

To-day there is one in every 275. In France, sixty years ago, there was one insane person in every 750. To-day there is one in every 300. Switzerland, in which I made an official investigation last year, shows also an alarming increase. Last year in England the figures were the highest for the decade, 2,604, as opposed to 2,521. The question is of vital importance, not only to the present generation, but to the generations unborn.

“From the point of view of comparison the increase of the population has nothing to do with the increase of insanity in England. The cities taken in the order in which insanity is most prevalent are London, Bath, Bristol, and Brighton. There is less insanity in Bournemouth than in any town. Why, I do not know, except that Bournemouth is exceptionally healthy.

“Among the uncivilized races insanity is practically unknown, but where competition is great and gigantic mental efforts have to be made to keep up with events and where temptation is thrown in the way of mankind the increase is very real.

“The chief cause of the increase is shown in the statistics to be caused by drink. Twenty per cent. of all lunacy in the world is due to drink, and more than 25 per cent. in London.

“Other causes are hereditary and injudicious marriages. Those who have been insane once should not be allowed to marry. Further, to check mental degeneration there should be immediate legislation for the compulsory confinement of habitual drunkards and for the establishment of halfway houses where those suffering from acute but curable insanity could be placed instead of being incarcerated in lunatic asylums.”

The annual inspection report of the Commission just issued shows 135,666 insane confirmed in England and Wales on January 1 last. Patients not in hospitals numbered 11,136.

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## MEDICAL PREPARATIONS, ETC.

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### CELL NUTRITION.

All classes of cells are made to live and perform their several functions by the phenomena of cell nutrition; and whenever malnutrition, intoxication, or other causes, impair the special function of cells, they do so by producing some intrinsic metabolic defect. Agents which will directly or indirectly repair metabolic defects are true cell tonics. A very large experience and a close and careful clinical study of all pathological conditions show conclusively that Bovinine is an ideal cell tonic and food. It stimulates the cells to healthy proliferation. It tones