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that has always scorned a resort to the bottle; if I have felt these changes, what effect must they produce on men in general, and more especially upon women, virtuous and home-loving women! The effect is very great indeed, and you must be armed against it. All is new: you have all at once lost the sight of a thousand objects that were become dear to you, without your at all perceiving it. The voices that you hear are all new to you; the accustomed nods and smiles of neighbours which made, and without your perceiving it, a portion of the happiness of your life, are gone, and they appear to be gone for ever. Hence, and from various other causes not easy to be described, arise the state of a "fish out of water." Look at No. 9, and you will see an instance of a poor man who hastened at once back to England, without staying to "try the place." He is laughed at for this by STEPHEN WATSON, who writes the letter; but, if you look at No. 7, you will find this very STEPHEN Watson himself " talking of going back in the spring;" and, it is truly curious to observe, that in twenty-two days after this, as you will see by No. 8, the very same man says, not only he was happier than he ever was in his life, but that he is sorry that he did not bring his mother along with It took these twenty-two days to bring him out of the state of fish out of water: he found new objects to be pleased with; new faces grew familiar to him; new ideas had gone far in replacing those with which his mind was filled at Sedlescome, and he was again his own man: he was once more the fish in the water, and the severest part of the trial was over. Now, this was a hardy young man; he felt at once the solid and surprising advantage of the change, and yet a depression of spirits made him forget, for the time, all that he had suffered in England, and remembered nothing but the good.

111. Be you prepared for this; and, above all things, if