROAT

Office of late Dr. J. H. Morrison.

163 Germain St.

# INTERCOLONIA RAILWAY

on and after SUNDAY, June 12th, 1904 rains will run daily (Sunday excepted a Oa

bilows<sup>1</sup> TRAINS LEAVE ST. JOHN 6-Mixed for Moncton 6.25 2-Exp. tor Halifax, the Sydneys and Campbellton 7.50 4-Express for Point du Chene, Hali-fax and Pictou, 11.45 8 Express for Sussex 17.45 3 4-Express for Quebec and Montreal 19.00

10-Express for Halifax and Sydney. 23.25

TRAINS APRIVE AT ST. JOHN. AINS APRIVE AT ST. JOHN.
G-Express from Halifax and Sydney 6.25
G-Express from Sussex 9.00
G-Express from Montreal and Quebec 12.55
S-Mixed from Moneton 15.10
G-Express from Point du Chene, 17.30
C-Express from Halifax Pictou and
Campbellton 17.15
G-Express from Halifax 19.15

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