

NOTICE.

SUNLIGHT SOAP, of which the reputation is world-wide, can be obtained at all respectable Grocers throughout Newfoundland. This reputation has been built up during upwards of 25 years and is based on solid fact.

The public are therefore cautioned against attempts being made by unscrupulous dealers to substitute inferior soaps under the pretence that they are "just as good as" or "equal to" **SUNLIGHT SOAP**.

THE PURITY OF EVERY TABLET OF SUNLIGHT SOAP IS GUARANTEED TO THE EXTENT OF \$5000.

Placentia Notes.

"Pike O'Callaghan," played on St. Patrick's night, was re-produced in the Star Hall on Tuesday.

In referring to Mr. Barron, of this place, taking charge of a schooner, in my last notes, it should have read Mr. F. Barron instead of Mr. T. Barron. I make this slight correction because the People's Paper is sought after by everybody, and it shall and must contain the right news.

Mr. Andrew Miller and Mr. Edward Brennan are getting ready their schooners for the coming season, the former's for freighting, the latter's for fishing. We wish them a record year.

Mr. T. Griffin and family who were in Nova Scotia, working in the cotton mills of Windsor, arrived in the home-land on Friday.

Mr. J. Penny, Merasheen, was here, the past week, getting his schooner in readiness for the fishery.

The general topic of discussion here now is the sealfishery, and above all that large load brought in by Capt. A. Keane in the Floriel. The record up until now was held by Capt. S. Blandford, who in the Neptune once brought in 42,000. The writer extends congratulations to Capt. A. Keane. There is also quite a lot of talk about the S. S. Kite, commanded by Capt. Carroll. But never mind, boys, for Capt. Carroll will yet bring her in log loaded, because he is not the man to be stuck. We hope before long to hear of the Kite being in port loaded, on deck and below.

Mr. W. R. Gooble leaves town for the city to-day. Mr. G. has recently bought over a large store in St. John's and intends opening it and intends leaving Mr. J. J. Collins there to be his boss. Our wish to Mr. G. is every success in the near future.

CASTLE HILL.

Placentia, April 6th, 1910.

The new skirts recently imported from Paris show the modern version of the pull-back. The simplest model in this style is gored to fit the figure in the centre front only, the fulness being gathered to the belt line across the side and back.

Here and There.

PATIENT FOR HOSPITAL.—John O'Brien, of Cape Broyle, arrived by the S. S. Prospero this morning to go to the hospital to have an operation performed for an internal complaint.

Sewing Machines.—We sell one make only equal to any in the world. Call and see them. Terms arranged to suit. **CHESLEY WOODS, The White Piano & Organ Store.**—mar26, tt.

EIGHT ARRESTS.—The police arrested eight persons for being drunk last night. An old offender was also run in for larceny. They were held at the lockup all night.

Pianos and Organs. Intending purchasers would do well to call and see our Stock before buying. Terms and prices to suit. **CHESLEY WOODS, The White Piano & Organ Store.**—mar26, tt.

WEDDING BELLS.—The wedding of Mr. Hayward Parsons and Miss Eleanor Baggs took place at the C. of E. Cathedral last evening. Rev. J. Brinton performed the ceremony. They left this morning for Salmonier.

M. L. C. I. DEBATE.—The series of M. L. C. I. Debates will conclude to-night by electing the new officers for the coming year. It is expected that a large number of members will attend.

HERRING FAIRLY PLENTIFUL.—Passengers who arrived by last night's express report herring fairly plentiful at Bay of Islands. The scho. Indiana is now at Middle Arm making up a cargo.

ARE HARD TIMES COMING? Yes, for the man that wears tight boots, but his corns are relieved quickly by Putnam's Painless Corn Extractor. No pain and certain cure. That's Putnam's. Use no other.

C. C. C.—At the monthly meeting of the Committee of Management of the Catholic Cadet Corps, held on the 2nd inst., a resolution was passed thanking the Premier, Sir Edward Morris, for his action in having secured for the British Government during his recent visit to London three hundred Modern Army Rifles for the use of the Corps free of all cost.

No Friend of the Doctor's.

Editor Evening Telegram.

Dear Sir,—I saw a letter in the Evening Chronicle of March 1st from "Main Bridge," Bay Bulls, about our doctor. Evidently the writer is no friend of the doctor. I thought it a little curious that a letter dated March 15th from said "Main Bridge" did not appear in the paper until March 31st. "Main Bridge" in the course of his remarks says: "I knew that a petition . . . was sent to His Excellency in Council, but was not aware of one being sent to any of our members." I may add that I am not aware from the tone of "Main Bridge's" letter that there was any particular reason why we should notify him as to where the petition was sent. "Main Bridge" certainly need not quarrel regarding distance. "Main Bridge" in his letter makes bold to make a proposal. I venture to make a second, and it is this: That a scale of fees should also be fixed for those who did not sign the petition, and who under pretence of being in the doctor's books kept him dancing attendance on them for a year, or perhaps two, and then gave him for his trouble the large sum of nothing plus impertinence. What about a scale of fees for these?

April, 5th, '10. BAY BULLS.

COLDS CAUSE HEADACHE.

LAXATIVE BROMO Quinine, the world wide Cold and Grip remedy removes cause. Call for full name. Look for signature E. W. GROVE. 25c.—oct27, tt, w.

CURLIANA.

Hepburn vs. O'Driscoll.

What may be termed a five a side return match, on the 5th of April game, was played last evening. The previous match was won by P. C. O'Driscoll by 3 points, but Hepburn, according to the score, was not satisfied with 3, but made it 5 to 21, or a win by 16 points. Hepburn opened the game by winning the first head, which O'Driscoll certainly should have won, laying 6. A Chap and Lie was given by Salter, but O'Driscoll failed and Hepburn wins. Practically every head was similarly circumstanced, Hepburn all through proving too many guns. Certainly had O'Driscoll his own rocks the game may have proved different, he was playing under a disadvantage with a borrowed pair. For O'Driscoll's team Bears did his duty, and like a little man placed them in the head every time. When he masters the elbow out turn he will prove a champion. Chessman, Steer and Salter, who played rattling good games all the season, were not up to their usual, although playing a good game and making some very difficult shots. For Hepburn's team R. C. Grieve did yeoman service as lead, by often putting them on the button. While Soper, Ryall and Donnelly were a whole team in themselves. The ice was in perfect condition outside a few little pieces of amber (being a curling relic) that the stones would occasionally pick up. Mr. O'Driscoll and Mr. Hepburn hold a record for playing on the 5th day of April, and we should like to see a return match if possible between these two lovers of the "roarin' game."

April 5th, 1910. SPECTATOR.

Afraid of Ghosts

Many people are afraid of ghosts. Few people are afraid of germs. Yet the ghost is a fancy and the germ is a fact. If the germ could be magnified to a size equal to its terrors it would appear more terrible than any fire-breathing dragon. Germs can't be avoided. They are in the air we breathe, the water we drink.

The germ can only prosper when the condition of the system gives it free scope to establish itself and develop. When there is a deficiency of vital force, languor, restlessness, a hollow cheek, a hollow eye, when the appetite is poor and the sleep is broken, it is time to guard against the germ. You can fortify the body against all germs by the use of Dr. Pierce's Golden Medical Discovery. It increases the vital power, cleanses the system of clogging impurities, enriches the blood, puts the stomach and organs of digestion and nutrition in working condition, so that the germ finds no weak or tainted spot in which to breed. "Golden Medical Discovery" contains no alcohol, whisky or habit-forming drugs. All its ingredients printed on its outside wrapper. It is not a secret nostrum but a medicine of known composition and with a record of 40 years of cure. Accept no substitute—there is nothing "just as good." Ask your neighbors.



The Evening Chit-Chat

By RUTH CAMERON



He was nice to everyone, but extravagantly nice to old people.

He never failed to buy liberally from "da frutta woman," and often carried her basket down the stairs.

When any old man strayed in to his office with some tale of woe, no matter how busy this man was, he still had time to listen with the profoundest courtesy, to do anything he could, and to usher him to the door and hold it open in his most deferential manner, no matter how ragged and disreputable the petitioner.

One day I praised him, and he answered with almost snappy shortness—

"I don't deserve any credit at all."

"Why," I persisted, "I think you're just splendid. I never saw anyone always so good to old people."

"Do you want to know why?" he asked. "Well, it's just because I wasn't good when I should have been. I'm trying to make it up."

"Why don't you write a letter some time, Miss Cameron, and tell people not to have anything like that to regret?"

"Tell them you can be just as good as you know how to someone else's old people all the rest of your life, but it doesn't make up if you weren't as kind and patient as you might have been to your own."

"It was my grandfather, you know, and he was terribly exasperating at times, but hang it all, he was sick and lonesome, and I ought to have been so much more decent."

"Tell them it may be hard to be good at the time, but if you aren't it leaves just about the worst taste in your mouth afterwards that you can have."

"I will," I said; so I am.

There is nothing harder, nothing sadder, than to be a dependent in the home of another, no matter how much that other may owe you.

The kindest treatment, the greatest consideration, cannot make that position a perfectly happy one.

And to show unkindness to such a one is very much like kicking a lame dog or stealing pennies from a blind beggar's cap.

I do not refer merely to old people either. I have just as much sympathy for the old maid aunt whom circumstances have sent into the home of her married brother or sister.

A woman wrote me the other day of an old maid whom she knew who lived with her married sister.

She is given enough to eat and a place to sleep, but she is treated as a complete outsider.

No, I take that back, not near so well as an outsider.

Here are two or three sentences from the letter—

"She will sit all day in the house and no one will address a word to her or allow her to join in her conversation at all. If they do speak to her it is to correct her in some way."

"If she dares to move anything in her room the way she would like to have it, it is at once put back and she is told 'This is our home. You have no right to move anything.'"

"Now, what would you do," ends the letter, "if you were an old maid depending on relations, and had tried every way to make them like you and found they just repulsed and snubbed you all the time—would you go to a place in the river where you knew the water was good and deep, and end it all, or what would you do?"

I can tell you the tears came to my eyes over that letter.

Not just for that woman, but because I know there are many others in the world like her who sometimes ask themselves that question.

Those people would probably have said that they treated her well, gave her what they ate themselves, and part of their shelter.

And yet they left her hungry and cold. For there is no hunger worse than the hunger for love, and no suffering worse than the cold of loneliness.

Is there anyone in your home who ever for a moment feels the least bit as this woman does?

I hope not.

Ruth Cameron

HOUSEHOLD NOTES.

Candle grease can readily be removed from any fabric by laying blotting paper over the spot and applying a hot iron.

To wash colored silks, use cold water and but little soap. If the color runs, stir vinegar in the water until it sets.

Chopped pecan nuts, almonds and pine nuts may be sprinkled over salad and covered with French dressing; it is delicious.

When nuts are tasteless and dry, soak them in lukewarm water. It will make them swell somewhat and will improve the flavor.

Fresh meat may be kept for several days by sprinkling a little salt on it and then wrapping it in a cloth wet with vinegar.

It is said that fish is delicious if when trying it is dipped into milk instead of egg before rolling it in the crumbs.

When apples are cored for baking, a delicious dish may be made by filling the hole with orange marmalade and a little butter and sugar.

To extract onion juice, cut the top off the onion and press the heart with the spoon. Another way is to press the onion against a grater.

Mothers can save much trouble if

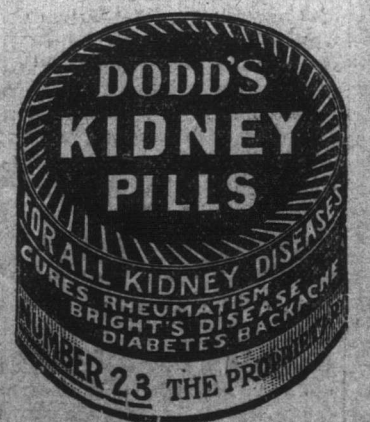
they will run darning cotton through the heels and toes of stockings when they come from the store.

To cook smelts so that they will be attractive, fasten the head and tail together with a toothpick after the fish is dipped in egg and crumbs.

Candle ends, melted and mixed with an equal quantity of turpentine make an excellent polish for floors, oil cloths, etc. It is equal to good beeswax.

It is said that if in sprinkling clothes a whisk broom is used, the clothes will be dampened much more evenly than by sprinkling by hand.

If, after washing a chamoise, there



seem to be harsh places, rub them steadily, but gently, through the hands, and soon they will quite disappear.

To clean furniture without dusting up everything in the room, cover the upholstery with a wet cloth and then beat it, renewing the cloth several times.

Sea salt dissolved in a hot bath has a wonderful tonic effect. It should be first dissolved in a pitcher or cup and then poured into the bath and stirred.

A thin piece of cheesecloth fastened over the cold air duct of the furnace outside the house will keep out much of the dust and save time in housecleaning.

Watery custard is caused by cooking in an oven that is too hot. Set the custard in a pan of hot water and see that the water does not boil during the baking.

As a garniture to this commonplace scrambled eggs, add half a dozen mushrooms, cut into bits and cooked in a teaspoonful of butter with half a green pepper, minced fine.

In making baked or boiled custard scald the amount of milk to be used and set aside until cool, then make your custard and bake it as usual; it will be perfectly smooth.

C.L.B. Sports.

The annual sports of the C. L. B. will be held next Tuesday night. This annual event has been looked forward to with great interest and is always enjoyable. This year it will be particularly so, as the sports will be held in the new Armoury. The event will be run off in three divisions—Junior, Intermediate and Senior, with an equal number of competitors for each division. There will be a relay race, one mile race, hurdle race and half mile race. Some of the members are now training very hard for the contests.

THE VALUE OF TURPENTINE. When all else fails the physician recommends his wealthy patient to take a trip to the turpentine groves as a cure for throat and lung troubles. The turpentine of commerce cannot very well be used but by extracting this ingredient from gums and by adding linseed Dr. Chase succeeded in getting up the most effective treatment for throat and lung troubles that was ever discovered. It is known as Dr. Chase's Syrup of Linseed and Turpentine.

BILLIARD DINNER.—The members of the Star of the Sea Association will hold their annual billiard dinner at their hall to-night.

COOPERS' UNION.—A special meeting of the Coopers' Union will be held at the British Hall to-morrow night, when important business will be discussed.

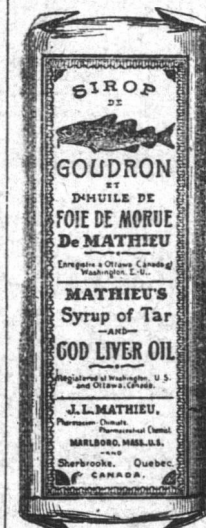
PERSISTENT COUGH.

Wherever soothing syrups fail to cure that persisting cough which exhausts you,

MATHIEU'S SYRUP

of Tar and Cod Liver Oil and other medicinal extracts will rapidly and definitely rid you from it.

The merits of Mathieu's Syrup are highly recognized and endorsed. Here are a few proofs:—



Waterville, N.S., Dec. 27, '07.
Fillmore & Morris, Amherst, N.S.
Dear Sirs,—Herewith we enclose our cheque \$15.00 in settlement of our account to date.
W. O. COOK & SON.

ST. JOHN, N.B., Jan. 10, '07.
Fillmore & Morris, Amherst, N.S.
Dear Sirs,—We telegraphed you to-day to ship immediately 5 Gross Mathieu's Syrup. We hope you will send it promptly, but if you are not able to send the whole amount at once, please send us some as our stock is getting low.
NATIONAL DRUG & CHEM. CO.

ORANGEDALE, C.B., Aug. 7, '08.
Blacking & Mercantile Co., Ltd., Amherst, N.S.
Dear Sirs,—We have nothing but good to say of Mathieu's Syrup and can conscientiously describe it as the most popular and successful Cough Medicine we handle. Owing to the absence of any drug store in this vicinity there is a great variety of proprietary medicine sold in the course of the year, and Mathieu's Syrup pre-eminently leads in its own class. Yours sincerely,
D. MARTIN.

AGAINST HEADACHE there is no remedy so active as Mathieu's Nerve Powders which contain no opium, morphine or chloral. 25 cts. per box of 18 powders.

J. L. MATHIEU CO., Sherbrooke, Can.
THOS. MCMURDO & Co., Wholesale Chemists and Druggists, St. John's Nfld.

PIANOS!

Various Sizes and Styles.



ORGANS!

For Parlor, Church and School.

LARGE STOCKS TO CHOOSE FROM.

Terms arranged to suit customers.

The White Piano and Organ Store,

mar26, tt. **CHESLEY WOODS.**

SCHOOL SHOES.

SAY, POP! It seems as if all the Boys and Girls in our school are wearing Sage & Wallace's Shoes, so many of them have our Shoes. Said they paid only \$1.50 a pair for them. They are just dandies, and I am sure they will wear well, 'cause all of Sage & Wallace's Shoes do, and I heard some of the Boys and Girls telling each other about the splendid Soft Sole Shoes that they got at Sage & Wallace's, said they sold them at \$1.25 and \$1.35 per pair, and they're beauties too. This is the way the Children talk at home about our excellent School Shoes.

SAGE & WALLACE,
The People's Shoe Store, 312 Water Street.

Job Printing Executed!

Coffee vs. The Boy

This is a story of a youngster who suffered so badly from the effects of coffee-drinking, that Dr. J. N. Hurty, Secretary of the State Board of Health of Indiana, had to take a hand.

The Indianapolis NEWS published a long account of the case—the news (?) went forth and papers throughout the country have given it much publicity.

From these reports we quote—

"An eleven-year-old boy (Roy Schoolman) of Indianapolis had to be forcibly taken from school and given treatment. The constant use of coffee, it developed, had entirely changed the boy's happy, bright disposition to one of nervousness, with morose spells, when he attempted to fight everyone within reach. He was watched and his extreme addiction to coffee was discovered. One effect of the coffee is said to have been to deaden the brain faculties, changing the victim from an eager learner to a stupid school dandy, and a little later verging upon insanity. Since the coffee has been stopped physicians report that he is now resuming his normal mental tone."

Why marvel? Is this news to thoughtful people?

For fifteen years we have preached the harmful effects of coffee upon head, heart and nerves. Almost every day letters are received just as conclusive and impressive as this case. More than a thousand letters were received in one month from people all over the country with various ills BEFORE they changed from coffee to POSTUM, and who either entirely recovered or were much benefited.

That coffee IS HARMFUL to many even in moderate quantity is an old, old truth, and that it is dangerous when used to excess has also been time and again proven.

All of which proves to even a casual thinker that for

POSTUM

"There's a Reason."

Postum Cereal Co., Ltd., Battle Creek, Mich.