

## HOUSEHOLD.

### Enjoy as You Go.

Some people mean to have a good time when their hard work is done—say at fifty. Others plan to enjoy themselves when their children are grown up. Others mean to take their pleasure when they get to be rich, or when their business is built upon a sure foundation, or the farm is paid for, or the grind of some particular sorrow is overpast.

Such persons might as well give up ever having a good time. The season of delight, which is so long waited and hoped for, too rarely comes. Disease, poverty, death, claim each his victims. The lives of those whom we love, or our own, go out, and what is left?

Then take your pleasure to-day, while there is yet time. Things may not be in the best shape for that visit you have been so long planning to make your only sister. It might be better if you could wait till you had a more stylish suit of clothes, or till the boy was at home from college to look after the place, but she is ready now. You are both growing old—you had better go.

John drives round with the horse. 'Just jump in, mother,' he says. 'It is a lovely day. You need the fresh air.' Don't say, 'I can't go—I was intending to make some cakes,' or 'My dress isn't changed.' Put on your warm coat, tie a veil around your hat and take your ride. If you don't take such things when you can get them, they are apt to be missing when you want them again.

Don't say, 'I shall be glad when that child is grown up! What quantities of trouble he makes!' No, enjoy his cunning ways; revel in his affectionate hugs and kisses—they will not be so plentiful by and by. Enjoy his childhood. It will look sweet to you when it is gone forever.

Enjoy the little of every day. The great favors of fortune come to but few, and those who have them tell us that the quiet and homely joys that are within the reach of us all are infinitely the best. Then let us not cast them away, but treasure every sunbeam and get all the light and warmth from it that the blessing holds.—'Family Herald.'

### Home Nursing.

(Amelia E. Graessle, in 'Union Signal'.)

The most essential of the very many things that should be observed in the care of the sick, are the proper ventilation and light of the sick-room. First and foremost, a sick room should always be on the sunny side or southern exposure and as far from the sitting-room and kitchen as possible, to avoid the noise of the house, and the odor of cooking. An ideal room would have two or three windows, a bed (iron preferred), a dresser, a few plain chairs and a plain table. The room should be thoroughly cleaned two or three times a week by scrubbing the floor, and wood-work. The furniture may be cleaned by making a suds of Ivory soap and using a soft cotton cloth or soft hair brush, and then polishing with a cotton cloth or a chamois skin. In sweeping the room, the raising of dust may be prevented by simply pinning a cloth round the broom. In dusting, use a damp cloth to prevent the dust from flying.

In making the bed, if it is necessary to use a rubber sheet, a draw-sheet should be placed over it, which is done by folding a sheet in the middle and tucking in on both sides. In case no rubber sheet is available, clean newspapers will answer the purpose, and afterwards they may be destroyed. The linen should be changed on the sick bed every day, and the soiled linen and other wash material should at once be removed from the room. If the room is a large one, a constant current of fresh air may be obtained by lowering one of the windows from the top. If the room is small and communicates with another room by a door, throw open the window in the adjoining room, leaving the

door open between. When there is only a small bedroom, the air may be kept pure by opening the window a little way and placing a screen before it. The patient should be well covered. A screen may be improvised by taking a sheet and throwing it over a clothes-rack or by simply opening an umbrella and placing it before the patient's face. Open the window wide, and air thoroughly. As the room becomes warm, remove the extra covering.

In ventilating the sick room great care must be taken to prevent the patient from taking cold, and draughts must be carefully avoided.

Scarlet fever, diphtheria and pneumonia patients need plenty of fresh air. No greater mistake exists than to keep these patients in close, warm rooms.

The room must be supplied with a thermometer. In fever cases it should read 65 degrees F.; and in lung diseases, 70 degrees F.

### The Old Bottle.

Get me out the bottle, wife,  
It is our time to take  
The nightly drink of the Ore of Life,  
The Brew of God's own Make,  
That keeps our blood in action still,  
E'en though our bones are old,  
That helps us carry out God's will,  
Though the ashes of life grow cold.

You and I know what it be,  
Though some there are who mock,  
We know what it's done for you and me,  
This Ore, this Earth-born rock,  
That lifted you up from a siege like death,  
When the night all around was black,  
That carried me through like an Angel's  
breath  
When my hold on life seemed slack.

'Twas full five years ago, wife,  
That time of trouble and pain,  
When we thought no power could win the  
strife  
Nor life in our bodies retain,  
But came a rift in the clouds, wife,  
When Vitae-Ore to us was brought,  
Hope again in our bosoms was rife,  
To win the struggle bravely fought.  
You and I know how we did win,  
How drink after drink we took,  
And with each draught gave thanks to  
Him

As the pangs of disease us forsook,  
And since that time with each Moon-rise  
We've taken the nightly dose,  
A Homage to it and the All-wise,  
And so we shall till we close.

A full-sized One Dollar package of Vitae-Ore—the Ore of Life—will be sent on thirty days' trial to every reader of this paper who requests it. Read the offer made in this issue by the proprietor, Theo. Noel, Geologist, of Toronto, Ont.

### Selected Recipes.

**Bread Dumplings.**—Soak stale bread in cold water for fifteen minutes then squeeze as dry as possible. To each pint add two tablespoonfuls of milk, one well-beaten egg, two tablespoonfuls of melted butter, one-half of a teaspoonful of salt, one-half of a teaspoonful of sugar and sufficient flour to make of such consistence that the mixture will not fall apart when a small spoonful is dropped into boiling water. Have the water slightly salted and boiling vigorously. Test a spoonful or two of the mixture. When of the right consistence drop a number of spoonfuls at a time into the water and cook for five minutes. Lift out with a skimmer and arrange in a dish, keeping them hot over water or in the open oven until all are done. Serve as a course at luncheon accompanied by stewed fruit.

### PATENT REPORT.

Following is a list of patents recently granted by the Canadian Government through the agency of Messrs. Marion & Marion, patent attorneys, Montreal, Canada, and Washington, D.C.

Nos. 85,661, George Bryar, St. John, N. B., joint for lead pipe; 85,663, Albert L. Mowry, St. John, N.B., lock nut; 85,684, Stanislas M. Barre, Winnipeg, Man., apparatus for pasteurizing or keeping cream and milk; 85,686, Jas. C. Anderson, Victoria, B.C., preserving jar; 85,695, Edward F. Wilson, Elkhorn, Man., fruit harvester; 85,773, Richard L. Myres, Winnipeg, Man., fence construction; 85,880, James T. Griffith, Lachute Mills, Que., carding machine attachment; 85,933, Fred. E. Woodworth, Grafton, N.S., saw-mill feed; 85,935, Alexander Murray, Golspie, Ont., gate latch.

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