POOR DOCUMENT

MC2035

EVENING TIMES-STAR MAGAZINE PAGE FOR THE HOME

ADVENTURES OF THE TWINS

By Olive Roberts Barton

THIS RIDDLE IS A FLIGHTY ONE.

The queerest bird, you've ever heard.

"This is such a windy day," said the Riddle Lady, "that I thought we would better have a windy riddle. That is, a riddle that can't go without wind and lots of it."

"Is it snow?" asked Tommy Tittlemouse, who lived in the little house. "It says, 'Blow wind, blow, and we shall have snow and what will the robin do then, poor thing?' "

"That's true," said the Riddle Lady. "But although this riddle is a sort of bird, it has nothing to do with either snow or robins.

"But perhaps if you hear the riddle, Tommy, you may guess it after all, and get the prize."

"I hope so," sighed Tommy. "I haven't had a prize yet. And the Twins have had about a dozen."

"We'll keep still," offered Nick generously. "And I'm sure you can guess it."

So the Riddle Lady began:—

"The queerest bird,
You've ever heard!
Hasn't got a feather,
Yet he flies
Up in the skies
In gusty, windy weather.

"He's very light
For such a flight,
O'er chimney tops and spires,
But near the ground,
He can't get 'round,
Gets caught on trees and wires.

"He'll never learn,
The way to turn,
Flies just straight ahead,
When off he goes,
Behind his nose,
Comes gack tail first instead.

"In windy weather,
We play together,
My paper bird and I.
I hold the string,
And watch him spring
Straight up to the sky.

"Doesn't need
A grain of seed,
Never eats a thing;
Never winks,
Never drinks,
Never flaps a wing!

"His tail is long,
And firm and strong,
Flutters far behind him,
I'm glad it's there,
For I know where
To look when I would find him.

"He'd go and go,
When breezes blow,
And ride off on a cloud,
But for the string,
Tied neath his wing,
To roam he's not allowed."

"I've guessed it. It's a kite!" cried Tommy.

"That's right!" the Riddle Lady told him. "And that's the prize—a nice, new, red, bird kite. You've fished so long that this will be a nice change."

Everybody rejoiced at Tommy's good luck.

(To Be Continued.)

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THE OLD HOME TOWN - - - - - - - - By STANLEY

VALENTINE TEA ON WEST SIDE

The Young Ladies' Club of the First Presbyterian church, West St. John, held a successful valentine tea and sale Tuesday night in the school room of the church. The room and tables were attractively decorated in valentine colors. There was a good attendance and generous patronage. The proceeds are for church funds. Miss Ida Belyea, the president, was the general convener and Mrs. J. P. Cruikshank and Mrs. W. B. Brown poured tea and coffee. Mrs. W. W. Allingham, Mrs. R. Peer, Mrs. J. Tippett, Mrs. J. Fraser, Mrs. W. Moore, Mrs. H. Lingley, Mrs. O. Duffy and Mrs. R. Cunningham helped to serve and the young ladies assisting were the Misses Margaret Irving, Saidie Cameron, Maud Cunningham, Zela Thompson, Lillian Campbell and Annie Bailey. The jellies were in charge of Mrs. J. R. Cameron and Mrs. Thomas Rippey and the candy table conveners were Miss Ella McLellan and Miss Beatrice Cameron. The apron table was in charge of Miss Zila Drinan. Those who had charge of the decorations were the Misses Beatrice Cameron, Helen Drinan and Violet Moore.

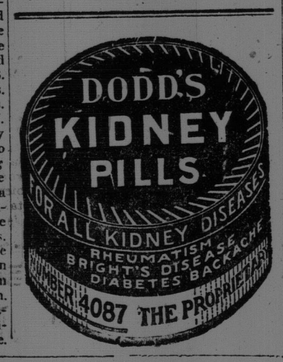
FATAL DUEL IN BOSTON STREET

Boston, Feb. 12—Paolo Damiano, of the North End district, was shot and killed in a street pistol duel in South Boston yesterday. Nicola Colanria is under arrest charged with murder. Damiano had ten bullet wounds, three in the head, five in the body and one in each leg.

According to information given the police, Damiano went to Colanria's house and the two quarrelled. A large sum of money was found in the dead man's pockets.

HYDRO CHAIRMAN HERE.

Among those who were in the city yesterday to attend the lecture of Dr. Howard T. Barnes before the Engineering Institute were Hon. Dr. E. A. Smith, chairman of the New Brunswick Electric Power Commission, and B. M. Hill, provincial road engineer. Dr. Smith will remain in the city today, attending to some routine matters in connection with the business of the commission.



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Your Health

BY DR. CLIFFORD C. ROBINSON

TUBERCULAR PATIENT.

Climatic treatment has always been of great assistance to the person suffering from tuberculosis. Even a change from the crowded city to the open country is often a great aid.

The real value of a suitable or mild climate is the opportunity it gives the patient for out-of-doors life and activity in the fresh air. But living the real hygienic life is as great a safeguard as certain mild climates.

Aside from mild, airy living quarters, tubercular patients, or those who are trying their best to avoid any such infection, must carefully consider their diet.

One thing must always be carefully thought of in this connection. The tubercular patient is most always the victim of a lack of appetite. Therefore, the food prepared for him should be a "tempting dish," one that cannot be refused.

The body is subject to great loss or wasting away of tissue in this disease. The necessary diet should aim to keep the body tissues from waste or being consumed faster than they can be replaced or built up. On the other hand, scientific diet must combat the attempt to overfeed or stuff the patient.

Physicians, who have made tubercular diet a specialty, agree that if the patient is far below normal weight for age and height, he must be given energizing food to build him up to normal.

Plain fare should be the rule. A nutritious diet can be carried out successfully at an average expense. Energy foods that produce satisfactory gains depend on the individual and his digestive powers. Butter, cream, olive oil and other vegetable oils, together with bacon fat and cod liver oil are valuable.

To keep up weight and provide for the body tissue waste, use fresh lean meats, plenty of milk and eggs. Bread and butter is good tubercular fare. Avoid pies, sweets and excessive drinking of coffee or ice water. Take plenty of time in eating and avoid smoking.

A Valentine

By BERTON BRALEY

It's Leap Year now, oh, Lady Mine,
(I wish you were, I wish you were)
And "Will you be my Valentine?"
Is not a question, I aver,
Which I should ask of you; nay nay,
The thing should go the other way.

It's Leap Year now, and I opine
It is your turn to beg and plead,
With "Will you be my Valentine,"
To which I ought to give no heed;
(You've never heeded plea of mine
Nor said you'd be my Valentine).

It's Leap Year now; your turn to cry
"Oh, won't you be my Valentine?"
And 'twould be only fair were I
To turn away and give no sign
But should you ask me, I must state
You wouldn't have too long to wait.

It's Leap Year now, but I know this,
You will not follow out that line;
You will not say, "Oh, give me bliss,
I pritheee be my Valentine."
If I should wait that word from you
I'd wait and wait my whole life through.

Yet I am proud, who once was meek.
I put it thus, "I would be thine;
It's Leap Year now, your turn to speak—
But I will be your Valentine
Whether you ask or not, my dear,
This year—or any other year."

NOTIFIABLE DISEASE MORE THAN USUAL

There were 52 cases of notifiable diseases in the city and county of St. John during the month of January, and already this month there have been 26 cases reported to the Sub-district Board of Health. The list for January included 21 cases of diphtheria, 16 of scarlet fever; two of typhoid; three of measles; two of chicken pox, and eight of tuberculosis. The typhoid cases occurred in the South End and were of a very mild type. The cases reported this month included seven diphtheria, seven scarlet fever and 12 measles. The number of notifiable diseases has so far been much above the normal.

SENT TO JAIL FOR THEFT.

A few days ago George Langdon and Frank Crossman were taken into custody and held for the Moncton police on the charge of stealing a horse and sleigh from O. W. Fraser, a stable proprietor at Moncton. The horse and sleigh taken from Moncton were traded at Fair Vale, near Rothesay, and the two young men drove into the city with another rig when they were captured. The two were taken to Moncton by an officer sent from the railway town, and in the police court there on Monday Langdon was sentenced to a term of nine months in jail, while the sentence of Crossman was deferred pending his good behavior. Langdon is 26 years old and belongs to Brookline, Mass., while his companion was only 16 years old. The latter's youth was taken into consideration in the case.

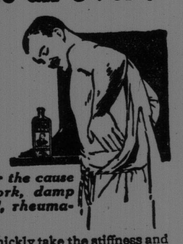
Sealskins are dyed by brushing on the color with ordinary scrub brushes.

GRAIN SHIPMENT ON WAY.

For the first time this season a large shipment of wheat is on its way to St. John over the Canadian National lines. Although advices have been received during the last few days as to the progress it is making, none of the grain has arrived here as yet. The grain in the C. N. R. elevator was very low, it was reported yesterday, but the new supply, a part of which is reported to be made up of 250,000 bushels, will help to fill up the big hole.

A western man rears and fattens frogs in water-filled trenches in his back yard.

Ache all over?



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