

THE REASON WHY
You Should Use



REGAL FLOUR

is that no other brand gives you so much in quality, as Regal.

Superior flour means superior bread—success in your baking and palatable, nutritious bread, excellent in everything that makes bread worth eating.

So certain are we that Regal Flour will please you, that if you will buy a barrel and give it a fair trial, we will return your money if you find it unsatisfactory.

THE ST. LAWRENCE FLOUR MILLS CO., LTD.
MONTREAL



SWEET PEA

Sweet peas grow well on any ordinary garden soil provided it is drained so that the water will not lie on the surface after heavy spring rains. A sunny location should be chosen. Plants grown in a shady situation are usually weak and produce few flowers. A close bright situation with little air circulation where the plants are subject to the extreme midday heat of summer should be avoided. The sweet pea likes a cool moist soil during the summer and every effort should be put forward to furnish these conditions if we are to secure good bloom.

We prepare our ground, which is a sandy loam, by trenching to a depth of twelve inches and about 15 inches wide. The top 6 inches of soil is kept separate from the subsoil. Into this trench 5 inches of manure is scattered and this is worked over some by mixing it with about half of the subsoil removed, after which the manure and soil is packed somewhat by tramping. The surface soil is then put on about 4 inches deep. Two ounces of slag, and one ounce of bone meal is then added to each yard of trench and well worked into the soil. The seed is then planted by running out a drill about 2 inches deep and the seed is covered about one inch.

As the plants develop earth is gradually worked up around the plants until the trench is filled level full, and as the summer heat becomes great a mulch of litter, or straw horse manure is placed each side of the row of plants. This holds the moisture and keeps the roots cool on our light soils.

Tests have been made during the past two years of plants started in pots in the greenhouse and planted out as compared with those started in the open ground. For this work four varieties have been used King Edward Spencer; Red, King White; White, Countess Spencer; Pink, and Tennant Spencer; Lavender, Beatrice Spencer; White was used in place of King White in 1914. These are five excellent varieties.

Ten 4 inch pots of each variety were seeded with from 5 to 6 seeds and the plants were later thinned out to 3 plants to a pot. When set to the open ground the earth in which the plants were growing was not

broken thus preventing any check in growth, and the contents of each pot was placed one foot apart in the row the top about 1 inch below the surface. The plants were well hardened off before planting by allowing them to remain in the cold frame and in the open a week before planting. The early sown ones 5 to 6 inches high when set out. In order to support the plants in the pots small twigs are struck into the soil. It will be seen that this method of getting early bloom is one well worth recommending and will work attached to it is not very great. The plants grown in pots were set to the open ground on May 4th in 1914 and on May 11, in 1915 on the same dates that the seed of those grown entirely outside was sown. In 1913 the March 18th planted seed gave bloom on July 4th. The April 1st planted seed gave bloom July 10th and the seed planted in the open May 4th gave bloom July 25th.

In 1914 the March 27th planted seed gave bloom July 6th. The April 13th planted seed gave bloom July 10th and the field sown seed August 3rd. It will be seen therefore, that there is considerable gain from starting the seed in pots.

The pots can be placed in a bright warm window in the kitchen and seed started early in April will give excellent plants by planting time.

It will be noticed that the contents of each pot is set 1 foot apart, therefore, it is necessary to have but 1 pot for each foot of row. These will give a heavy growth covering any trills that may be put up.

In addition to the five varieties of sweet peas named above the following twelve sorts were considered the best out of the sixty-five varieties tested.

"King Edward, Rich Maroon, Mrs. Townsend, White Edged Blue, Blue, Mrs. Hugh Dickson, Cream Salmon Pink, Helen Lewis, Orange Salmon Pink, Elfrida Pearson, Pale Pink, Clara Curtis, Primrose, Senator, Chocolate Strips, Asta Ohn, Lavender Overlaid with Rose, Thomas Stevenson; Orange, Scarlet and Mand Holmes, Crimson.

W. S. BLAIR.

Minard's Liniment Cures Dan-druff.

NEW ROSS

Since the retirement of Rev. G. O. Cheese from this parish. It has taken on new life energetic measures have been taken by all to purge itself from debt contracted in a careless manner by a cold and lifeless community. The church has been served by the Archdeacon of Nova Scotia, the Rector of Lunenburg, The Rector of New Germany and Messrs Jukes and Farrow directing students at Kings College Windsor.

Grass in peeping quite summerlike at Earncliffe. Douglas Larder is the first to use the Halifax road since last fall, he is hauling logs.

Captain Edwin Larder has returned from Halifax. We hope with a renewal of health.

Some of our teachers came home from their respective schools for Easter holidays. Also our teachers are leaving.

Miss Lavers spent her Easter at home at Hazeldene. She is a student at Edgemoor.

Mrs. Walter F. Estes is at home with her parents. Her husband is in the King's service.

The members of the Church of England intend having a time to make money in C.O.F. Hall on Easter Monday for the benefit of their exchequer.

The water is subsiding on the flats very rapidly.

Our roads are becoming quite good for travel under the beaming sun's rays.

PEREAU AND VICINITY

The annual Roll Call of the S.Baptist Church was held on April 20th. The afternoon session consisted of calling the Roll and an address given by the pastor, Rev. R. S. Meadows. At the close of the session supper was served in the vestry. In the evening, Rev. Mr. Prosser of Canard delivered a very able address on the subject "Looking."

Several carloads of potatoes have been shipped from this community lately. Price \$3.00 per barrel.

Miss Katherine Meek, who is teaching in Hants Co., spent the Easter holidays at home.

Seven of our soldier boys spent the holidays at their respective homes.

The school is making excellent progress under the capable management of Miss McQuarrie. We sincerely hope that her efforts to sustain proper discipline will be appreciated by the community.

Miss Dora Lewis of the teaching staff of Kentville Academy spent the Easter holidays with her parents, Mr. and Mrs. E. A. Lewis.

Mr. Reginald Sanford, inspector of brown tail moths, spent Sunday at his home.

Privates J. Cecil Meek, Emmerson Melvin and Roy Meadows of the 219th Battalion, Wolfville spent Easter at their respective homes.

Mr. George Hiltz was in Kentville on Saturday.

Mr. and Mrs. Arthur Stronge of Halifax spent Easter with Mr. Stronge's parents, Mr. and Mrs. Owen Stronge.

Mr. and Mrs. Wallace DeWitt, spent the holidays in Elmsdale.

Miss Katherine Meek, who is teaching in Tenecape was home for a few days.

Mrs. E. W. Fox and daughter Evelyn, visited their old friends in Perreau a few days last week.

Wilfrid Dill of Middleton spent Sunday with his friend, H. G. Meek.

Inspector Sandford of Annapolis County, visited his old friends over Easter.

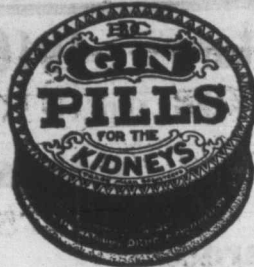
Miss Ruth Mullett, teacher at Lower Blomidon, and Miss Eva Porter spent their vacation in Canning.

Pte. James MacBride of the 219th Battalion, Wolfville, spent Easter Sunday with his grandparents, Mr. and Mrs. Lemuel Rogers.

Mrs. J. D. Bennett, visited friends in Kingston recently.

Pte. Calvin Carson of the 112th Battalion, Windsor spent Sunday with his aunt, Mrs. W. M. Sandford.

Miss Catherine Thorne, the popular and efficient teacher of



Stop Backaches

Don't complain about pains in your back when the remedy lies right to hand. Gin Pills stop backaches, and they do it in an easy natural way by going right to the root of the trouble.

Gin Pills FOR THE KIDNEYS

Gin Pills act on the kidneys and the bladder. They soothe and heal the inflamed organs, which are causing the suffering. Relieve your kidneys and swelling hands and feet, uric acid and urates, are likely to follow. A dose of Gin Pills in time saves a world of pain.

You will realize their value when you read what Mrs. J. F. T. Wedge, of Summerside, P.E.I. writes:

"Gin Pills are the greatest of all kidney remedies and a medicine which is at present doing me a world of good. They are worth their weight in gold to any sufferer."

Get GIN PILLS today at your dealer's. 50c a box, or 6 boxes for \$2.50. Trial treatment FREE if you write.

National Drug & Chemical Co. of Canada, Limited, Toronto

Centreville, spent the holidays with her parents, Mr. and Mrs. G. R. Thorpe.

We are sorry to report Mr. Wellington Sandford very ill.

Schr. "Thelma", Capt. Fred. Greene, brought a load of fertilizer to Blomidon.

Miss Gladys MacQuarrie spent Easter at her home in Dartmouth.

Mrs. Oliver Cogswell and daughter of Ottawa visited Mr. and Mrs. Palmer.

Miss Daniels of the staff of Acadia Seminary visited friends in Perreau over Sunday.

108 Nox a Cold

The most remarkable Cough and Cold remedy known to science. For all lung and throat trouble it has no equal. 25c and 50c per bottle at Clarke's.

Similar Condition

Mrs. Hiram Offen—Supposing Bridget, I should deduct from your wages the cost of all the dishes you broke?

Bridget—Shure, mum, in that case, it's meself 'd be like the dishes.

RHEUMO CU ES RHEUMATISM

No matter how long standing your case may be, don't despair, get a bottle of Rheumo today. Clark sells it with a guarantee to benefit you. Rheumo is wonderful in its quick action, the pain ceases, the muscles and bones are rid of soreness and stiffness, and very soon a Rheumo patient is able to have the same strength and vitality of youth. Rheumo builds blood so rich and thick that uric acid cannot possibly exist. Rheumo costs only \$1.00 for a large bottle from Clark's Drug Store or direct. All charges prepaid from B. V. Marion Co., Bridgeburg Ont.

Death of Sarah Van Buskirk

Berwick, April 22—The funeral took place this afternoon of another of the old residents of this place, in the person of Sarah, widow of the late Henry VanBuskirk. She passed away on Thursday last at the age of eighty-one, after a lengthy illness, at the home of her nephew, Minard F. Pelton. She was a daughter of the late Geo. Nichols, who had a large family, the only surviving member of it being Edward Nichols, of this town. The services at the house and grave, were conducted by Rev. J. A. Smith.

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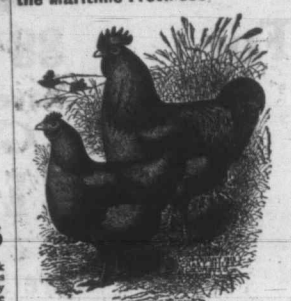
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Eggs for Hatching.

From the best prize winning single comb Rhode Island Reds in the Maritime Provinces



The male which headed this pen won 1st at the Amherst fair 1914 and 1915, also Kentville show 1915 and 1916, and Halifax and P. E. Island 1915, was never defeated. Eggs from this pen \$3.00 per sitting. Rose Comb Reds \$2.00 " White Leghorns \$1.00 " Buff Orpingtons \$1.00 "

Apply E. C. GRIFFIN, Port Williams, N. S.

1916 Martin 1916

Clothing Cleaned and Pressed

Mens 3 piece Suit C & P.....75c Mens 2 piece Suit C & P.....50c Ladies Skirts Cleaned and Pressed.....25c Ladies Jackets Cleaned and pressed.....25c Repairing a Specialty No waiting All work promptly done

R. P. MARTIN Opposite J. D. Clark's Drug Store Open Evening Webster St., KENTVILLE N. S.

SMALL FRUIT FARM FOR SALE

Well situated, near Port Williams, consisting of 4 acres all in Orchard, 2 acres of fruit trees in full bearing and 2 acres just coming into bearing. Good house and outbuildings. Will also sell stoves and Parlor Grand Organ. Only reason for selling—going away. Apply on premises at WILLIAM C. THROOP.

VALUABLE FARM FOR SALE

Farm is finely situated at Sheffield Mills with a total of about 125 acres. A fine orchard of 7 acres, 5 acres now producing an average of 400 bbls fruit; 40 acres cultivated land, 20 acres of pasture with 2 streams, 60 acres woodland (hardwood) Farm now cuts 20 ton hay, can be increased. House, good repair, 9 rooms, 2 barns, hog pen and fowl house. Farm is good location and soil good clay loam. Permanent running water in house and barn. Good reasons for selling. Easy terms. Persons desiring a good farm at a small and reasonable figure apply at once to H. G. HARRIS.

FOR SALE

One Mare, useful, low-set, weight 1250 lbs.

Strawberry Plants—Senator Dunlop, \$3.00 per thousand; \$2.75 per thousand in 5000 lots. Ten bushels of Buckwheat, Silver Hull. Apply A. PILCHER, 31

Look-ON, Perreau

For Sale—Twenty good lusty Barred Plymouth Rock Cockerels, sons of "Canadian Boy," the bird that won First Prize as cockerel in 1915 and First as Cock, in the 1916 Show, Kentville. Price \$2.00. Elm Farm Poultry Yards, Canning, N. S.

For Sale—Senator Dunlop strawberry plants. This variety is self fertilizing and will prove satisfactory on all soils. Rufus S. Newcombe, Brooklyn Cor.

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Maritime Business

HALIFAX.

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KENTVILLE FISH

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SEA F

A fresh supply of OYSTERS on hand

A good supply of Fresh and Salted F

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J. D. YOUNG

Having purchased ty occupied by t

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Apply to A. B. W

Kentville, July 17,