



Dal Photo/Morris

Soccer Tigers kick off

by Allan Adams

The Soccer Tigers opened their season last week-end at Studley Field splitting two games against rival Atlantic Conference teams.

In Saturday's contest the Mount Allison Mounties rallied from a 1-0 half-time score

to defeat the Tigers 3-1. David Currie scored the Tiger's first goal of the season and only of the game.

Sunday's game proved to be an easier match for the Tigers and a bore for the fans as the team put on an impressive display of ball control to down

the UPEI Panthers 3-1. Tiger goals were scored by Jimmy Mal, Phil Hill and Len Vickers.

Both games were well attended by Dalhousie students and hopefully this support will continue as the season continues.

Athelete the week

The Department of Athletics, in conjunction with the varsity coaches, has initiated a new feature for the Dal sports scene: the Dalhousie Tigers Athlete of the Week.

Two Dalhousie varsity athletes will be selected for their outstanding play each week from September until April. The athletes will be chosen by the department and coaches.

This week's selections are:

A native of Sydney, Nova Scotia, Peggy comes to Dalhousie from two years at Mount Allison. In her first competitions, she scored eight goals in the University of Maine Field Hockey Tournament against UNB, Mt. A., Universite de Moncton, University of Maine, and Ohio State University.

A native of Charlottetown, P.E.I., Jimmy Mal has been with the Dalhousie club for 4 years. He had an outstanding game against the U.P.E.I. Panthers, scoring the first goal on Sunday.

No horse needed

Are you tired of swimming competitively but still want to swim around? Have you a swimming background and want to keep active over the long winter months? If yes is the answer to either of these questions then water polo is the sport for you. The Dal Water Polo Club offers programs for males or females, novices or pros. The club is fielding teams in various metro leagues and offering regular practice times for those teams. Do not worry if you have not played before—there is a team for you.

Any interested people should show up at Centennial Pool at 12:00 p.m. Saturday, September 23 or phone either Ralph Simpson at 443-1077 or Brian Lane at 422-6941.



Kiii . . . yii!

The Japanese art of Aikido, a system of self-defence and personal development will be offered this year by the newly formed Dalhousie Aikido Club.

Aikido was developed in Japan by Master Morihei Ueshiba from the arts of jujitsu, sword and staff. To those familiar with the martial arts it bears some resemblance to judo in that Aikido employs circular rather than linear movements, and one uses the opponent's own force and momentum to nullify the attack. There is no contest of force in Aikido, nor are there striking or bone-breaking techniques, yet Aikido is effective.

Mental attitude is all important in Aikido and is developed in parallel with physical technique. It is impossible to practise Aikido without sensitivity to the opponent's - or in training sessions, the partner's - move-

ment. The frame of mind cultivated during Aikido training is one of relaxed alertness in which no thought of conflict or competition is allowed to interfere with one's instantaneous response to attack.

Men and women practise together although the aims of the individual practitioner may vary. Such goals as proficiency in self-defence, improved physical condition or spiritual tranquility are all part of the sphere of Aikido.

Practices will be held Tuesday and Thursday nights (9:30 to 11:00 p.m.) and Sunday afternoons (1:00 to 3:00 p.m.) in the Dal Lower Gym. The first week of practise September 26 - 9:30 Lower Gym will be a series of lecture demonstrations given by the instructor, Tom Warney (who also instructs at the Halifax YMCA and YWCA) - all are welcome. For further information please contact Graeme Chew (455-9557) or Tom Warney (469-7251).

Field Hockey defeat

by Chuck Piercey

On Sunday afternoon, this year's women's field hockey "A" team took to Studley Field against the Nova Scotia provincial team and lost 4-1.

The game was not as one sided as the score would indicate however. The action was equally distributed in both ends with Dal unable to capitalize on its efforts until the second half when Peggy MacInnis capped a pretty play and netted the ball to end all scoring.

Coach Carolyn Savoy indicated she was not disappointed in the team's performance. "I wasn't too optimistic about the outcome," she said. "For the most part, I wanted to see exactly what I'm working with this year." Savoy was particularly pleased with the fan support and is very

optimistic about this year's team.

"It's a young team with good scoring potential. In five 40 minute games to date, we've scored more goals than in all of last season. I'm confident we'll take the AUAA (Atlantic University Athletic Association) championship and then it's on to the nationals."

Along with MacInnis, Savoy is relying on veteran Erin O'Brien to boost the scoring power. On defence, Wendy MacMullin and Diane Thompson will be looked upon to move the ball. Coach Savoy is also expecting great things from rookie goaler Brenda Ogilvie.

Upcoming games include Mount A at Dal on September 23 at 4 p.m. and UPEI on the following day at 2 p.m.

Santhe Record Man

CANADA'S LARGEST AND BEST KNOWN RECORD STORES

Atlantic Canada's leading selection of 45's, L.P.'s and Tapes

Look for our in store specials

BAYERS ROAD SHOPPING CENTRE, HALIFAX

Mon., Tues., & Sat., 9 am - 5:30 pm
Wed., Thurs., & Fri., 9 am - 9:30 pm

K-MART MALL, TACOMA DRIVE, DARTMOUTH

Mon., to Fri., 9:30 am - 9:30 pm
Saturday 9:30 am - 6 pm



"HAIR CUTTING FOR MEN AND WOMEN"

OPEN MON. - FRI.
10 a.m. - 10 p.m.
SATURDAY
10 a.m. - 7 p.m.

5980 SPRING GARDEN RD.,
TEL. 429-0015

NO

APPOINTMENTS

The

Cutting Factory Ltd.