to better themselves. Perhaps as many as one out of three Canadians live in poverty.

The Throne Speech also made mention of the report on the status of women and announced that during this session we will have in the House a discussion of the whole question of abortion. I should like to see us as a Parliament discuss both these subjects in a very serious way, a way we have never done before. I do not think all men here would deny that there is a double standard in Canadian society when it comes to women. It is a double standard when we do not ask women to come into the decision-making process of this country, to become really involved. Proof of that is found here in the House of Commons, where we have 263 men and only one woman. I must say that the woman we do have in the House of Commons, the Member for Vancouver-Kingsway (Mrs. MacInnis) is a real honour to the House.

Some hon. Members: Hear, hear!

Mr. Nystrom: The contribution that she is making here proves to me that women can and should be making a much larger contribution in Parliament and in the political process at all levels. I should like to see 100 or more women like the hon. member for Vancouver-Kingsway in the House of Commons. This would give the House of Commons a much more representative base and it would reflect Canadian society much better than it does today. In order to bring women into the mainstream of the decision-making process, it is up to us to bring down some good, concrete, positive legislation.

In the White Paper on unemployment insurance the government makes mention of things such as maternal leave without financial discrimination. I suggest this is something we shall have to legislate for in Canada. Another requirement for women is day care centres. During the last war, day care centres were provided for those women in the labour force and I see no reason for not providing them today. These are just two examples of measures that we should take.

I also think that women should be given equal pay for equal work. When we turn our attention to the subject of abortion, I should like to see some concrete legislation result, not just another discussion. This legislation should provide that all reference to abortion be removed from the Criminal Code. Today there are many contradictions. For example, if a wealthy woman wants an abortion, all she has to do is fly to New York or Europe and it can be arranged. However, a poor woman or someone with a mediocre income cannot do that. In other words, you have a double standard. People are being discriminated against. This is a double standard which must be removed.

There are a number of other issues I could touch upon at this time. For example, I think we must take a look at the role that young people play in Canada. We must get our young people more involved; we must bring them into the mainstream of Canadian society. In addition, we must do more to help the senior citizens of Canada.

The Address-Mr. Nystrom

What we really need, then, is a whole series of social and economic changes. People in every walk of life across Canada are growing more and more cynical of the institution of Parliament, of politicians in all political parties. More and more people are asking why we do not pass some really important measures, measures that are important to them, things that are bread and butter issues. Again, we have no one to blame but ourselves. We in Canada possess all the resources that we need. We have sophisticated technology. All we need is Members of Parliament with the fortitude and desire to make real changes.

I do not want to see more and more people dropping out and giving up. I do not want to see more and more people resorting to violence and destruction as the way of telling us that they are not happy, as the way of communicating to us that something is wrong. This does not have to happen and it should not happen. I do not think that any member of this House could condone the activities that have taken place in Quebec during the last week. All of us condemn the actions of the Front de Liberation du Quebec. We have to. Once we accept violence as the way of changing society, we are also accepting the fact that the person with the biggest gun or stick shall rule. We would be saying that the person with the biggest club rules everybody else. We would also be accepting the fact that if another guy has a bigger club, he will rule. We would merely be substituting one form of tyranny for another.

In the present situation I do not think the government should give in to blackmail. However, I feel I should point out that I suspect some backlash is taking place. I sense this feeling among some members of the House and many people in the media. I see this also in newspaper headlines. For example, one headline I saw this morning declared: "FLQ activities drive politicians to the right". Another headline in the Globe and Mail declared: "Spiro Trudeau". What I am saying, Mr. Speaker, is that there must not be extreme reaction or backlash to the activities of any group such as the FLQ. We must remain cool and rational and keep our senses. The only way that we will confront any type of unrest in our society is by changing our society and showing all types of people that there are democratic methods of changing society in a persuasive manner. This is what we will have to do. I think the words of a past president of the United States, John Kennedy, are very relevant at this time. He said:

• (5:40 p.m.)

Those who make peaceful revolution impossible make violent revolution inevitable.

This is something we must remember. As we react to unrest in our society, whether it is violent or non-violent, let us remember that there are reasons for people questioning the system and institutions we live in or under, and we must make certain basic and fundamental changes. We must do this because 20 per cent of our people live in poverty and thousands of people are unemployed. Millions of people in this country do not have opportunities that are available to a small minority.