abdominal breathing to restore proper circulation in the pelvic viscera. Treatment for the removal of constipation is self-suggestive; rest we can enjoin upon our patient, and abdominal breathing we may advise, but all animal cells, whether single or united in tissues or in organs, consume a certain amount of matter, and those chemical changes by which material brought to the tissues and organs by the blood and transformed into other products through the activity of the living cells, which liberation of life energy, must be maintained by a continued inherent thrill or respiratory rhythm and a constant supply of chemical products. This same chemical agent must not induct a destructive blood metamorphosis, but supply food for the debilitated vitality. For such action we must seek some combination of the old and well-tried remedies of ergot and apium, with acceptable hemagogues.

The questionable action heretofore exhibited by various preparations of such remedies has been due, as clinically proven, to the component resinous compounds of the apium in the combination. In ergoapiol (Smith) the active principles of apium have been isolated and with ergot made to form an acceptable and agreeable compound with invigorating hemagogues, proving of unquestionable benefit in such conditions as mentioned in this article.

When the general practitioner awakens to his responsibility, we will have less of these conditions, a continuation of which invariably produces a capillary varicosis, with its train of evils, manifested more frequently by copious and disagreeable discharges called leucorrhea. But even as late as in this last-named condition the physician will learn that ergoapiol (Smith) judiciously, consistently and determinedly administered, will prevent much needless mutilation by effecting a cure.

Pre-emption of space for case reports on this subject would scarcely be justifiable, when each reader may cluster the facts as herein stated around well-known principles and evolve therefrom a rational solution of treatment for diseases involving the female genitalia.—Medical Herald, of St. Joseph, Mo.