

WOMAN SICK TWO YEARS

Could Do No Work. Now Strong as a Man.

Chicago, Ill.—“For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 165 pounds and am as strong as a man. I think money is well spent which purchases Lydia E. Pinkham's Vegetable Compound.”—Mrs. Jos. O'BRYAN, 1755 Newport Ave., Chicago, Ill.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from displacements, inflammation, ulceration, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, dizziness, and nervous prostration. Lydia E. Pinkham's Vegetable Compound is the standard remedy for female ills.

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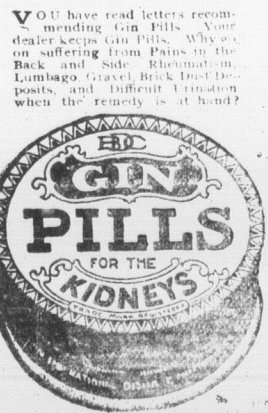
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Northern Fire Insurance Co.

Protects You Against Loss By Fire

F. E. BATH, Local Agent
Bridgetown, N. S.

Lower Granville Red Cross

The Lower Granville Red Cross Society held its annual business meeting on the evening of Oct. 3rd. Mrs. J. K. Winchester in the chair.

The following officers of the preceding year were re-elected:

Pres., Mrs. Geo. Anthony.
Vice Pres., Mrs. J. K. Winchester.
Secty., Miss Primrose Elliott.
Treas., Mrs. Edward Farnsworth.

The buyers are Mrs. V. Melancon and Mrs. Stanley Farnsworth; the cutters, Mrs. Jos. Croscup and Mrs. S. McKenzie.

The Secretary and Treasurer gave their reports for the coming year:

Membership 70.

In January, April and September, boxes of Red Cross goods were sent to the Red Cross Depot, Halifax.

They contained: 48 hospital shirts, 50 cheese cloth handkerchiefs, 158 pairs of socks, 40 cakes of toilet soap, 350 mouth wipes, 8 pillows, 3 pillow cases, 3 rolls flannel, 2 rolls linen, 1 doz. huck towels, 8 Christmas stockings.

The society received from the Field Comforts Committee, Halifax, 24 lbs. of yarn. This was knitted into socks and returned to them.

Ten pairs of socks were sent in November last as Christmas gifts to the ten young men from our neighborhood, then overseas or in training. We deeply regret the loss to our community and to our country in the passing away of one of the ten in April last.

Corp. Harry Robblee fell fighting at Vimy Ridge, leaving behind him the proud record of a gallant Christian soldier and gentleman, and a good comrade.

Two suppers were held: One at the home of Mrs. J. K. Winchester, realized \$61.00, spent for Red Cross supplies; the other at the home of Mrs. Geo. Anthony, raised \$51.50 for the Belgian Relief Fund.

During the year collections were made in aid of the British Red Cross, the French Red Cross and for Christmas stockings for the soldiers. We take this opportunity to thank those who so willingly and cheerfully have given to the needs of the Red Cross, and to those who have helped so liberally with the suppers. Thanks are also due to our President, Mrs. Geo. Anthony, who has put so much ability and good will into the management of the society, and to the Vice President, Mrs. J. K. Winchester, who has so ably seconded her efforts.

Mrs. V. Melancon, as buyer, has spent much time and thought on the work of her department, and has kept us well supplied with work.

The Treasurer, Mrs. Edward Farnsworth, reported:

Total receipts for year	\$252.03
EXPENDITURES	
Amts. sent to British R. C.	\$14.65
Amts. sent to Belgian Relief	51.50
Amts. sent to French R. C.	30.05
Amts. spent for purchase of supplies	130.48
Total expenditures	\$226.68
Balance on hand	\$25.35

The school children of the neighborhood collected \$2.04, of which \$1.04 was included in the sum sent to Belgian Relief and \$1.00 in that sent to the French Red Cross.

Value of materials on hand \$10.00
S.E. PRIMROSE ELLIOTT,
Secty., Lower Granville R. C.

CLAIMED EXEMPTION

Even the Bible Did Not Save This One

There have been some very peculiar reasons given for claiming exemption from the draft in the United States, but the best must be awarded one of the New York claimants. This man had been recently married, and he based his claim for exemption on the 24th chapter of Deuteronomy, which in one verse says: "When a man hath taken a new wife, he shall not go out to war, neither shall he be charged with any business; but he shall be free at home one year, and shall cheer up his wife which he hath taken." An examiner asked about the second injunction in the verse and inquired if the unwilling candidate in case he was moved from war service would close his tailor shop and compel his wife to give up her work as a trousers maker. The replies showed there was no likelihood of either move being made, whereupon the board determined that he'd better go into the army.

THE COST OF WAR

Belligerent Nations Are Carefully Husbanding Resources by Effective Organization

OTTAWA, Oct. 22—The cost of the war has become so great in recent months that the layman is at pains to understand it. The Allied financial experts, however, are not frightened by the prospect in view of the measures that are being taken to maintain financial stability in Allied countries. Assuredly one of the most important of these measures is that which provides for the safeguarding of the national prosperity by sending into military service only those who do not happen to be working at essential tasks. The great basic industries, such as agriculture, transportation, etc., are being carefully protected against disintegration in all the larger belligerent countries. As a result, a very quick recovery is expected to follow the end of the war.

Canada is being congratulated upon her wisdom in recognizing the unexpected length of the war by putting into operation a Military Service Act of moderate type yet bound to provide an efficient help to industry.

Canadians should not consider that 1917 will be the only year that rigid economies must be practised. There is no knowing at this date when the war will end, and even after it has ended there will be urgent need for Canada's surplus of food for many months while Europe is being regenerated.

Minard's Liniment Cures Dandruff.

CORRESPONDENCE

The Farmer and Prohibition.

To the Editor of the MONITOR:

DEAR SIR—There are about 80,000 farmers in Canada, constituting about ten per cent of our entire population. The value of their products is approximately \$1000 per farmer, or \$80,000,000 for the whole country. The liquor trade purchases from the farmer about \$800,000 worth of produce or just one per cent, of all that he produces—that is \$10 for each farmer in Canada.

The question so often asked is, "what will the 'poor' farmer do with this \$10 worth of produce when prohibition puts the liquor trade out of business?" One thing is certain, he will never be compelled to throw away this \$10 worth of material about which the liquor men are troubling themselves so grievously. The likelihood is that someone else will want the grain and grapes, the apples and the cherries. To hear the defender of the liquor traffic talk, one would think that no one likes these things unless they are brought to him in the form of liquor.

If the 8,000,000 people of this country were to increase their purchases to the extent of two cents per week, it would amount to about \$80,000 per year, the amount the liquor interests expend on purchases from the farmer. No need to worry about the farmer. He is not worrying himself, but is voting out the business every time he gets the opportunity.

J. H. HAZELWOOD,
Department of Social Service.

COMPULSORY SERVICE

VICE A SUCESS

United States Favour Conscription in 1917 as in 1863

The United States was not only following the example of Great Britain, France, Italy and Russia in adopting compulsory service. She was profiting by her own experience in the Civil War.

For the first two years of the Civil War, the North depended for her men on voluntary enlistment. In 1863 under President Lincoln, without doubt one of the greatest statesmen this continent has produced, conscription became necessary if the North was to prevail. The law was passed and administered with firmness, even to the point of shooting a few who made determined resistance to the enforcement of the Act.

The success of compulsory service in the Civil War warranted its adoption by the United States in the present crisis, with exemplary success. Stern measures have been taken out to those who neglected to register. Every confidence is felt by those in authority that the administration of Canada's Military Service Act will proceed smoothly and events to date are most encouraging.

LEMON JUICE IS

FRECKLE REMOVER

Girls! Make This Cheap Beauty Lotion to Clear and Whiten Your Skin

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white. Shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store on toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Fall Drive in Boys' Work.

The third annual Boys' Work Conference for Nova Scotia will be held in Truro, November 8-11. About 300 Older Boys (15 years and over) together with Leaders in Boys' Work will gather to discuss forms of service Canadian Boys can render to the Empire. This Conference is promoted by the Nova Scotia Advisory Committee for Boys' Work; including the Anglican, Baptist, Methodist and Presbyterian churches, the Sunday School Association and the Y. M. C. A.

The Leadership Conference opens Thursday evening, November 8th, and continues until Friday evening, when it becomes a part of the Boys' Work Conference which opens at that time.

Among the speakers will be W. H. Vaughan, Associate National Boys Secretary Y.M.C.A.; I. W. Williamson, Baptist Sunday School Board; H. Upham, representing the Presbyterians; N. Wilcox, Anglican; B. J. Porter, Methodist; A. F. Baker, Sunday School Association; and Lou A. Buckley, the Y. M. C. A.



Memories

of "the nicest cup of tea I ever tasted"

KING COLE ORANGE PEKOE

The "Extra" in Choice Tea



AFTER Thursday Oct. 4th

We will show the Latest Styles in

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CASH MARKET

Prime Beef, Fresh Pork, Lamb, Chicken, Hams and Bacon, Sausages, Headcheese, Pressed Beef, Mince Meat, Corned Beef and Pork, Salt Mackerel, Boneless Cod.

Fresh Fish every Thursday.

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Cultivate it in Childhood and Youth.

Musical Goods of highest grade only.

**Bell Pianos
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The famous White Sewing Machine

N. H. PHINNEY

LAWRENCETOWN, N. S.

Choice Fall Shoes

We have just received several NEW STYLES OF FALL FOOTWEAR. There are many new style features that the women who wear choice shoes will appreciate.

The illustration shown here represents a Bell Model of Platinum Call with 9-inch Dark Grey Buck Top. An elegant shoe and moderately priced at \$10.00 per pair.

We are also showing the very popular shade Havana Brown in all Kid, lace, 9 inch top. A beautiful shoe at \$8.00 per pair.

COME IN AND SEE THEM.

J. H. Longmire & Sons
Queen St., Bridgetown, N. S.



PURITY FLOUR



Establishes the highest standard of quality ever attained in the manufacture of flour.

It contains an extraordinary amount of nourishment which makes its use a real economy.

More Bread and Better Bread---and Better Pastry, too.

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