Guard Against

"Flu"

With Musterole

Influenza, Grippe and Pneumonia all

start with a cold. At the first sign of fever, the moment you get those warn-ing aches, get busy with good old

Musterole is a counter-irritant that

goes right after congestion (which is what a cold really is) and restores

It has all the good qualities of the

old-fashioned mustard plaster without

the unpleasant sting and blister.

During the big "Flu" epidemic several years ago Musterole was used in

our training camps. The Y. M. C. A. War Board sent thousands of jars to

our boys in France. Doctors have been

eccommending it to their patients for

Just rub it on the congested parts

with your finger tips. First you will feel a warm tingle as the healing oint-ment penetrates the pores, then comes

soothing, cooling sensation and quick

If there are colds in your house get

CLUB.

'Forming of Habit in the Home' was the subject of an interesting address given by Rev. William Smith at the meeting of the Knollwood Park Mothers' Club Thursday evening, when the club entertained the members of the Rectory School Club, Several solos were given by Mr. Short and Mr. Simon which were great en-The meeting was closed by prayer led by Rev. Mr. Smith, after dainty refreshments were

CHAPTER PRESENTS CONCERT. the Loch Lomond Chapter, I. O. D. E., under the convenership of Mrs. J. Smith, was presented Thursday eveno be a clever little dancer, her exhibition of the Highland Fling and the Sword Dance evoking enthusias. tle applause. Other artists taking part were: Mr. Holland, Miss Jones Miss Louise Everingham, Miss Storges, Miss Peebles, with Mr. J. Lee and Mrs. G. Stark as accompanists. During the evening Dr. Towers and the R. C. R. Band. netted \$100 acted as chairman, and his announce-ment regarding the Royal Scots Hospital. Another contribution for Guards band coming to London was met with great enthusiasm. Follow- um of \$23.75, the proceeds of a coning the concert a dainty supper was served to those taking part in the

HEARS ADDRESS ON IDEALS. Mrs. C. Turner addressed the mem-bers of the Aberdeen Mothers' Club at their meeting Thursday evening on the subject of "Ideals." She impressed upon the mothers that they must not realize ideals, but should let the ideals realize themselves. Principal Claude Brown spoke briefly, thanking Mrs. Turner for her splendid address, also the mothers for their hearty co-operation in assisting the teachers, and the splendid way they have responded to calls for relief dance held by the Trinity Chapter, O. and send them direct. This is more work in the district. A program was E. S., recently at the De Luxe in aid satisfactory than sending articles given, including solos by Miss Vera of the War Memorial Children's Hos-Wood, instrumentals by Miss Ruby pital amounted to \$46. So delighted Brown, and solo dances by little Miss was the chapter with the success of Thirty-Seven does not live in the

omestic science room

COMMITTEES APPOINTED.

The following committees were ap-pointed at a meeting held Friday afternoon to take charge of the bringing to London of the Scotch Memorial Hospital: Ticket committee, Mrs. McCallum and Mrs. Greenaway; entertainment committee, Mrs. R. W. Tagg and Mrs. E. B. Smith; floor committee, Great War Veterans; chair committee, Lions' Club, under the convenership of Mr. Keene; armories, Dr. George Fraser. central committee was formed, with Mrs. E. B. Smith as the chief convener, to be assisted by Col. Mrs. Bowker, Mr. ing at Westminster Hospital, and Clare, Mr. Lawrason, Mr. James was greatly enjoyed by the patients Garrow of the city hall branch of the and staff. Tiny Helen Wilkie proved Bank of Montreal has offered his services as assistant treasurer.

#### CONCERTS AID HOSPITAL.

The net proceeds of the organ re cital given in St. Paul's Cathedral on the evening of Princess Mary's wedding day by Mr. H. T. Dickinson assisted by Mrs. E. Wyatt, soprano, the hospital much appreciated is the cert given by pupils of Miss Gwen dolyn Anthistle recently.

#### TOWNSHIPS SEND \$45.

Recently an appeal was sent out to ach of the township councils of the wenty townships of Middlesex on behalf of the War Memorial Children's Hospital. Three of these have already responded, Caradoc sending \$25; Mc-Gillivray, \$10, and Biddulph, \$10, making a total of \$45, and "seventeer constituencies not yet heard from."

#### GIVING SECOND EUCHRE-DANCE.

nother for the same object at the SHOULD SHE GO

LADIES' AID VOTES \$50. At the meeting of the Ladies' Aid the Empress Avenue Church Thursday a vote was passed unanimously that \$50 be given to be used in relief work under the convener-

#### WHY BE MISSIONARIES?

ship of Mrs. Goodman.

"Four Reasons Why Women Should Become Missionaries" was the subject of an interesting address given by Mrs. G. B. Sage at the meeting of the W. M. S. of Empress Avenue Church Thursday. The meeting was held at the home of Mrs. W. J. Lipsett, Wharncliffe road, with Mrs. Berry presiding. A pleasing solo was given by Mrs. Wildgust, and a social hour followed.

#### Cynthia Grey's Mail-Box

THE TWO LOVES. Young Love laughed and sang with

All the summer day; Tossed me flowers in perfumed showers, And sped the time away,

Till, weary of the game. Tired I grew, and wan. On my face pain set its trace; Love saw it and was gone.

True Love, questioning through the

Found me faint and cold. Gently spoke and doffed his cloak. And wrapped me in its fold, Wined my blood with sweet caress Kissed my silvered hair, Looked to see the soul of me, And deemed it young and fair.

-Annie Gray Butcher, in Verse and Reverse. If any of the Boxites care to send

parcels to Thirty-Seven they may wash taste. have her address from the Mail-Box to the Mail-Box to be forwarded, as

# TO ALL MEETINGS?

Should ministers' wives attend all meetings? The viewpoint of the w man most concerned, the minister's wife herself, in the plural, was freely expressed at the March meeting of the London District Methodist Min isters' Wives' Association, held in Dundas Centre Methodist Church The question was discovered in the question drawer, presided over by Mrs. Godwin Colling, and provoked lively discussion. The concensus of opinion was that ministers' wives should not accept office in Ladies' Aids and such organizations. Readings were given by Mrs. Henderson, and solos by Mrs. Vance.

## Western Ontario Women's Activities

Address News For This Column to The Editor of Woman's Page.

The regular meeting of the Cold stream Women's Institute will meet at the home of Mrs. Mary Cameron on Tuesday, March 14. Roll call is

#### to be answered with humorous senti-TEMPO W. M. S.

ments.

North Street Presbyteran Church W. M. S., Tempo, observed the international women's day of prayer at the March meeting, Mrs. Stevenson Mrs. W. Davis and Mrs. Davidson reading the Scripture lessons, and Mrs. Stevenson also extracts from Dr. Mott on the origin of missions.

#### DESTROY TASTE.

After cutting onlons with a knife, run This will destroy the onion

Two parts linseed oil and one part they often boast a single button at the very throat, which loops into a leather. It should be applied with a soft cord buttonhole, and lets it go at This softens the leather, while that! They are designed for warmth,

#### the sort that may be seen along Bond street, and even venture into the afternoon, have taken to straight lines. exceedingly straight! LEATHER POLISH. And, like this clever Claire model,

merely something swagger and easy Broadcloth is the material most often used for these garments. The lining is a soft silk which dares be

BY MARIAN HALE

LONDON, March 10 .- Sport coats,

Coats Straight

very colorful. Blue, a peculiar bright blue, which just escapes a tinge of green, is the tone used for the model shown. Its smartly tailored pockets are piped with white to match its edge. The large buttons which hold it at the throat are also white.

was a visitor in town on Friday, spending the day with friends

The Overseas Chapter, I. O. D. E. De Luxe on Monday evening, March

Mrs. (Dr.) H. R. Kingston was called to Picton, Ont., on Friday, owing to the serious illness of her father

Mrs Jean Elliott announces the engagement of her youngest daughter

# ADVERTISER PATTERNS



Pattern 3754 was employed to make this model. It is cut in four sizes, 8, 10, 12 and 14 years. A 12-year size will require 3% yards of 36-inch material. Indian head, drill, linen, repp, poplin, galatea, gingham, chambray and percale are good for this model. The sleeve may be finished in wrist or elbow

to any address on receipt of 15 cents in silver or stamps. Address all pattern orders to Pattern Department.

Age (if child's or misses' pattern).....

Measurement: Bust ...... Walst ......

McCullough will be pleased to hear costumes. The members taking part that she is recovering after recently were: Messrs, C. Kemp, C. Ray, R. serious operation in Ferguson, G. McClurg, M. Russell, J Victoria Hospital.

ments have been given, is spending son and Mrs. Ferguson, Mr. V several days in Toronto. Mrs. J. C. Steele, Duchess avenue,

and tea, to be given under the auspices of the Wortley Road Mothers' Club Thursday evening, March 16. A grocery shower will also be held for a poor family of the district. A shamrock tea and musicale will be given Friday afternoon, March 17, at the home of Mrs. J. C. Doidge, Colborne street, under the auspices of

the ladies of the Maitland Street

Baptist Church to raise funds for the

calendar scheme. The artists taking

part are Miss Gertrude Morgan, Miss Stella Foster and Mrs. Foulger. The engagement is announced of Gladys Lucie (Poppie) Millard, daughter of Mr. and Mrs. Percy C. Millard of "Fernleigh," St. John's road, Patney Hill, London, England, to Harold Charles White, eldest son of Mr. and Mrs. Charles H. White, 514 Dundas street, city, the marriage to take place in London, England, the

A delightful affair of Friday even-A delightful affair of Friday evening was the dance in the Masonic Temple, given by the Ahmeeks Club. The hall was gaily decorated with streamers and balloons in the club colors, maroon and white, used also

UPSET

Indigestion

vant a slow remedy when your stom-

drug store, and then if you should Advt.

ach is bad-or an uncertain one-

Sourness

latter part of April.

to shade the lights. Following th of Metcalfe, the marriage to take first half of the dance program ar interesting tableau was given b The many friends of Miss Shirley members of the club wearing Indian

T. McCallum, L. Gidley, Dennis War-ner and C. Gunther. A buffet supper Miss Edith Tufts, who is leaving was served from an attractive table next month for China, where she is Among those lending their patronage opening a missionary school, and in were: Lieut.-Col. W. M. Gartshore whose honor numerous entertain- and Mrs. Gartshore, Dr. J. I. Ferguis lending her home for a musicale

Greer and Mrs. Greer, Mr. T. R. Elliott and Mrs. Elliott. The committee responsible for the excellent arrangements included Messrs. Robert Ferguson, Claude Gunther and Mar-

### Our Personal Guarantee to All Skin Sufferers

relief from the first bottle of D. D. D.

Your money will be returned without a word if you tell us that the first bottle did not stop that itch, did not soothe and cool that eruption. You alone are the judge.

We have watched the action of this standard medical discovery on the sick skin in hundreds of cases and we know. And if you are just crary with itching or pain, you will feel soothed and cooled the moment you apply this soothing, cooling wash.

We have made fast friends of more than one family in recommending D. D. D. to a skin sufferer here and there, and we want you to try it now on our positive no-pay guarantee. Price, \$1 a you D. D. D. Soap too. Strong's Drug Store, Standard Drug Co., Limited Taylor's Drug Store, 390 Richmond St., London.

STOMACH

Flatulence

Palpitation

lead, ferments and sours and forms

entacid known-the certainty and

In five minutes "Pape's Diapepsin" ends

Gases

Acidity

"Pape's Diapepsin" relieves stomach eat something which doesn't agree

listress in five minutes. You don't with you, if what you eat lays like

or a harmful one—your stomach is gas; causes headache, dizziness and

too valuable; you mustn't injure it nausea; eructations of acid and un-

with drastic drugs. Pape's Diapepsin digested food-remember as soon as

s noted for its speed in giving relief, Pape's Diapepsin comes in contact

regulating sick, sour, gassy stom- vanishes. It is the most efficient

Keep this perfect stomach doctor ease with which it overcomes stomin your home—keep it handy—get ach and digestive disorders in a large sixty-cent case from any revelation to those who try it.—

RUGS! RUGS!! RUGS!!!

We have fully equipped our plant at great expense to Dust, Dry

Clean, Wash or Dye-Indian, Oriental, Chinese and Domestic Rugs.

Handled Only by Experts.

SOME WAY AND SOME HOW

THE PARISIAN SHOULD LAUNDRY

Launderers, Dry Cleaners, Dyers and Rug Cleaners.

DON'T THROW YOUR OLD CARPETS AWAY

way on small orders.

Established 1909.

98 CARLING STREET.

No matter how old, how dirty, how dilapidated, tie a rope around them and send to us to be made into

The Famous VELVETEX Rugs

Reversible—Will wear a lifetime—Prices reasonable. We have hundreds of recommendations from satisfied

SEND FOR VELVETEX LEAFLET.

We pay express both ways on large orders. One

CANADA RUG COMPANY

LONDON, ONT. Phone 2485.

ts harmlessness, its certain action with the stomach

Musterole on the job at once. It may prevent serious illness. It is a good plan to have Musterole always on the athroom shelf for the emergency.

Musterole.

ormal circulation



#### Men Take Yeast Vitamon Tablets to Clear the Skin Build Firm Flesh, Strengthen the

Easy and Economical-Results Quick



Of what use are fine featurely, mottled skin, flabby f

If you want to quickly clear your skin and complexion, put some firm, healthy flesh on your bones, increase your nerve force and power and look and feel 100 force and power and look and feel 100 per cent. better, simply try taking two of Mastin's ciny yeast VITAMON Tablets with each neal and watch the results. Mastin's VITAMON Tablets contain highly concentrated yeast-vitamines, as well as the two other still more important vitamines (Fat Soluble A and Water Soluble C) and are now being used by thousands. They positively will not upset the stomach or cause gas; but, on the contrary, are a great aid to digestion, to overcome constipation and as a set the stomach or cause gas; but, on the contrary, are a great aid to digestion, to overcome constipation and as a general conditioner of the whole system. Pimples, boils and skin eruptions seem to vanish like magic under their purifying influence, the complexion becomes fresh and clear, the cheeks glow with ruddy health, the flesh becomes firm instead of flabby, the eyes bright instead of dull. Mastin's VITAMON Tablets are positively guaranteed to give you new health, energy and ambition and improve your appearance, whether you are young or old, or the trial costs you nothing. Make the test yourself and see. Be sure to remember the name — Mastin's VI-TA-MON — the original and genuine yeast-vitamine tablet. There is nothing else like it, so do not accept imitations or substitutes. You can get Mastin's VITAMON Tablets at all good druggists, such as Standard Drug Co., Ltd., Calracross & Lawrence, Liggert. Standard Drug Co., Ltd., Cairn-cross & Lawrence, Liggett.

Duncan-Kershaw & Co., 207 St., James St., Montreal, P. Q., Canada.

# How My Wife and I Turn Spare Hours at Home Into Dollars

The remarkable way in which Mr. & Mrs. P. J. Monaghan solved their extra money problem. Every wife, self-supporting girl, and father of a family can now use spare time to make money at home-in the same way they did.

By P. J. MONAGHAN

THE years 1916 and '17 were lean years for the working man in our part of the country, especially if he happened to be the sole support of a large family.

I kept hoping for some way to in-crease my income, and finally I had an idea. At this time the Red Cross and the St. John's Ambulance Societ were appealing for aid in knitting socks for our Canadian Forces Overseas.

I had seen a hand-knitting machine advertised, and I thought that if I could get one I could help the Red Cross by knitting socks, and at the same time use the machine to increase my small salary and keep the wolf a the door.

With this idea in mind, I found the ddress of the Auto Knitter Hosiery Company in our local paper and finally sent for an Auto Knitter.

When the machine arrived my wife and I turned to the instruction book, and therein found the answer to all our questions. I was soon able to make splendid socks. I became more and more delighted with myself and the machine.

#### How I Started Making Money

I now volunteered to knit socks for the soldiers. The St. John's Ambulance Society furnished me with yarn. I knit several pairs of plain socks and was complimented on my work. I felt very gratified, for I was requested to knit more and was to receive 20 cents a pair for the work.

private customers as well as knitting for the Ambulance Society. In a comparatively short time I had my ne paid for. I was now making \$15.00 a week in my spare time. My wife was able to buy clothing and shoes for herself and the children.

I began to make and sell socks to

This story would be incomplete and convey a very wrong idea if I did not make it plain that I could not have accomplished all I have without the valuable help of my better half, Mrs. Monaghan.

#### \$125 Earned in Spare Time

In about eighteen months from the time I started knitting I had a surplus bank account of \$125.00. Our house at this time consisted

of a two roomed shack on a rented I decided now to buy a lot on which to move my shack. I selected a beautiful locality and arranged easy terms of payment, the price being \$475.00-\$100 cash and the balance \$10.00 a month. I kept on using the Auto Knitter steadily in my spare time to add to my income, and in less

than a year my property was paid for When the overseas demand for socks declined, I noticed that the quality of wool socks sold in the local stores was very inferior. I saw that there would be a good demand for a better article, and I knew I could supply it with my Auto Knitter. Auto Knitter.

So I bought some of the best wool in the city, manufactured it into socks and exhibited my goods to James Ramsey, Ltd. (one of the largest departmental stores in our city). They gave me a trial order for

three dozen pairs. Within a few hours after delivery I had a telephone call from the hosiery department of Ramsey's store, asking me to bring them fifty dozen pairs more! It wasn't possible for me to do this, but the James Ramsey Company took all I could supply them up to the year 1919.

#### Turned Poverty Into Independence

1920 was my banner year. I now of course had a little capi-tal. Also I mand for a good article purchased the best yarn





discount on a quantity purchase. I worked all summer, knitting this on the Auto Knitter in my spare time, but sold none until October, 1920.

Then I advertised my goods, also stating that I would make socks

I made, one evening after work that

After all the thousands of pairs of socks we have made, our Auto Knitter is as good as the day we received it, and it has never cost

#### Made New Home Possible

Last February we purchased a beautiful nine room house, as shown in the photograph, and had it moved to our lot. In our new house we arranged a work room where we can use the Auto Knitter. This house and lot, which is a real home, is now worth about five thousand dollars. What part the Auto Knitter has played in this aplendid evolution it is difficult to figure precisely, as separate accounts were not kept.

This much I can vouch for, however. During the months of October, November and December, 1920, my bank account increased \$700.00, and many days my took in \$45.00 for socks sold. Of



believe that if we had not had it,

we would have had to appeal to the Sunshine Society or other charitable organization for help when times were the hardest with us. I am also sure that, but for the Auto Knitter,

we should be tenants of a two roomed

I wish that I might be able to place

an Auto Knitter in every home, espe-cially where there is a large family. I

believe that the gap between poverty and independence would be bridged in

every case where there is industry and

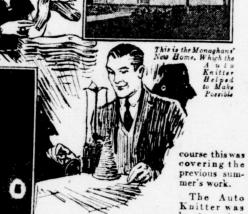
The man or woman who is ambitious, and wishes to improve his or

P. J. Monaghan, Alberta.

her circumstances, can in no way employ their spare time better than in knitting socks on an Auto Knitter,

. . .

shack on a rented lot.



Mr. P. J. Monaghan

to order. Many people brought their own wool. I had to work hard to fill all the orders, even with the supply I had on hand. People from all over the city, including the Mayor and the Attorney General of the Province, came to purchase my socks. My advertising brought in orders from: Calgary, Red Deer, Wetaskinwin, and Port Saskatchewan.

winter, \$7.50 on the Auto Knitter, but you may infer that I did not retire

one cent for repairs.

Mr. and Mrs. Monaghan, whose experience with the Auto Knitter you have just read, have been very enterprising and energetic in using their machine to advance themselves and improve their circumstances. and improve their circumstances.

Mr. Monaghan was fortunate in being able to find a good local market for all the socks he could turn out, so he preferred not to take advantage of the Work Contract we sign with every purchaser of an Auto Knitter

#### A Market for Every Salable Sock Guaranteed

This contract obligates us to accept and pay for every pair of socks sent us by an Auto Knitter owner—when made according to our standard directions. Hundreds and hundreds of Auto Knitter workers take advantage of this guaranteed market, and send us their entire output without trying to sell socks to local customers— although they are in no way bound to do so.

They simply send us the socks hey knit and we send them back checks in payment for their work, at a guaranteed, fixed rate per pair. We also replace each time the amount of yarn used in the socks received.

You can work for us as much or as little as you please but for every shipment of socks, small or large, you receive your pay check The Auto Knitter comes to you

with a sock already started in it, a supply of yarn, and a complete instruction book that makes every-

#### thing plain, as Mr. Monaghan has stated in his letter above. Write Today for Our Liberal Offer

If you can use extra moneyand most women can in these timesyou will want to know all about the machine that has meant so much to Mrs. Monaghan's home and thousands of others all over Canada, England, and the United States. Send right away for the company's Send right away for the company's free literature and read the experiences of some of the thousands of other Auto Knitter workers. Find out about the pleasant and profitable money making occupation waiting for you—Auto Knitting. Find out what substantial amounts a small number of your sure even a small number of your spare hours will earn for you. Remember that experience is unnecessary, that you do not need to know how to

Send your name and address now and find out all the good things that are possible for you. The Auto Knitter Hosiery (Canada) Co., Ltd., Dept. 763, 1870 Davenport Road, West Toronto, Canada.

......

in knitting socks on an Auto Knitter, either under the company's Work Contract or for their own local trade. It will bring comfort and even luxury to the home and be the means of bringing joy and happiness to the family. The Auto Knitter Hosiery (Canada) Co., Ltd. Dept. 763, 1870 Davenport Road,

> Send me full particulars about Making Money at Home with the Auto Knitter. I enclose 3 centspostage to cover cost of mailing literature. etc. It is understood this does not obligate me in any way.

Name .....

City ..... Pros ....



Growing Girl.

A pattern of this illustration mailed

	Name
	Province
	Town

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

# Mother! Your Sick Child is Bilious, Constipated.

# Give "California Fig Syrup"

Harmless Laxative for Your Child's Liver and Bowels Hurry mother! A teaspoonful of "California | laxative" is often all that is necessary. Fig Syrup" today may prevent a sick child tomorrow. If your child is constipated, bilious, feverish, fretful, has cold, colic or if stomach is

Children love the "fruity" taste of genuine "California Fig Syrup" which has directions for babies and children printed on bottle. Say sour, tongue coated, remember a good "physic-"California" or you may get an imitation,