

union men would vote in favor, many of the labor men being keen sportsmen and gardeners. Many members of the committee reported that the women folk were strongly in favor of daylight sav-ing, and eited instances in which ladies who were interviewed were most em-phatic in their remarks as to the advan-tages obtained by the extra hour of sun-light. The following is a list of the ward



Nothing Else is Aspirin

Warning! Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all.

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Made in Canada.

2 tablets cost but a few cents-Larger package

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Its Motto of Preparedness Should Be Applied to Protection of Public Health.

THE CORRECT WAY

TO TREAT ECZEMA.

The correct way to treat eczema and other skin diseases is through the bloed. External applications of salve, etc., are not effective. Swai-zema, taken inwardly, purifies the blood, tones up the system, drives out the disease and heals up the sores nermanently.

RIGA WATER

"There hasn't been a fire in the city for weeks," said a citizen the other day. "It seems a waste of money to keep up a fire department that does nothing." "We don't disband the fire department because we have a run of luck," replied a ratepayer. "It pays to have those fire-men ready, whether they are doing any-thing or not." And the rateparer spoke wisely. A Bruise or a Bump

wisely. Just as the fire department stands ready to protect your property, so does Grip-Fix stand ready to protect your health, being an unequalled remedy for colds. This preparation of drugs such as your physician would use is supplied in capsule form; it gives relief to a cold in a night and works quickly in the case of grime. AbsorbineJ of grippe. Get a box of Grip-Fix today. Sold by all druggists at 85c. a box.—(Advt.)

tle - at most ent postpaidby W. F. YOUNG, Inc., man Building, Montre



Eases Quickly When You Apply a Little Musterole.

Musterole won't blister like I-fachioned mustard plaster, read it on with your fingers, rates to the sore spot with a tingle, loosens the congestion we out the soreness and pain, role is a clean, white oint-ade with oil of mustard. It for quick relief from sore ronchitis, tonsilitis, croup, stiff uralgia, h s and aches of the ba

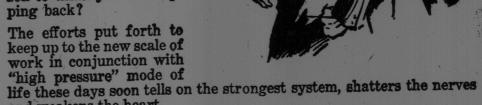
joints, sprains, soremuscles, bruises, chil-blains, frosted feet, colds on the chest. Nothing like Musterole for croupy chil-dren. Keep it handy for instant use.

ISTEROLF

WILL NOT BLISTER

ping back?

son to think you are slip-



and weakens the heart.

Thousands are finding life a burden and others an early grave. The strain on the system causes palpitation of the heart, nervous pros-tration, sleeplessness, faint and dizzy spells.

Milburn's Heart and Nerve Pills have helped hundreds just in such a condition by making rich new blood, strengthening and regulating the heart, renewing the nerve centres and infusing new life and energy into the system.

This remedy builds up and maintains a healthy, vigorous constitu-tion, according to the testimony of hundreds who have used them.

Mr. Alfred Arsenault, Lot No. 6, P.E.I., writes:—"I was very nervous and run-down, and was so bad I could not sleep at night. I used two boxes of Milburn's Heart and Nerve Pills, and I was relieved. That was one year ago, and I have been well ever since."

Milburn's Heart and Nerve Pills are 50c. a box at all dealers, or mailed direct on receipt of price by

The T. Milburn Company, Limited Toronto. Ontario

Why Do Women Fail To Heed Nature's Warnings Of Iron Starvation Of The Blood

In so many cases, UNTIL THE CRASH IS UPON THEM, and their nerves are all played out, their health impaired and their strength and energy gone?

WHAT DO YOU THINK OF THE WOMAN IN THE PICTURE BELOW?

She hears the BLOWING of the LOCOMOTIVE WHISTLE, the FRANTIC RINGING of the engineer's BELL, the GRIND-ING OF THE WHEELS, still she will not move from the track, -she says: "There is time enough yet!!! I'm all right now," until at last DOWN SHE GOES CRUSHED and writhing beneath the ruthless iron horse.

I almost hear you say THIS WOMAN WAS A "FOOL," but WHAT DO YOU SAY of the woman who disregards nature's warnings of IMPENDING ILLNESS, which in many cases are just as plain as those given by the fast approaching locomotive.

approaching locomotive. For example, in iron starvation of your blood, Nature may loudly ring the bell of SHORTNESS OF BREATH or HEART PALIPITATION; she blows the whistle of WEAKNESS, NERVOUSNESS and PALENESS with a long, sharp, shrill sound; you hear the grinding wheels of HEADACHES, PAINS ACROSS THE BACK, DISTURBED DIGESTION, etc., but you go right on until at last you often collapse with a bad case of NERVOUS PROSTRATION or perhaps pernicious anaemia may sink its claws into your vitals, or in your WEAKENED, WORNOUT CON-DITION you contract some serious illness, like pneumonia, fever, or kidney trouble.

pneumonia, fever, or kidney trouble. It is the iron in your blood that helps it take nourishment from your food and change it in-to LIVING CELLS AND TISSUE. Without doing you any particular good. In fact, SOMETIMES THE MORE YOU EAT THE MORE YOU STARVE, as your digestive or-gans cannot handle much food when the iron in your blood runs low and you often think you have stomach trouble, when it isn't that at all—simply eat less and take iron. It is the iron in your blood that PUTS COL-OR INTO YOUR CHEEKS and gives you the strength and vigor that MAKES YOUR EYES BRIGHT AND SPARKLING. Without iron in your blood a woman soon commences to look

out the disease and heals up the sores permanently. People from all walks of life afflicted with eczema and other dis-eases of the skin are loud in the praises of this wonderful remedy. For years they suffered untold agonies — in many instances physicians pronounc-ed them incurable. But at last they found relief and were permanently healed through using Swaizema. What it has done for them it can do for you if you are a sufferer with eczema, boils, pimples, salt rheum-or similar ailments. Manfactured by C. E. Swaisland, Mfg. Chemist, Kitchener. nyour blood a woman soon commences to look ALE, OLD and HAGGARD and loses that RESHNESS OF GIRLHOOD BEAUTY. Indoor life, over-eating and modern methods

RELIEVES IN UXATED IRON ENRICHES THE BLOOD-GIVES HABITUAL CONSTIDATION

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