



Communion, the Law of Love.

PERE EYMARD.

I will write my law in
the midst of their hearts.

JEREM. XXXI. 33.

Dabo legem meam in visceribus eorum, et in corde eorum scribam eam.

NOT only does Holy Communion enlighten our minds by its special grace, and reveal to us by intuition rather than by reasoning what Our Lord really is, but it is to our hearts the revelation of the Law of love. The Eucharist is *par excellence* the Sacrament of God's Love.

The other sacraments are indeed testimonies of His love for us, but they are the gifts of Love, while the Eucharist is the Giver Himself, God, above all His gifts. It is therefore in Communion above all that we learn the Law of Love that our Saviour came upon earth to reveal. It is there that we receive the grace to love and there that we find most of all the exercise and the virtue of love.

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But, first of all, what is love? It is the gift. Hence is the Holy Spirit, which proceeds from the Holy Trinity as Love, is called "the Gift."

How do we recognize love? By its gifts.