

Dessert Surprise

Rice Mold with Pineapple

½ envelope Knox Gelatine
¼ cup cold water
¼ cup scalded pineapple juice
¼ cup sugar

Few grains salt
1 cup cooked rice
1 cup whipped cream
1 tablespoon lemon juice

Soak gelatine in cold water five minutes, and dissolve by standing cup in hot water. Add pineapple juice, sugar and salt to rice. Strain into this the gelatine, and mix thoroughly; cool slightly, and add whipped cream and lemon juice. Turn into mold lined with slices of canned pineapple. Chill, and serve with or without whipped cream. Other fruits may be used in place of pineapple. Note: Knox Acidulated Gelatine, which comes in a blue package, contains an envelope of lemon flavor, which takes the place of lemon juice—saving time, labor and expense.

Get a box of Knox Gelatine at your grocer's to-day, and try the above recipe.

Only one of a hundred surprises made with

KNOX SPARKLING GELATINE

FREE—Send for my booklets "Dainty Desserts" and "Food Economy." Just enclose 4c. in stamps or coin to cover postage and mailing. Address:

MRS. CHARLES B. KNOX
KNOX GELATINE
400 Knox Avenue, Johnstown, N.Y.
"Wherever a recipe calls for gelatine think of Knox."

For further information apply to THOMAS E. CLIFT, Manager Knox Co., Commercial Chambers, Water St., Rooms 9 and 10, Sample Room 14.

Side Talks by Ruth Cameron

COMPENSATIONS FOR GROWING OLDER.

When I was a child, like all children, I was in a hurry to grow up. I longed to reach what I considered the prime of life as represented by an elder sister, who was just 20. On the other hand, I did not so much fancy the idea of becoming an elderly person of 40. I imagined people of that age living colorless lives with no look forward to except the aging old age represented by 50.

How awful it must be to know that youth is behind you and to have to look forward to, I used to suppose someone had said to me then, "I think how much they have to look back on." I should have thought that an absurd substitution. As I grew back upon things could be my satisfaction.

Much Water Has Flowed Under the Bridge.

Another day I went into a restaurant where I had not been for many years. As I waited for my order I found myself remembering the last time I had been there. I could remember just what table I sat at, and for two at the left of the entrance. My companion was a woman whom I had known in college, had met out of touch with, had met for luncheon, and have not seen since. But the thing which made my eyes so absorbing was the change of all the water that had flowed under the bridge since that meeting. At that meeting that man had spoken to me of a man whom he had admired. He was a man, it did not seem probable that the admiration would have been mutual. But since that day his wife has died and my companion has married him.

From the consideration of the vast change in her life the years between have brought, my mind flew to another class-mate, who at that time was drifting away at an ill paid job in a bank, with no future ahead of her. Shortly after that she met a young business man who was just at the beginning of what was to be a most successful career. She married him, her life now is full of color, travel and luxury.

There Are Many Figures in These Memory Tapestries.

Then other figures came into the tapestry, this girl's older sister who at that time was so happily and prosperously married that she was the envy of many of us, but who has since passed through unpeppable misery ending in the divorce courts; a friend I met through her and did not even know at the time who has become one of the strongest factors in my friendship; another friend to whom I wrote about the luncheon, who has recently died.

I suppose I could fill pages with the details of the tapestry that unwound itself before me as I sat thinking of the water that had flowed under the bridge since last I sat in that restaurant.

There was some sadness in the memories, some sweetness and an infinite sense of richness.

They Seem to Enjoy Even Sad Memories.

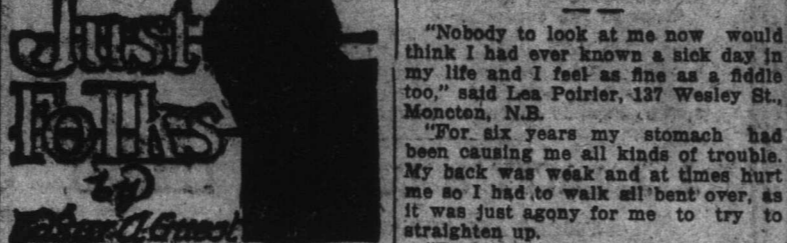
Perhaps as we grow older there is so much sadness that one does not care so much for unrolling the tapestry. And yet I doubt if it for it seems to me that the older people grow the more pleasure they take in their memories.

Surely the sense of richness, of background, is one of the compensations of growing older. And don't you, who are growing older along with me, find it a very real and vital compensation?

To be sure one could never make

New Brunswick Man Says It Was Agony To Straighten Up.

Moncton Resident Walked All Bent Over But Is Now Well And Active.



"Nobody to look at me now would think I had ever known a sick day in my life and I feel as fine as a fiddle too," said Lea-Poirier, 137 Wesley St., Moncton, N.B.

"For six years my stomach had been causing me all kinds of trouble. My back was weak and at times hurt me so I had to walk all bent over, as if I was just agony for me to try to straighten up."

Tanlac has made a clean sweep of all my troubles and I'm like a new man now. I have the appetite of a farm-hand and nothing I eat ever hurts me. The pain has gone out of my back and I can walk as well and as active as I ever could in my life. I firmly believe Tanlac is the best medicine ever made."

Tanlac is sold by leading druggists everywhere.

visations to them to attend. The State Department view was that it was incumbent on them to invite the British Empire as a whole, and that the extent to which the Dominions would participate was a matter to be worked out in London and within the Empire. Sentiment is pronounced in this country to the effect that public opinion in Canada, in Australia and the Dominions generally is substantially the sentiment of the United States both as to the settlement of the problems of the Pacific region of the world and as to the limitation of armaments. To have the voice of the colonial part of the British Empire heard at the conference would, it is believed, be extremely useful. The question of the renewal of the Anglo-Japanese alliance is certain to have an indirect bearing on the result of the conference and the importance of the opposition of the Dominions to renewal of the alliance is by no means overlooked here. The U.S. delegates would be in a position to go much farther if the Anglo-Japanese alliance is to become a dead letter than otherwise.

The Washington Conference.

DISAPPOINTMENT IN BRITISH DOMINIONS EXCLUDED.

Washington, Oct. (By Canadian Press.)—Deep regret and disappointment will be felt not only in Washington but throughout the United States if the voice of Canada and of the British Dominions generally is not heard at the limitation of armaments conference, and heard strongly. This is true in spite of the fact that the U.S. Government did not extend official in-

STRICTLY FRESH NEW LAID EGGS TO-DAY.

- FLOUR—Very best quality 75c. stone
- 10 lb. tins STRAWBERRY PULP—Very fine quality \$2.40
- 10 lb. tins ORANGE PULP—Very fine quality \$1.50
- PURE COCOA, per lb. 20c.
- FRESH SUPPLY "SUNBEAM" COFFEE, 1 lb. tins. "HAPPY VALE" SALMON, 1 lb. cans 20c.
- "MACKINTOSH RED" APPLES, per box \$5.00
- FRESH RABBITS each express.
- 25 bags TEXAS BLUE ROSE RICE.
- ALMERIA GRAPES 30c. lb.

Ex S. S. Rosalind:
50 cases PARSONS' HOUSEHOLD AMMONIA—Small, medium and large.
FRESH GRAPE FRUIT, CAL. ORANGES, LEMONS.

C. P. EAGAN,
Duckworth Street & Queen's Road

Sugar and the Extra Duty.

Editor Evening Telegram.

Dear Sir,—It must indeed be gratifying to everybody to find that the price of flour and other food commodities is declining, and to feel that after another short while the "High Cost of Living" will have gone down to some appreciable extent. There is one item of expense, however, that bears unnecessarily heavy on every household at present, and that is the item of sugar.

Granulated Sugar to-day is costing a little over three cents per lb. f.o.b. New York, and the duty on this essential here is roughly six cents per lb. or nearly two hundred per cent. above its actual value. This, of course, is a fearful outrage and should not be allowed to continue indefinitely.

It is a well known fact that the Food Control Board lost over \$200,000 of the taxpayers' money by their unwarranted interference with the trade in taking over the Sugar business of the country, and it is equally well known that the Premier Sir R. A. Squires made a promise in the House last session that the one and a half cents per pound extra taxation put on Sugar to offset the blunders of the F.C.B., would be taken off when this amount was recovered through the Custom House.

Considering the very heavy consumption of Sugar of late, and taking into account the very large imports of this commodity, it is only reasonable to think that this loss of \$200,000 has been already made up, and I would therefore like to ask the Hon. Mr. Mews, Chairman of the F.C.B. to let the public know if this shortage has been collected, if not when does he expect it to be collected, and when is this one and a half cents per pound likely to be taken off the present duty on this household necessity. I know that it will be only necessary to ask the Hon. Mr. Mews this question, and feel sure that he will be only too glad with his well known courtesy to let the public have an early answer to this important enquiry.

Yours truly,
HOUSEHOLDER.

Oct. 24, 1921.

Brick's Tasteless can be purchased at Jas. Wiseman's, Top Carter's Hill. Price \$1.20 bil. Postage 20c. extra.—sept.15.11

School Team Draw; Goal Disputed.

The Inter-Collegiate Football game played Saturday between the Pelitian and Methodist College teams, ended in a draw, but it is understood that the former intend to protest against the decision of the referee in not counting a goal scored almost instantaneously with the sound of the final whistle. A large number of spectators witnessed the game which, although played under difficult conditions, was nevertheless quite good. Each side obtained one goal but near the end of the game the Pelitians were allowed a corner kick. Just as it was taken, however, the final whistle went and the goal which resulted from a well placed kick was not allowed. The question to be decided, if this decision be protested, is whether the play from a corner kick should be allowed to be finished after the whistle has gone. The point, of course, narrows itself down to a definition of when play ends after such a kick. Mr. Williams of H.M.S. Briton, was referee.

Route Resumed.

S.S. Bornholm has been chartered by Messrs. A. E. Hickman and Co., to replace S.S. Lady of Gaspe which was lost whilst engaged on the Boston, Halifax and St. John's service. The Bornholm will leave on her first trip on November 1st. It will be a great satisfaction to local merchants to know that the service is to be resumed.

You can get your choice to-day in Ladies' and Misses' Heavy Winter Coats, reduced to Half Price. All up-to-date styles and finish. Marvelous value. BOWRING'S.—Oct.21,31,eod

Fashions and Fads.

The edging of little silver tabs is a new note in millinery. Many hat brims are short at the back with slashed sides. Fur coats feature chin collar and cuffs of contrasting fur. Velours, duvetine and tweed make equally smart suits. A black crepe frock has a sash and panels of gray crepe. Long, pear-shaped black opals make distinctive earrings. Hats are worn pulled well forward over the wearer's eyes.

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Every satisfaction given in settling losses.

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The Great Norwegian Fish Killer.

THEY NEVER MISS.
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J. J. St. John

Some of our prices:

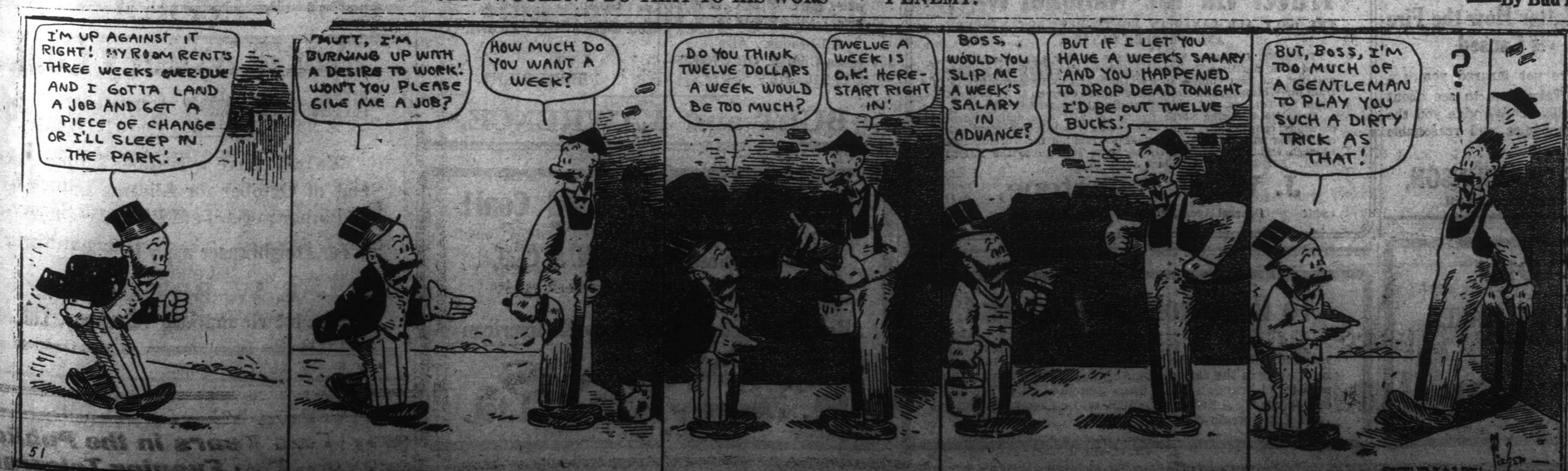
- 5 Roses Flour . . . 90c. stone
- Ham Butt Pork . . . 20c. lb.
- Sliced Fat Pork . . . 14c. lb.
- Spare Ribs—Fresh shipment 15c. lb.
- Boneless Beef 13c. lb.
- Cabbage 5c. lb.
- Beans 5c. lb.
- Soda Biscuits—Tip-Top . . . 20c. lb.
- Codroy Butter in 1lb. blocks

Also just received:
10 kegs Green Grapes.
10 cases Valencia Onions.

J. J. St. John
Duckworth St. and Le-Marchant Road.

TT AND JEFF—

JEFF WOULDN'T DO THAT TO HIS WORST ENEMY.



—By Bud Fisher

Public Telegram

MINARD'S LINIMENT RELIEVES COLDS, Etc.